

1 **DNA metabarcoding for high-throughput monitoring of estuarine macrobenthic communities**

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13

14 **Abstract**

15

16 Benthic communities are key components of aquatic ecosystems' biomonitoring. However,  
17 morphology-based species identifications remain a low-throughput, and sometimes ambiguous,  
18 approach. Despite metabarcoding methodologies have been applied for above-species taxa inventories  
19 in marine meiofaunal communities, a comprehensive approach providing species-level identifications  
20 for estuarine macrobenthic communities is still lacking. Here we report a combination of experimental  
21 and field studies demonstrating the aptitude of COI metabarcoding to provide robust species-level  
22 identifications within a framework of high-throughput monitoring of estuarine macrobenthic  
23 communities. To investigate the ability to recover DNA barcodes from all species present in a bulk  
24 DNA extract, we assembled 3 phylogenetically diverse communities, using 4 different primer pairs to  
25 generate PCR products of the COI barcode region. Between 78 and 83% of the species in the tested  
26 communities were recovered through HTS. Subsequently, we compared morphology and  
27 metabarcoding-based approaches to determine the species composition from four distinct sites of an  
28 estuary. Our results indicate that the species richness would be considerably underestimated if only  
29 morphological methods were used. Although further refinement is required for improving the

30 efficiency and output of this approach, here we show the great aptitude of COI metabarcoding to  
31 provide high quality and auditable species identifications in macrobenthos monitoring.

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### 33 **Introduction**

34

35 Macrobenthic invertebrate surveys have been widely used for the assessment of the ecological status of  
36 aquatic ecosystems worldwide<sup>1,2,3,4,5</sup>. They are one of the key compulsory components of biological  
37 monitoring programs implemented in numerous countries' environmental directives, such as the  
38 European Union Water and Marine Strategy framework directives (WFD 200/60/EC and MSFD  
39 2008/56/EC) or the USA (EPA 841-B-99-002) and Canadian Aquatic Biomonitoring Network<sup>6</sup>. Under  
40 the WFD, for example, EU member states are required to establish a regular biological monitoring  
41 programme for freshwater systems and transitional waters (e.g. estuaries), which include macrobenthic  
42 communities<sup>7</sup>. So far, routine assessments of macrobenthic invertebrates have been carried out using  
43 almost exclusively morphology-based approaches for species identifications. This is time-consuming  
44 and skill-dependent approach, which has resulted in low-throughput in processing biomonitoring  
45 samples. Very often the specimens cannot be accurately assigned to species, either because  
46 morphology-based identifications are inherently difficult, or because of organisms' bodies that are  
47 damaged and missing diagnostic parts. In the case of immature stages, the species level identifications  
48 are extremely difficult or nearly impossible<sup>8</sup>. Published data on macrobenthic surveys frequently  
49 report specimens assigned only to family or genus level<sup>9,10</sup>. Moreover, in most studies the reliability of  
50 the species level identifications cannot be ascertained because the specimens are discarded. The  
51 growing reports of cryptic species among dominant macrobenthic invertebrates further calls into  
52 question the precision of morphology-based identifications<sup>11,12,13</sup>. However, many of the biotic indexes  
53 applied to macrobenthic communities require species-level identifications, such as for example the Azti  
54 Marine Biotic Index (AMBI), which is based on a list of nearly 8000 species that are assigned to five  
55 ecological groups depending on each species' tolerance to environmental disturbance<sup>14</sup>.

56 Recent DNA-based approaches to species identifications from bulk community samples, such  
57 as environmental DNA barcoding or DNA metabarcoding<sup>15,16</sup>, have the potential to help circumvent  
58 many of the above-described limitations of the morphology-based method. DNA metabarcoding is  
59 expected to help improving macrobenthic surveys, by providing a high-throughput approach that

60 generates auditable species-level identifications. Although proof of concept studies have shown the  
61 feasibility of the application of metabarcoding approaches for monitoring river macrobenthos<sup>15,17</sup>, no  
62 equivalent comprehensive studies have been developed specifically for marine and estuarine  
63 macrobenthic communities. Most of the published HTS based studies in estuarine ecosystems targeted  
64 genomic regions where species level resolution is limited<sup>18</sup> and focused exclusively on meiofaunal  
65 communities, which used environmental DNA (eDNA) from the sediment<sup>19,20,21</sup> rather than bulk  
66 communities. So far, only a few studies have applied DNA metabarcoding to marine macrobenthic  
67 communities using the standard cytochrome c oxidase I (COI) barcode region<sup>22,23,24</sup>. Yet, these few  
68 studies either did not test the amplification success of different primer pairs in engineered communities  
69 of known species composition for methodology validation, and/or or did not target specifically  
70 estuarine soft-bottom macrobenthos. Due to their high phylogenetic diversity, marine and estuarine  
71 communities may convey additional difficulties in PCR-based approaches due to potential primer  
72 mismatch and amplification bias<sup>25,26,27</sup>, therefore specific approaches must be comprehensively tested  
73 before conducting full “blind” metabarcoding assessments<sup>22</sup>.

74 Our aim in the present study is a) assess the ability of metabarcoding approach to detect the  
75 diversity of species typically present in estuarine macrobenthic communities, through the use of  
76 experimentally assembled communities; b) evaluate whether the metabarcoding approach provides  
77 comparable, more or less detailed species inventories compared to the traditional morphology-based  
78 approaches; and c) assess the ability of the metabarcoding approach to effectively discriminate among  
79 natural macrobenthic communities within an estuary, therefore reflecting environmental conditions at  
80 different sites and enabling its use in the assessment of the sediment environmental quality and  
81 ecological status of the estuary. By combining experimental and field studies, here we demonstrate for  
82 the first time the feasibility of using COI metabarcoding for monitoring estuarine macrobenthic  
83 communities, which provides equal or more sensitive data on the species composition compared to  
84 morphology.

85

## 86 **Results**

87

### 88 **Metabarcoding of the assembled communities**

89

90 Species detection success through metabarcoding of the assembled microbenthic communities (AMC)  
91 was generally high, ranging from 78% of the species in AMC1 to 83% in AMC3, with 81% of the  
92 species detected in AMC2. Two non-target species were detected in the AMC1 although they were  
93 included in other AMC - *Abra alba* (W. Wood, 1802) in AMC2 and AMC3 and *Scoelelepis* (*Scoelelepis*)  
94 *foliosa* (Audouin & Milne Edwards, 1833) included in AMC2 (see Table 1). The cumulative success of  
95 recovery, considering all species present in the three AMC, was 83%; it increases to 89% if we  
96 consider the non-target species. Primer pairs were not equally effective for species detection in all three  
97 AMC. Globally, the most effective primer was D (78%), followed by B (75%), C (61%) and A (44%)  
98 (Fig. 1). Primer pairs B and D showed significant differences with the primers A and C. Notably, the  
99 global maximum success rate of species detection was attainable using only two primer pairs, B and D.  
100 Six species were not detected with any primer pair, namely three crustaceans (*Corophium* sp.3,  
101 *Cyathura carinata* (Krøyer, 1847) and *Melita palmata* (Montagu, 1804)) and one polychaete  
102 (*Scoelelepis* sp.). One bivalve (*Abra alba*) and one polychaete species (*Scoelelepis* (*Scoelelepis*) *foliosa*)  
103 have to be added if the non-target species are considered.

104

#### 105 **Metabarcoding of the natural communities**

106

107 The sediments' types in the 4 sites of the Sado estuary sampled for the natural macrobenthic  
108 communities (NMC) varied considerably in their features, ranging from sandy to muddy sediments  
109 (Table 2). The sediment at the NMC1 and NMC3 sites had respectively the lowest and highest TOM  
110 content among the four sediments analyzed. Sediments of the NMC2 and NMC3 also had high organic  
111 matter content (1.30% and 2.05%, respectively), however, NMC2 had lower FF because was probably  
112 disturbed due to the recent construction of the ferryboat wharf. The results are summarized in Table 2.

113 Morphological identification of the specimens was carried out in five corer samples per site,  
114 except for NMC2, where no specimens were found after sieving one corer (NMC2.10). Species level  
115 identifications were attempted in the majority of specimens. except those taxonomically difficult  
116 groups (e.g. oligochaetes and nemerteans) and the very damaged or fragmented specimens due to the  
117 sieving process. A few specimens of polychaetes (family Cirratulidae and genera *Euclymene* and  
118 *Glycera*) and amphipods (genus *Ampelisca*) were classified to higher taxonomic ranks, since these taxa  
119 are especially difficult to identify through traditional methods. Considering only the specimens

120 identified to the species level, four phyla were detected in all NMC (Annelida, Arthropoda,  
121 Echinodermata and Mollusca), but this number increased to five (plus Nemertea) if we consider  
122 specimens identified to a higher taxonomic level. All communities showed a diverse taxonomic  
123 composition, comprising between 3 and 5 phyla, except NMC1, which was only composed of  
124 polychaetes and mollusks (Supplementary Fig. S1A, B). Globally, 55 taxa were identified in the natural  
125 communities, 27 of which were identified to species level and the remaining 28 to higher taxonomic  
126 ranks.

127 Metabarcoding-based identification generated a total of 61 species matches in all 4 natural  
128 communities, obtained through searches against both GenBank public database and our own reference  
129 library ([dx.doi.org/10.5883/DS-3150](https://doi.org/10.5883/DS-3150)). The 61 species were distributed among six phyla, the same 5  
130 reported above from the morphological identification, plus Bryozoa. The variation of the species  
131 richness among sites displayed a similar pattern in morphology or metabarcoding-based assessments  
132 (NMC2 < NMC1 < NMC3 = NMC4 for morphological identifications and NMC1 < NMC2 < NMC3 =  
133 NMC4 for metabarcoding) but the number of species recorded was more than twice using the latter  
134 method (Supplementary Fig. S1C). NMC1 was also the less taxonomically diverse together with  
135 NMC2, represented only by three phyla. Forty-three of the 61 species were detected by any of the  
136 primer pairs used (B and D). Among the remaining 18 species, 10 were recovered exclusively with  
137 primers B and 8 exclusively with the primers D. The number of reads assigned to species in each  
138 sample of all NMC and primer pair is available as Supplementary Table S1.

139 Comparison between morphological and metabarcoding species-level identifications in the 4  
140 natural macrobenthic communities resulted in only 23% (range 20-28%) of the species detected  
141 simultaneously by the 2 approaches (Fig. 2). In average, as much as 65% of the species were detected  
142 exclusively by metabarcoding (range 62%-71%), while species detected exclusively by morphology  
143 were only 12% in average (range 9%-15%). Among the latter, there were 4 species for which there  
144 were no reference COI barcodes available when the analysis was performed (*Corbula gibba* (Olivi,  
145 1792), *Ecrobia ventrosa* (Montagu, 1803), *Spisula solida* (Linnaeus, 1758) and *Parvicardium*  
146 *pinnulatum* (Conrad, 1831)). Polychaetes were the dominant taxa in all sites, regardless identified by  
147 morphology or metabarcoding, except for morphology based identifications in NMC2, that were  
148 dominated by molluscs. The second most important groups were arthropods in the case of  
149 metabarcoding-based identifications, and molluscs in the case of morphology-based identifications.

150 The detailed list of species identified in each site by the two approaches is available as Supplementary  
151 Table S2, while the proportion of taxa in each corer and approach is displayed in Supplementary Fig.  
152 S1.

153 Fig. 3 shows the graphical distribution of the natural communities as a function of their  
154 similarities in species composition, obtained by non-parametric MDS, for either the morphology,  
155 metabarcoding-based identifications and also the combination of two approaches. Three maps show a  
156 similar pattern, NMC1 and NMC2 in the left part of the map and NMC3 and NMC4 in the right side.  
157 The combination of the two identification approaches approximates even more the NMC1 and NMC2.  
158 The results obtained using AMBI also showed a similar pattern between the morphological  
159 identification, HTS and combination of both approaches, all calculated using only absence-presence of  
160 species. On the other hand, the original AMBI index also showed similar results with the AMBI index  
161 using absence-presence of species for the morphology-based identifications. The four NMC were  
162 classified as slightly disturbed probably because the majority of the species obtained in each natural  
163 community through the three approaches was similar. Although NMC1 was the community closer to  
164 the EG-III (moderately disturbed) and NMC2 and NMC3 the less disturbed (see Fig. 4).

165

## 166 **Discussion**

167

168 The combination of samples representing assembled communities and field collected bulk samples  
169 demonstrates the potential for implementing COI metabarcoding in the monitoring of estuarine  
170 macrobenthic communities. The tests performed with assembled communities of known composition,  
171 showed that high success rates in species detection are attainable using COI amplicons and employing  
172 only two primer pairs. In the field tests, COI metabarcoding generated concordant results with  
173 morphology based assessments, and detected a higher number of species in all stations and samples.  
174 Finally, the metabarcoding approach was sensitive and able to reflect differences in the species  
175 composition among natural communities.

176 In spite of the differences in the proportion of specimens per species, relatively high success  
177 rates in species detection were attained in all of the assembled communities (78% to 83%). AMC2,  
178 composed of the highest number of species (36), each represented by a single specimen, constituted an  
179 extreme test for the robustness of the metabarcoding approach, particularly for the effectiveness of the

180 bulk DNA extraction and amplification procedures. In this community, no sequences were generated  
181 only for two species (*Corophium* sp. 3 and *Scolelepis* sp.) with any of the 4 primer pairs tested.  
182 Specimens of these species were very small (< 5mm in length) and the possibility that their DNA was  
183 not effectively isolated and that not enough template DNA was available for amplification cannot be  
184 discarded. Two species of peracaridean crustaceans (*Cyathura carinata* and *Melita palmata*) were  
185 apparently recalcitrant to amplification generating no reads, although they were present in the three  
186 assembled communities. However, the fact that previously we have been able to generate full DNA  
187 barcodes for individual specimens by Sanger sequencing using one of the primer pairs (Lobo  
188 primers<sup>25</sup>), and that the isopod *C. carinata* was recovered in the natural communities, excludes the  
189 possibility of amplification inhibition in these species. A possible explanation is that these species have  
190 a low affinity to the tested primer pair and may be outcompeted by higher affinity DNA templates from  
191 other species present in the PCR reaction. This is an important issue when considering primer match  
192 for metabarcoding studies and demonstrates the need for primer evaluation using assembled mixtures  
193 prior to large-scale analysis of bulk samples. Several reasons could explain the detection of two species  
194 (*Abra alba* and *Scolelepis (Scolelepis) foliosa*) in AMC1 where they were not included, but not in  
195 AMC2 and AMC3, where they present. Because the organisms were processed in the same collection  
196 event, some tissue or body fragment may have been accidentally transported together with other  
197 specimens, or they may have even been preyed upon by some of the predator species (e.g. *Hediste*  
198 *diversicolor*) present in AMC1.

199 Mismatches between primers and target templates are a key concern in PCR-based  
200 metabarcoding, since it can lead to some level of systematic failure in species detection<sup>28</sup>. Because in  
201 silico analyses reveal high variability in the actual and potential primer annealing regions within the  
202 COI barcode, this marker has been dismissed as appropriate for metabarcoding<sup>29</sup>. Alternative markers,  
203 such as the nuclear gene coding for 18s rRNA, with lower variability in priming sites, have been used  
204 and proposed for metabarcoding marine macroinvertebrates<sup>22,30</sup>, but the species level resolution is  
205 substantially lower than using COI<sup>19,22,26</sup>. Additionally, 18s rRNA primers are not free of PCR-bias.  
206 When compared side by side in a field test of metabarcoding invertebrates of seagrass meadows<sup>22</sup>, both  
207 markers showed taxonomic bias, with the 18s rRNA recovering a higher number of species (compared  
208 to full length COI barcodes (658 bp)) but amplifying preferentially meiofaunal groups such as  
209 nematods. Since species level identification is essential for applying macrobenthic invertebrate indices

210 (e.g. AMBI<sup>14</sup>), and reference libraries for marine invertebrates are available and continuously growing,  
211 the standard barcode marker for metazoans is the natural candidate for metabarcoding  
212 macroinvertebrate communities. Several studies<sup>31</sup> have shown that shortcomings of PCR bias may be  
213 minimized by using enhanced degenerate primers, and multiple amplification primers. The deep  
214 sequencing provided by the HTS platforms used in metabarcoding may also improve global primer  
215 success compared to what has been found using individual specimen sanger sequencing<sup>31,32,33</sup>.

216 Despite no major differences were observed in species detection success rates among the three  
217 different assembled communities, there were considerable differences among the 4 primer pairs. The  
218 primer pair A, amplifying 658 bp, was the least successful one; hence we conclude that smaller length  
219 sizes appear to be more efficient for metabarcoding. Short fragments of COI barcode (mini-barcodes),  
220 even of 150 bp, can achieve unambiguous species-level identifications, as it was observed for a  
221 diversity of taxonomic assemblages in previous studies<sup>32,33,34,35</sup>. A much better success rate was  
222 obtained with primer pairs B and D compared to A and C. The two former primers combinations were  
223 here tested for the first time, and proved effective in the amplification of more target species from three  
224 phyla than the remaining two primers. There was also no indication of a major taxonomic bias in these  
225 primers, as they were able to amplify targets from any of the three phyla. This indicates that, despite  
226 the large phylogenetic diversity of estuarine communities, a combined approach of degenerate primer  
227 design and multiple amplification primers can minimize substantially primer-template mismatch issues.

228 No relationship was found in this study between the number of specimens and the number of  
229 reads. Indeed, for phylogenetically diverse assemblages such as macrobenthic communities,  
230 comprising organisms varying widely in size, biomass and anatomically (thus varying also in the  
231 amount of DNA template available in a bulk extraction), the possibility of quantitative inferences from  
232 the number of reads data was not anticipated. For example, the polychaete species *Hediste diversicolor*,  
233 represented by 1 specimen in the AMC1 and 14 specimens in the AMC3, produced 8 and 23194 reads  
234 respectively, using the primer pair B. However, the polychaete species *Notomastus profundus*,  
235 represented by 1 specimen in the AMC1 and 3 specimens in the AMC3, produced 4601 and 3161 reads  
236 respectively, using the primer pair D. Also, in the AMC2 where all species were represented by 1  
237 specimen, 6131 and 21576 reads of the similar-sized decapod specimens of *Pilumnus hirtellus* and  
238 *Upogebia deltaura* were respectively obtained, among various other examples of deep mismatches  
239 between the number of reads and organisms abundance and size patent in our results. Empirical



240 relationships between specimen numbers, body size or biomass and the number of reads have been  
241 found occasionally, usually in studies targeting a closely related and more or less homogeneous group  
242 (e.g. chironomids<sup>36,37</sup>). In comprehensive tests performed by Elbrecht and Leese<sup>38</sup> such relationships  
243 were still elusive, probably because the primer efficiency is highly species-specific, preventing  
244 straightforward inference of species abundance in the assembled communities.

245 Marine macrobenthic communities are complex, highly diverse communities, where  
246 morphology-based species identifications can be rather challenging. In our study many specimens  
247 could not be identified to the species level due to uncertain species identity, mostly when they were  
248 immature stages, belonged to difficult taxa or were missing diagnostic body parts as a result of sieving,  
249 handling and ethanol. Such difficulties are common, even when a group of experts is available, as  
250 reported in numerous studies<sup>39</sup>. We have found many fragments of organisms, namely of annelids, as a  
251 result of sieving and handling process and therefore many species could not have been identified using  
252 morphology, although they were present in the samples. A comprehensive search over 138 published  
253 reports and inventories of benthic communities has found that approximately one third of the  
254 specimens were not identified to species level when using morphological methods, although this  
255 proportion of missed species identifications varies greatly between different taxonomic groups<sup>40</sup>. The  
256 morphology-based macrobenthic community profile that we obtained for the four sites in the Sado  
257 estuary, provided similar results to previous morphology-based surveys in nearby and similar  
258 ecosystems, both regarding the species richness and species-specific composition (e.g. Tagus  
259 estuary<sup>41</sup>).

260 In our study, metabarcoding approaches for identifying species composition in communities  
261 indicated that the species richness would be underestimated if we used only morphological methods.  
262 Similar findings have been reported in a study made on seagrass associated benthic communities<sup>22</sup>,  
263 where HTS-based species inventories were considerably richer compared to morphology-based ones.  
264 The advantage of using DNA barcodes for metabarcoding approaches is that the reference libraries are  
265 being established and improved for all major groups of eukaryotic organisms. Thereby, it is possible to  
266 verify the species attribution of the samples. Contrary to the morphological approach, HTS allowed to  
267 recover sequences from damaged specimens, immature stages, difficult taxonomic groups, fragments  
268 of organisms and even from endoparasites, namely the copepod *Mytilicola orientalis* Mori, 1935 and  
269 the decapod *Pinnotheres pisum* (Linnaeus, 1767). *M. orientalis*, native to East Asia, occurs in the

270 intestinal tracts of bivalve species and has been recorded as an alien species in European waters<sup>42,43</sup>.  
271 Metabarcoding could be used as a tool for early detection of invasive species<sup>44</sup>. *P. pisum*, living in the  
272 mantle cavity of bivalves, is also a parasite<sup>45</sup>. In addition, six species of algae were recovered: *Pyropia*  
273 *haitanensis* (T.J.Chang & B.F.Zheng) N.Kikuchi & M.Miyata, 2011, *Ceramium secundatum* Lyngbye,  
274 1819, *Durvillaea* sp., *Leathesia marina* (Lyngbye) Decaisne, 1842, *Petalonia fascia* (O.F.Müller)  
275 Kuntze, 1898 and *Scytosiphon lomentaria* (Lyngbye) Link, 1833 (see Supplementary Table S2).  
276 Although the algae were not a targeted taxonomic group, this illustrates that studies with different  
277 scopes are possible, even when using the primer pairs applied in this work.

278 As presented in Fig. 4, the four natural communities presented each their own species  
279 composition. NMC1 and NMC2 appeared to be more similar to each other (on the left side of the  
280 graphic) and the same for NMC3 and NMC4 (right side of the graphic), agreeing with their geographic  
281 vicinity, on either the north or south margin of the estuary. The species richness was consistently  
282 higher in NMC3 and NMC4 for both morphological and HTS approaches. According to the original  
283 AMBI and p/a AMBI indexes, the four NMC were classified as slightly disturbed. Sado estuary is  
284 globally considered a slightly disturbed ecosystem due to its high hydrodynamics and multiple  
285 anthropogenic activities, although the south margin is less disturbed than the north one<sup>46</sup>. Contrary to  
286 these global patterns, our AMBI and species richness results indicate NMC1, located in the south  
287 margin, as the most disturbed community in this study. Regular dredging operations and construction  
288 works, together with a strong hydrodynamics, can affect and promote sudden changes in macrobenthic  
289 communities in the Sado estuary<sup>47,48</sup> and may help to explain these results. However, the key finding is  
290 that either morphological or metabarcoding approaches produced similar global outcomes (AMBI  
291 classifications and species richness ranks), and metabarcoding consistently outperformed morphology  
292 in the ability to detect a higher number of species and to provide species level identifications, despite  
293 the still incipient state of completion of the reference libraries for macrobenthic invertebrates.

294 In summary, our study demonstrates the aptitude of COI metabarcoding using HTS approach  
295 for implementation in biodiversity assessments of estuarine macrobenthic communities. High-  
296 throughput metabarcoding may enable more frequent and spatially detailed biomonitoring with higher  
297 information content<sup>6,17</sup>, concomitantly reducing time and cost constraints in the monitoring of benthic  
298 communities. By virtue of the generation of readily comparable DNA sequence data, the  
299 metabarcoding approach can provide species-level information of high quality, with reduced ambiguity

300 and susceptible to scrutiny in the future. The ability to provide data on parasite occurrence, for  
301 example, and to enable early detection of alien species, or to discriminate cryptic species, constitute  
302 highly relevant additional benefits of this approach. Nevertheless, further refinement is still required, to  
303 improve its overall efficiency and output, namely the improvement of the recovery rates through the  
304 refinement of primers and testing of alternative combinations, especially for the recalcitrant species.  
305 Given that the direct measurement of species abundance is still not attainable, further studies are  
306 required to generate large datasets, which will allow extensive comparison of the performance of  
307 morphology and metabarcoding-based approaches. Lastly, the continuing completion of the still  
308 incipient reference libraries of DNA barcodes for marine invertebrates will be decisive to fully  
309 materialize the potential of metabarcoding.

310

### 311 **Methods**

312

#### 313 **Ethics statement**

314 The areas sampled in the Sado estuary do not have any protection status and therefore do not require  
315 authorization to carry out scientific work, such as sediment sampling. The sampled macrobenthic fauna  
316 does not include any protected or endangered species.

317

#### 318 **Experimental design**

319 This study was designed in two main sequential phases. The first phase focused on analysis of  
320 macrobenthic communities with known composition, while the second phase comprised natural field-  
321 collected macrobenthic communities. In the first phase, the ability of four combinations of primer pairs  
322 to successfully amplify fragments of the COI barcode region between 250 to 658 base pairs (bp), was  
323 tested in three assembled microbenthic communities. The assembled communities included a different  
324 number of species and individuals per species. The two most efficient primer pairs were then used in  
325 the second phase. A schematic overview is presented in Fig. 5.

326 In the second phase, morphology-based taxonomic identification of the species composition in  
327 the natural macrobenthic communities was directly compared with the species inventory obtained from  
328 HTS of COI amplicons generated from bulk community DNA extractions, using two primer pairs  
329 selected among the four previously tested. This comparison was applied to NMCs collected in four

330 separate sites in the Sado estuary, Portugal, encompassing distinct sediment features and levels of  
331 anthropogenic impact (Fig. 6). In each site, half of the replicate samples were used for conventional  
332 morphology-based identification while the remaining half was used for metabarcoding community  
333 analyses. Because data generated through metabarcoding does not provide a direct measure of  
334 specimen abundance, we used a biotic index based solely on the presence and absence of species to  
335 compare morphology and metabarcoding approaches.

336 To enable species-level DNA based identifications from the NMC, a reference library of DNA  
337 barcodes was compiled for dominant groups of Atlantic European macrobenthic invertebrates. The  
338 reference library ([dx.doi.org/10.5883/DS-3150](https://doi.org/10.5883/DS-3150)) comprises GenBank-published<sup>13,25,49,50,51</sup> and  
339 unpublished DNA barcodes of marine invertebrates of southern European Atlantic coast, plus the DNA  
340 barcodes generated for the specimens used in the AMC study.

341

#### 342 **Sediment and specimen collection**

343

344 Assembled macrobenthic communities (AMC)

345

346 Specimens were collected in the Sado (Geographical coordinates 38.49/-8.84) and Lima (Geographical  
347 coordinates 41.68/-8.82) estuaries, west coast of Portugal (Fig. 6A) during April, May, September and  
348 October 2012. Sediment samples were collected using a corer sampler (110 mm diameter, 495 mm  
349 height) and sieved through a 0.5 mm screen in order to separate the macrobenthic invertebrates. Sieved  
350 samples were transported refrigerated to the laboratory where they were individually separated from  
351 the debris and stored in absolute ethanol at -20°C until processing. Morphological identifications to the  
352 lowest possible taxonomic level were carried out employing a stereomicroscope, using identification  
353 keys<sup>52,53,54,55</sup>. Species' names were checked in the online databases World Register of Marine Species  
354 (<http://www.marinespecies.org>) and Integrated Taxonomic Information System ([www.itis.gov](http://www.itis.gov)). A total  
355 of 112 specimens belonging to 36 morphospecies (25 of which identified to species level) were  
356 assembled, comprising 3 mollusks, 13 crustaceans and 20 annelids species, therefore representing the 3  
357 most dominant taxa in typical estuarine macrobenthic communities. These specimens were distributed  
358 in 3 groups in order to originate the following assembled macrobenthic communities: AMC1 was  
359 composed by 9 morphospecies of 9 specimens (one of each) (5 annelids, 3 crustaceans and 1 mollusk),

360 AMC2 by 36 morphospecies of 36 specimens (one of each) (19 annelids, 14 mollusks and 3  
361 crustaceans) and AMC3 by 67 specimens of 18 morphospecies (10 annelids, 5 crustaceans and 3  
362 mollusks) (Table 1).

363

364 Natural macrobenthic communities (NMC)

365

366 Natural communities were sampled in four sites (NMC1, NMC2, NMC3 and NMC4) of the Sado  
367 estuary, west coast of Portugal (Fig. 6B) in May 2014. Geographical coordinates of each location were:

368 38.48/-8.88 for NMC1, 38.47/-8.86 for NMC2, 38.50/-8.84 for NMC3 and 38.49/-8.82 for NMC4. The

369 macrobenthic communities of the Sado estuary have been extensively studied and the diversity of the

370 soft bottom habitats and environmental impacts provides an appropriate test case for this study. NMC1

371 and NMC2 are situated in the Tróia Peninsula, near the protected area of the “Sado Estuary Nature

372 Reserve”, and are generally less exposed to direct contamination sources of anthropogenic origin,

373 except for ferryboat wharf located near NMC2. These Tróia Peninsula sites are more influenced by

374 tidal hydrodynamism and have lower water residence time<sup>56</sup>. NMC3 and NMC4 are located on the

375 north margin of the estuary, near the industrial zone close to the city of Setúbal which harbours a

376 number of potential sources of pollution such as factories for the production of pesticides, fertilizers

377 and pulp mill, a thermoelectric power plant, shipyards, etc.<sup>56</sup>. As opposed to NMC1 And NMC2, these

378 sites have a lower hydrodynamism, therefore facilitating the retention of contaminants and sediment’s

379 fine particles from the upper estuary. Eleven sediment samples were collected from each site (44

380 samples in total) using a corer sampler (110 mm diameter, 495 mm height). One sample was used for

381 sediment’s physico-chemical characterization and the remaining 10 samples were used for

382 macrobenthic community assessment. The later were sieved *in situ* through a 0.5 mm screen in order to

383 separate the macrobenthic invertebrates, transported refrigerated to the laboratory and stored in

384 absolute ethanol at -20°C until processing. Five samples were then randomly chosen for morphology-

385 based identifications and the other 5 used for metabarcoding-based identifications. Morphology-based

386 identifications were carried out in individually separated specimens as described in the previous

387 section. Specimens for the metabarcoding approach were processed collectively as a bulk natural

388 community, as described further below.

389

390 **Sediment characterization**

391

392 At each site three sediment's features were determined: a) organic matter content (extrapolated from  
393 total combustible carbon, TOM): sediments were dried at 60–80°C and combusted at  $500 \pm 25^\circ\text{C}$  for 4  
394 h; and b) fine fraction (particle size  $< 63 \mu\text{m}$ ): determined by sieving after treating the samples with  
395 hydrogen peroxide and disaggregation with pyrophosphate.

396

397 **DNA barcoding and HTS analyses**

398

399 Assembled communities

400

401 Standard COI barcodes were obtained for every specimen used in the AMC study, and included in the  
402 compiled reference library. A small piece of tissue (1-2 mm) from each specimen was used for DNA  
403 extraction employing Nucleospin® Tissue kit (Macherey-Nagel Inc., Bethlehem, PA, USA) according  
404 to manufacturer's protocols. COI was amplified using the primers LoboF1 and LoboR1 (see Table 3)<sup>25</sup>.  
405 PCR reactions were assembled in a 25  $\mu\text{L}$  volume [2  $\mu\text{L}$  DNA template, 17.5  $\mu\text{L}$  molecular biology  
406 grade water, 2.5  $\mu\text{L}$  10x Invitrogen buffer, 1  $\mu\text{L}$  50 $\times$  MgCl<sub>2</sub> (50 mM), 0.5  $\mu\text{L}$  dNTPs mix (10 mM), 1.5  
407  $\mu\text{L}$  forward primer (10  $\mu\text{M}$ ), 1.5  $\mu\text{L}$  reverse primer (10  $\mu\text{M}$ ) and 0.5  $\mu\text{L}$  Invitrogen Platinum Taq  
408 polymerase (5 U/ $\mu\text{L}$ )]. The amplification cycle was: 95 °C for 5 min; 5 cycles of 94 °C for 30 s, 45 °C  
409 for 1 min 30 s, 72 °C for 1 min; 45 cycles of 94 °C for 30 s, 54 °C for 1 min 30 s, 72 °C for 1 min; final  
410 extension at 72 °C for 5 min. PCR products were sequenced bidirectionally using an ABI 3730XL  
411 DNA sequencer.

412 A reference Sanger based DNA barcode library was built using the COI sequences obtained  
413 for all 112 specimens. An in silico analyses was carried out based on Hajibabaei et al.<sup>15</sup>, in order to  
414 evaluate the species level discrimination ability of the various fragments sizes. Sequences from all 112  
415 specimens were aligned using the program MEGA v.6.0<sup>57</sup>. Phenograms were constructed for the  
416 complete fragment (658 bp) and two fragments of 200 bp (1–200 bp and 458–658 bp) with the  
417 Neighbor-Joining (NJ) method<sup>58</sup> using the Kimura 2-parameter (K2P) substitution model<sup>59</sup> and 1000  
418 bootstrap replicates. Results demonstrated that unambiguous species level identifications (intraspecific  
419 divergences below 3%) are possible even for short fragments of 200 bp (data not shown).

420 After tissue subsampling from individuals for building Sanger based barcoding library, the  
421 rest of the specimens were then grouped in three AMC as described above (Table 1), and each bulk  
422 sample was homogenized in 95% ethanol using a conventional blender. The homogenates were  
423 incubated at 56°C for approximately two hours to evaporate residual ethanol. Total genomic DNA of  
424 each AMC's homogenate was extracted using Nucleospin tissue kit (Macherey-Nagel Inc.) according  
425 to manufacturer's instructions. Four primer pairs (A, B, C and D) were used for independent  
426 amplification of either multiple fragments of CO1 barcoding region, ranging from 310 bp to 658 bp  
427 (see Table 3). PCR thermal cycling conditions for each primer pair are also presented in Table 3.

428 The generated amplicons from each assembled community were purified using Qiagen  
429 MiniElute PCR purification columns and eluted in 30  $\mu$  L molecular biology grade water. The purified  
430 amplicons from the first PCR were used as templates in the second PCR with the same amplification  
431 condition used in the first PCR with the exception of using Illumina-tailed primers in a 30-cycle  
432 amplification regime. PCR products were visualized on a 1.5% agarose gel to check the amplification  
433 success. All generated amplicons were dual indexed and pooled into a single tube and sequenced on a  
434 Miseq flowcell using a V2 Miseq sequencing kit (250  $\times$  2) (FC-131-1002 and MS-102-2003). All  
435 PCRs were done using Eppendorf Mastercycler ep gradient S thermocyclers and negative control  
436 reactions (no DNA template) were included in all experiments. All sequencing data generated will be  
437 deposited to Genbank and Dryad upon manuscript acceptance.

438 The Illumina generated reads from all COI fragments were merged with SEQPREP software  
439 (<https://github.com/jstjohn/SeqPrep>) requiring a minimum overlap of 25bp and no mismatches for all  
440 primer pairs, except for primer pair A (658bp fragment) resulting in paired-end reads. For primer pair  
441 A, the forward and reverse sequences were quality filtered and then concatenated in a single file before  
442 taxonomic assignment. The paired-end reads were filtered for quality using PRINSEQ<sup>60</sup> with  
443 a minimum Phred score of 20, window of 10, step of 5, and a minimum length of 100bp. USEARCH  
444 v6.0.307<sup>61</sup> with the UCLUST algorithm was used to dereplicate and cluster the remaining sequences  
445 using a 99% sequence similarity cutoff. This was done to denoise any potential sequencing errors prior  
446 to further processing. Chimera filtering was performed using USEARCH with the 'de novo UCHIME'  
447 algorithm<sup>62</sup>. At each step, cluster sizes were retained, singletons and doubletons were not included for  
448 further analysis. Usable reads were compared against the reference Sanger based DNA barcode library  
449 (112 specimens) and assign to a species when displaying  $\geq$  98% similarity.

450

451 Natural communities

452

453 DNA extraction, amplification, and HTS of each natural community was carried out as described above  
454 for assembled communities. For each of the 20 bulk community samples (4 sites x 5 samples per site),  
455 two independent amplifications were performed using the primer pairs B and D. These two primers  
456 pairs were selected among the 4 previously tested in the AMC step, because the results together  
457 achieved were sufficient to obtain the maximum species recovery rates observed (see below).  
458 Amplicons obtained for each of the five samples per site were tagged separately and submitted to HTS  
459 in an Illumina MiSeq platform as described in the AMC section. After quality and size filtering, usable  
460 reads were first compared against our local barcode reference library and assign to a species when  
461 displaying  $\geq 97\%$  similarity. Reads without matching sequences in the reference library were then  
462 compared against GenBank using the same minimum threshold for taxonomic assignment. Only reads  
463 with a species match, either against the reference library or GenBank, were used in the remaining data  
464 analyses.

465

#### 466 **Community analyses**

467

468 Non-metric multidimensional scaling (nMDS) was conducted, using PAST version 3.07<sup>63</sup>, to  
469 show the spatial distribution of the four NMC. Bray-Curtis's similarity index for absence-presence of  
470 species was used in order to compare morphological identification and HTS data, avoiding affecting  
471 the number of null values between samples.

472 Azti's Marine Biotic Index (AMBI)<sup>14</sup> is a widely used biotic index to assess the quality of  
473 benthic macroinvertebrate communities considering five ecological groups (EG) to which the benthic  
474 species are allocated. EG-I: species very sensitive to organic enrichment and present under unpolluted  
475 conditions; EG-II: species indifferent to enrichment; EG-III: species tolerant to excess organic matter  
476 enrichment; EG-IV: second-order opportunistic species; and EG-V to first-order opportunistic species  
477 (V). Because the calculation of the original AMBI index requires species abundance data, an  
478 alternative AMBI based only on presence (p) and absence (a) data (p/a AMBI) must be applied when  
479 using metabarcoding-derived species inventories, as described in Aylagas et al.<sup>26</sup>. The classifications



480 obtained are somewhat similar using either p/a AMBI or the original AMBI, meaning that species  
481 relative abundance does not appear to greatly affect the outcome of the benthic assessments using this  
482 biotic index<sup>26</sup>. Since in our study species abundances were only available from the morphological  
483 inventories, we applied AMBI to the data from the morphology-based identification, metabarcoding  
484 and the combination of both methodologies, using the presence and absence of species to enable  
485 results' comparison. In addition, the original AMBI index based on the abundance of specimens was  
486 also applied to the morphology-based identifications in order to validate the results.

487

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658

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660

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668

## 669 **Author Contributions Statement**

670

671 J.L. and F.O.C. wrote the manuscript. J.L., S.S., M.H. and F.O.C. globally designed the study. J.L. and  
672 M.H.C. carried out the sampling collection and specimen processing. J.L. and S.S. performed the  
673 molecular and data analyses. All authors contributed for the results’ discussion, and manuscript  
674 revision and editing.

675

## 676 **Figure legends**

677

678 **Figure 1: Species detection success for the four primer pairs (A, B, C and D).** The columns in each  
679 primer pair (from left to right) denote: AMC1, AMC2, AMC3 and global result for the three AMC.

680

681 **Figure 2: Comparison between morphological and metabarcoding species-level identifications in**  
682 **4 macrobenthic communities (NMC1-NMC4) of the Sado estuary, Portugal.** The upper bar chart  
683 shows the distribution of the number of species per phylum obtained either by morphology or  
684 metabarcoding, in each macrobenthic community. The circles in the lower part of the figure represent  
685 the proportion of species detected exclusively by morphology (white circles), exclusively by  
686 metabarcoding (shaded circles), and by both approaches (overlapping circles dashed area).

687

688 **Figure 3: Non-metric multidimensional scaling (nMDS) for the morphological identification (A),**  
689 **HTS (B) and morphological identification plus HTS (C) results of the four NMC.** Similarity index  
690 of Bray-Curtis was applied for the absence-presence of the species.

691

692 **Figure 4: Comparison of AMBI for the morphological identification using absence-presence of**  
693 **species (A), morphological identification using abundance of species (B), HTS (C) and**  
694 **morphological identification plus HTS (D) results of the four NMC.**

695

696 **Figure 5: Schematic overview of the experimental design.**

697

698 **Figure 6: Map of the study area showing the collection sites.** A) for the creation of artificial  
699 communities and B) for natural communities. NMC = natural communities.

700

701 **Supplementary information legends**

702

703 **Supplementary Figure S1: Species composition of all samples of NMC.** A shows species  
704 composition considering only specimens morphologically identified to the species level. B considering  
705 specimens morphologically identified to a higher taxonomic level. C shows species composition  
706 recovered through HTS. No specimens were identified to the species level in NMC2.7. No specimens  
707 were collected in NMC2.10.

708 **Supplementary Table S1: Number of reads assigned to species in each NMC and primer pair.**

709

710 **Supplementary Table S2: Taxonomic classification of the species identified in each NMC through**  
711 **HTS (with the primer pairs B and D) and morphological identifications.** Numbers indicate the

712 number of reads (HTS) and number of specimens for each species.

713

**Table 1 Species composition of the three assembled communities and number of specimens per species**

Phylum	Class	Order	Family	Species	AMC1	AMC2	AMC3	
Annelida	Polychaeta		Capitellidae	<i>Notomastus profundus</i> (Eisig, 1887)	1	1	3	
			Maldanidae	<i>Euclymene santandarensis</i> (Rioja, 1917)	1	1	6	
				<i>Euclymene sp1</i>		1	1	
				<i>Heteroclymene robusta</i> Arwidsson, 1906	1	1	1	
				<i>Leiochone leiopygos</i> (Grube, 1860)	1	1	1	
				<i>Leiochone sp1</i>		1	1	
				<i>Praxillella praetermissa</i> (Malmgren, 1865)		1	1	
				<i>Praxillella sp1</i>		1	1	
			Eunicida	Eunicidae	<i>Marphysa sanguinea</i> (Montagu, 1815)		1	
				Lumbrineridae	<i>Lumbrineris latreilli</i> Audouin & Milne Edwards, 1834		1	
		Phyllodocida	Onuphidae	<i>Diopatra neapolitana</i> Delle Chiaje, 1841		1		
			Glyceridae	<i>Glycera alba</i> (O.F. Müller, 1776)		1		
				<i>Glycera tridactyla</i> Schmarda, 1861		1		
			Nephtyidae	Nephtyidae ni		1		
		Spionida	Nereididae	<i>Hediste diversicolor</i> (O.F. Müller, 1776)	1	1	13	
			Spionidae	<i>Scolelepis (Scolelepis) foliosa</i> (Audouin & Milne Edwards, 1833)		1		
				<i>Scolelepis sp</i>		1		
		Terebellida	Cirratulidae	Cirratulidae ni		1		
			Terebellidae	<i>Pista cristata</i> (Müller, 1776)		1	1	
		Arthropoda	Malacostraca	Amphipoda	Ampeliscidae	<i>Ampelisca sp</i>		1
Corophiidae	<i>Chorophium sp1</i>					1	1	
	<i>Chorophium sp2</i>					1		
	<i>Chorophium sp3</i>					1		
				<i>Chorophium sp4</i>		1		
	Leucothoidae			<i>Leucothoe incisa</i> (Robertson, 1892)		1		
	Melitidae			<i>Melita palmata</i> (Montagu, 1804)	1	1	30	
Decapoda	Alpheidae			<i>Athanas nitescens</i> (Leach, 1813 [in Leach, 1813-1814])		1		
	Diogenidae			<i>Diogenes pugilator</i> (Roux, 1829)	1	1	1	
	Hippolytidae			<i>Eualus cranchii</i> (Leach, 1817 [in Leach, 1815-1875])		1		
	Pilumnidae			<i>Pilumnus hirtellus</i> (Linnaeus, 1761)		1		
	Porcellanidae			<i>Pisidia longicornis</i> (Linnaeus, 1767)		1		
	Upogebiidae			<i>Upogebia deltaura</i> (Leach, 1815)		1		
Isopoda	Anthuridae	<i>Cyathura carinata</i> (Krøyer, 1847)	1	1	1			
Mollusca	Bivalvia	[unassigned] Euheterodonta	Solenidae	<i>Solen marginatus</i> Pulteney, 1799	1	1	2	
		Veneroida	Cardiidae	<i>Cerastoderma edule</i> (Linnaeus, 1758)		1	1	
			Semelidae	<i>Abra alba</i> (W. Wood, 1802)		1	1	

Gray color represents presence of the species in each AMC



**Table 2 Sediment features in the 4 sites of the Sado estuary sampled for the natural macrobenthic communities**

	<b>NMC1</b>	<b>NMC2</b>	<b>NMC3</b>	<b>NMC4</b>
<b>Salinity</b>	34 ± 1	34 ± 1	34 ± 1	34 ± 1
<b>TOM (%)</b>	0.62 ± 0.05	1.30 ± 0.11	2.05 ± 0.20	0.74 ± 0.18
<b>FF<sup>a</sup> (%)</b>	5.16	6.4	16.93	9

TOM total organic matter, FF fine fraction

<sup>a</sup> Particle size < 63 µm



**Table 3 Primer pairs used to amplify COI barcode fragments from bulk samples**

Pair	Primer	Direction (5' – 3')	Reference	Fragment length (bp)	PCR thermal cycling conditions
A	LoboF1	(F) KBTCHACAAAYCAYAARGAYATHGG	Lobo <i>et al.</i> 2013	658	1) 94°C (5 min); 2) 5 cycles: 94°C (30 s), 45°C (1 min 30 s), 72°C (1 min); 3) 45 cycles: 94°C (30 s), 54°C (1 min 30 s), 72°C (1 min); 4) 72°C (5 min).
	LoboR1	(R) TAAACYTCWGGRTGWCCRAARAAYCA	Lobo <i>et al.</i> 2013		
B	LoboF1	(F) KBTCHACAAAYCAYAARGAYATHGG	Lobo <i>et al.</i> 2013	250	1) 94°C (5 min); 2) 35 cycles: 94°C (30 s), 48°C (1 min 40 s), 72°C (1 min); 3) 72°C (5 min).
	250R	(R) CTTATRTRTTTATICGIGGRAAIGC	Shokralla <i>et al.</i> 2015		
C	ArF2	(F) CCIGAYATRGCITTYCCICG	Gibson <i>et al.</i> 2014	310	1) 94°C (5 min); 2) 35 cycles: 94°C (30 s), 48°C (1 min 40 s), 72°C (1 min); 3) 72°C (5 min).
	ArR5	(R) GTRATIGCICCIARIACIGG	Gibson <i>et al.</i> 2014		
D	ArF2	(F) CCIGAYATRGCITTYCCICG	Gibson <i>et al.</i> 2014	418	1) 94°C (5 min); 2) 35 cycles: 94°C (30 s), 48°C (1 min 40 s), 72°C (1 min); 3) 72°C (5 min).
	LoboR1	(R) TAAACYTCWGGRTGWCCRAARAAYCA	Lobo <i>et al.</i> 2013		

**Species  
Detection (%)**











