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Unleashing natural competence in *Lactococcus lactis* by induction of the competence regulator ComX

Short title: Natural competence in *Lactococcus lactis*

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1 **Abstract**

2 In biotechnological work horses like *Streptococcus thermophilus* and *Bacillus subtilis* natural
3 competence can be induced, which facilitates genetic manipulation of these microbes. However, in
4 strains of the important dairy starter *Lactococcus lactis* natural competence has not been established
5 to date. However, *in silico* analysis of complete genome sequences of 43 *L. lactis* strains revealed
6 complete late-competence gene-sets in 2 *L. lactis* subspecies *cremoris* strains (KW2 and KW10) and 8
7 *L. lactis* subspecies *lactis* strains, including the model strain IL1403 and the plant-derived strain
8 KF147. The remainder of the strains, including all dairy isolates, displayed genomic decay in one or
9 more of the late competence genes. Nisin-controlled expression of the competence regulator *comX*
10 in *L. lactis* subsp. *lactis* KF147 resulted in the induction of expression of the canonical competence
11 regulon, and elicited a state of natural competence in this strain. By contrast, *comX* expression in *L.*
12 *lactis* NZ9000, predicted to encode an incomplete competence gene-set, failed to induce natural
13 competence. Moreover, mutagenesis of the *comEA-EC* operon in strain KF147, abolished the *comX*
14 driven natural competence, underpinning the involvement of the competence machinery. Finally,
15 introduction of nisin-inducible *comX* expression into *nisRK*-harboring derivatives of strains IL1403 and
16 KW2 allowed the induction of natural competence also in these strains, expanding this phenotype to
17 other *L. lactis* strains of both subspecies.

18

19 **Significance statement**

20 **Specific bacterial species are able to enter a state of natural competence in which DNA is taken up**
21 **from the environment, allowing the introduction of novel traits. Strains of the species *Lactococcus***
22 ***lactis* are very important starter cultures for the fermentation of milk in the cheese production**
23 **process, where these bacteria contribute to the flavor and texture of the end-product. The**
24 **activation of natural competence in this industrially relevant organism can accelerate research**

- 25 **aiming to understand industrially relevant traits of these bacteria, and can facilitate engineering**
- 26 **strategies to harness the natural biodiversity of the species in optimized starter strains.**

27 **Introduction**

28 Horizontal gene transfer (HGT) fulfills an important role in the evolution of bacteria (1-4). In
29 several species, an important mechanism for HGT is natural competence. This phenomenon is
30 defined as a cellular state that enables internalization of exogenous DNA, followed by autonomous
31 replication as a plasmid or incorporation into the chromosome via homologous recombination.
32 Among Gram-positive bacteria, natural competence was first described in *Streptococcus pneumoniae*
33 (5, 6). More recently, it was found that among lactic acid bacteria (LAB), the important yoghurt
34 bacterium *Streptococcus thermophilus* can enter a state of natural competence upon culturing in
35 chemically defined medium (7). When Gram-positive bacteria enter a state of natural competence,
36 exogenous DNA translocates through the DNA-uptake machinery, a multiprotein complex
37 comprising the proteins ComEA, ComEC, ComFA, ComFC and a nuclease (EndA in *S. pneumoniae*)
38 encoded by the late competence (*com*) genes (8, 9). Other late competence genes encode for
39 proteins that compose pili-like structures (ComGA-GG) or protect internalized DNA against
40 degradation (SsbA, SsbB, DprA and RecA) (8, 9). Expression of these genes is positively regulated by
41 the competence master-regulator ComX, that acts as an alternative sigma factor (10-12). In *S.*
42 *thermophilus*, expression of *comX* is initiated upon formation of the quorum sensing ComRS complex
43 comprising the pheromone-like peptide ComS and transcriptional regulator ComR, encoded by the
44 *comRS* operon (13, 14). Addition of a synthetic peptide that resembles the active competence
45 pheromone has proven a successful strategy to induce natural competence in several bacterial
46 species. For example, addition of a synthetic ComS peptide to *S. thermophilus* cultures in the early
47 logarithmic phase of growth enabled the activation of natural competence and highly efficient DNA
48 transformation (13, 15). Analogously, other streptococci including *S. pneumoniae* utilize the *comCDE*
49 regulatory module to control natural competence, involving the competence-stimulating peptide
50 (CSP, encoded by *comC*) and a two-component system (encoded by *comD* and *comE*, (16, 17)), and
51 the addition of synthetic CSP leads to development of natural competence in this species.

52 Strains of *Lactococcus lactis* are of great importance in the dairy industry, primarily in the
53 production of cheese and butter(milk) (18). So far, a *comRS*- or *comCDE*-like system has not been
54 identified in *L. lactis*. Nevertheless, complete sets of late competence genes appear to be present in
55 several *L. lactis* genomes (19, 20, 21 and this study). In addition, increased expression of competence
56 genes has been observed in *L. lactis* subsp. *lactis* IL1403 and KF147 under specific conditions that
57 included carbon starvation (22, 23). Unfortunately, in neither of these strains, or any other *L. lactis*
58 strain, natural competence development could be experimentally established (19, 23). As an
59 alternative route to establish natural competence, overexpression of *comX* has been employed,
60 aiming to enhance expression of the complete late competence regulon. Such an approach has been
61 successful in *S. thermophilus* (24), but failed in *L. lactis* IL1403 (19). Nevertheless, the observation
62 that complete sets of late competence genes are apparently present in some of the *L. lactis* genomes
63 (25, 26) and that their expression can be induced under specific conditions (22, 23), deserves a more
64 dedicated bioinformatic and experimental effort.

65 Here, we present a comparative genomics analysis of 43 *L. lactis* genomes to assess their
66 potential to enter a state of natural competence. Moreover, by employment of controlled expression
67 of ComX we demonstrate enhanced expression of the late competence regulon and concomitant
68 induction of natural competence, which was only successful in strains predicted to encode a
69 complete late competence machinery. The discovery of natural competence in *L. lactis* will enable
70 transfer of genetic information in a non-GMO manner, resulting in the improvement of the industrial
71 performance of strains of this species and the enhancement of fermented product quality.

72

73 Results

74 Genomic analyses show complete sets of competence genes in several *L. lactis* strains

75 To evaluate whether *L. lactis* strains possess the genetic capacity to enter a state of natural
76 competence, late-competence associated genes were initially identified in the *L. lactis* KF147 genome
77 by using the known competence genes of the naturally competent *Streptococcus thermophilus* LMD-
78 9 (7, 13). This strain was selected for this primary analysis based on previous work that reported that
79 many of the late competence genes were induced in this strain under starvation, non-growing
80 conditions (23). Similar proteins (both in length and sequence) were identified to be encoded within
81 the KF147 genome for all selected late competence genes of *S. thermophilus* LMD-9, corroborating
82 that a complete competence gene-set is present in this *L. lactis* strain (Table S2).

83 Subsequently, the identified KF147 competence protein sequences were used as a reference
84 set for identification and comparison to the orthologous groups (OGs) of genes encoded by 42 other
85 *L. lactis* strains (20, 21, 25-34). Full length protein sequence identity relative to the KF147 OGs was
86 calculated for all 42 *L. lactis* strains (Fig. 1). This analysis revealed considerable genomic decay in
87 several of the strains of both the *lactis* and *cremoris* subspecies. Moreover, for the OGs that were
88 intact, there was a clear distinction between the levels of identity observed for strains belonging to
89 the subspecies *lactis* (that includes strain KF147) and *cremoris* (Fig. 1), exemplifying the genetic
90 distinction between these two subspecies (35). Among the strains belonging to the *cremoris*
91 subspecies, only strains KW2 and KW10 appeared to encode full length homologues of all the late
92 competence proteins selected in KF147, albeit with identity scores ranging from 56 to 99 % (Fig. 1).
93 Notably, when the late competence gene-set of the KW2 strain was used to determine full-length
94 protein sequence identity levels, instead of those of strain KF147, it was apparent that late
95 competence proteins displayed a high degree of conservation within the *cremoris* subspecies, but
96 were distinct from their orthologues in the *lactis* subspecies (Fig. S1). Among the 28 strains belonging
97 to the subspecies *lactis*, 9 appeared to encode a full set of late competence proteins.

98 The genomic decay within these late competence genes in the subspecies *cremoris* strains
99 displayed several conserved disruptive mutations in specific genes, including IS982 insertions in
100 *comEC* (strains SK11, A76 and UC509.9) and *comGA* (strains SK11, and A76), although with some
101 variation with respect to the precise position of insertion (Fig. 1 and Fig. S2). Various strains of the
102 *cremoris* subspecies contained conserved premature stop codons within one or more of their late
103 competence genes, suggesting that these strains derive from a common ancestor, in which
104 conserved and strain specific mutations have shaped the decay pattern of the late competence
105 genes. For example, strains SK110, AM2, SK11, A76, UC5099, B40, FG2, HP and LMG6897 share
106 similar mutational events in *comEA*, *comEC*, *comFA* and *comGD*, whereas strains N41, NCDO763 and
107 MG1363 harbor common mutations in *comEC* (Fig. S3). In contrast, the disruptive mutations
108 observed in the late competence genes of strains of the subspecies *lactis* appeared more scattered
109 (Fig. 1), suggesting that degenerative mutations accumulated more recently in this subspecies.
110 Nevertheless, several strains (KF282, KF24, N42, CV56, ML8, KLDS, UC317, KF67) contain a (remnant
111 of a) prophage insertion within the *comGC* gene (Fig. S4). Remarkably, these phage sequences are
112 always inserted at the same position within the *comGC* sequence, suggesting site-specific integration
113 at a conserved sequence element within the *comGC* gene.

114 In summary, these findings indicate that in the majority of *L. lactis* strains one or more late
115 competence functions are compromised, suggesting that these strains are not able to develop a
116 state of natural competence. The analysis also implies that in some strains, including *L. lactis* KF147,
117 the genetic capacity to enter a state of naturally competence appears to be intact. Finally, it is
118 noteworthy that within the present panel of strains, there are no dairy isolates that appear to
119 encode a complete set of intact late competence proteins, which may reflect the high-level of
120 genome decay that has been reported for strains in the milk environment before (36-38).

121

122 **Moderate overexpression of the late competence regulon regulator ComX results in a state of**
123 **natural competence in *L. lactis* KF147.**

124 In order to test whether the identified competence machinery can be activated and is
125 functional, we set out to overexpress the predicted competence regulator ComX. From the subset of
126 strains predicted to harbor a complete set of competence genes, *L. lactis* KF147 harbors a
127 chromosomal copy of *nisRK* but does not produce nisin (39), allowing nisin-inducible *comX*
128 expression by cloning of this gene under control of P_{nisA} in pNZ8150 ((40). This *comX* expression
129 strategy led to a dose-dependent inhibition of growth (Fig. 2A), which was not observed in the
130 control strains harboring pNZ8150 (Fig. S5; (40)), or pNZ8040, a vector enabling nisin-inducible
131 expression of *pepN* (Fig. S5; (41)). Hence, the observed growth retardation is not caused by the
132 addition of nisin or the overexpression of proteins as such but is specifically caused by the presence
133 of ComX.

134 To investigate the impact of elevated ComX levels on the expression level of the late
135 competence genes, their transcript levels were determined by RT-qPCR on RNA derived from *L. lactis*
136 KF147 harboring pNZ8150 or pNZ6200, either uninduced, or moderately or fully induced with nisin.
137 In uninduced conditions, *comX* expression levels were 2.5- to 6-fold increased in *L. lactis* KF147
138 harboring pNZ6200 as compared to the pNZ8150 harboring cells, which is likely reflecting low-level
139 'promoter leakage' due to the presence of P_{nisA} on a high-copy plasmid (Fig. 2B). Induction of *comX*
140 expression in *L. lactis* KF147 harboring pNZ6200 with either 0.03 or 2 ng/ml nisin for 2 hours led to
141 15-20 and 1500-4000-fold induction of *comX* expression relative to the uninduced control of the
142 same strain, respectively (Fig. 2B). Similarly, expression of the late competence genes *comEA*, *comFA*,
143 and *comGA* was induced, illustrating the strongly enhanced expression of the late competence
144 regulon as a consequence of the elevated levels of its regulator ComX (Fig. 2B). These induction
145 conditions for the activation of late competence genes were employed to test whether the
146 corresponding phenotype could also be observed, by adding pIL253 to the culture medium at the

147 same timepoint that *comX* induction was initiated using a range of nisin concentrations. As expected,
148 no pIL253 transformants were obtained for *L. lactis* KF147 harboring pNZ8150 under any of the
149 conditions tested (data not shown). By contrast, pIL253 transformants were obtained for *L. lactis*
150 KF147 harboring pNZ6200 following induction with nisin concentrations ranging from 0.005 to 0.1
151 ng/ml nisin, with an approximate transformation rate of 10^{-7} - 10^{-6} (transformants / total cell number /
152 μ g plasmid DNA). The highest transformation rates were obtained after 0.03 ng/ml nisin induction
153 (Fig. 2C). Both strain identity and pIL253 presence was confirmed by PCR in all transformants tested
154 (Fig. 2D). Notably, full nisin-induction (2.0 ng/ml nisin) of *comX* expression in pNZ6200 harboring
155 *L.lactis* KF147 did not result in any transformants. To check whether *comX* of the *cremoris* strain
156 MG1363 is still functional, transformation of *L. lactis* KF147 harboring pNZ6201 upon nisin induction
157 was also tested. Similar results were obtained when *comX* of *L. lactis* subsp. *cremoris* MG1363 was
158 expressed in *L. lactis* subsp. *lactis* KF147 (Fig. 2E, F), indicating that *comX* derived from a *cremoris*
159 strain is also fully functional. Taken together, these results demonstrate that activation of moderate
160 expression, but not high-level expression, of endogenous *comX* in *L. lactis* KF147 elicits the natural
161 competence phenotype in this strain. The observation that this does not occur at a high level of *comX*
162 expression may be a consequence of the observed growth defect under these conditions, which may
163 interfere with completion of the competence machinery assembly and/or recovery of potential
164 transformants after plating. Such notion, is supported by the observation that expression of a
165 heterologous copy of *comX* (derived from *L. lactis* subspecies *cremoris*) induced less severe growth
166 defects upon maximal nisin induction, and still led to detectable natural competence development,
167 albeit with reduced efficiency as compared to moderate nisin induction levels.

168 **ComX-induced transformation in *L. lactis* depends on the late competence operon *comEA-EC***

169 The experiments above do not provide direct proof for a functional dependency of the
170 observed transformation phenotype on the expression of the late competence genes, although this is
171 likely, considering the fact that these genes encode the DNA-uptake machinery. Therefore, we

172 constructed a *comEA-EC* negative derivative of *L. lactis* KF147 through the integration of a linear
173 fragment harboring a tetracyclin-resistance encoding *tetR* flanked by regions homologous to the 5'-
174 and 3'- regions surrounding the *comEA-EC* operon. The procedure for moderate *comX* induction was
175 applied to transform this linear mutagenesis fragment to strain KF147 harboring pNZ6200. Integrants
176 with the anticipated genotype ($\Delta comEA-EC::tetR$; Fig. 3A) were obtained with a similar efficiency as
177 was observed for pIL253 transformation. Subsequent *comX* expression induction experiments in the
178 $\Delta comEA-EC::tetR$ derivative of strain KF147 (NZ6200) harboring pNZ6200. Full induction of *comX*
179 expression led to a growth rate reduction in this strain (Fig. 3B) similar to what was observed for the
180 parental KF147 strain. Importantly, nisin concentration-dependent *comX* overexpression and
181 corresponding upregulation of expression of *comFA* and *comGA*, but not *comEA*, genes was similar to
182 what was established in *L. lactis* KF147 harboring pNZ6200 (Fig. S6). However, in contrast to the
183 parental strain KF147, transformation of NZ6200 harboring pNZ6200 with pIL253 did not yield any
184 transformants (Fig. 3C), establishing the involvement of the *comEA-EC* operon in *comX*-induced
185 competence in *L. lactis* KF147.

186 **Expansion of the natural competence phenotype to a broader set of *L. lactis* strains**

187 In order to employ the comparative genomics analysis performed in this study as a predictor
188 for competence potential, *L. lactis* subspecies *cremoris* strains KW2 (27), and NZ9000 (40, 42), and *L.*
189 *lactis* subspecies *lactis* IL9000 (43) were tested for transformability upon *comX* induction. Strains
190 NZ9000 and IL9000 are derivatives of MG1363 and IL1403, respectively, which contain the *nisRK*
191 genes integrated in their chromosome, thereby allowing the use of the nisin controlled expression
192 system. Strain KW2 does not harbor *nisRK* in its genome and to facilitate the use of the nisin
193 induction system in this strain, pNZ9531 was first introduced into this strain, thereby expressing
194 *nisRK* in this background from a low-copy plasmid vector that is compatible with the pNZ8150
195 backbone of the pNZ6200 and pNZ6201 vectors used for *comX* expression (44). The plasmids
196 pNZ8150, pNZ6200 or pNZ6201 were transformed to electrocompetent cells of IL9000, NZ9000, and

197 pNZ9531-harboring *L. lactis* KW2. These transformants were induced with 0, 0.03 or 2 ng/ml nisin,
198 and the induction of the competence phenotype was evaluated in these strains by transformation
199 with pIL253 (for NZ9000 and IL9000) or pNZ6202 (a tetracycline-selectable pIL253 derivative). As
200 anticipated, none of the conditions employed allowed the activation of natural competence in strain
201 NZ9000 (Table 1), which is in good agreement with the *comEC* and *coiA* mutations observed in its
202 parental strain MG1363 (Fig. 1). In contrast, transformants were obtained for pNZ6200 and pNZ6201
203 harboring derivatives of IL9000, and when these plasmids were transformed to KW2 harboring
204 pNZ9531 (Table 1). Notably, although the efficiency of transformation appeared to be the highest for
205 the cells in which moderate *comX* expression was induced (i.e., 0.03 ng/ml), also under uninduced
206 and upon high level induction of *comX* expression (i.e., 2 ng/ml) transformants were obtained. The
207 observed transformation under uninduced conditions might be caused by the previously reported
208 higher levels of 'leakage' of the *nisA* promoter activity in *L. lactis* strains harboring the *nisRK*
209 expression vector pNZ9531 (44), whereas differential expression of *nisRK* and/or the *dprA* mutation
210 in the IL9000 parental strain (IL1403; Fig. 1) may require lower levels of *comX* expression to activate
211 competence, as the DprA function has been associated with competence shut-off (45, 46). The
212 observation that high-level *comX* expression still allowed competence development in KW2 and
213 IL9000 despite the growth-inhibitory consequences of this level of induction, which is in contrast
214 with the results obtained for strain KF147, remains to be determined. Finally, in pNZ9531-harboring
215 KW2, induced expression of the *comX* derived from *L. lactis* subspecies *cremoris* (i.e., as expressed
216 from pNZ6201) allowed competence development, confirming the bidirectional functional
217 exchangeability of the *comX* genes from these two *L. lactis* subspecies. These results confirm the
218 predictions made by comparative genomics (Fig. 1) with respect to the capacity to develop a natural
219 competence phenotype in *L. lactis* strains, and establish that strains of both subspecies have the
220 capacity of natural competence which can be induced by controlled expression of the *comX* encoded
221 regulator from either of the subspecies.

222

223 Discussion

224 This study demonstrates that the *L. lactis* strains KF147, KW2 and IL1403 possess a functional
225 DNA-uptake machinery, which can be activated by the ComX regulator. This implies that
226 identification of a complete set of late competence genes through comparative genomics represents
227 an appropriate approach to predict the capacity of a strain to enter a state of natural competence,
228 and it seems likely that most, if not all, of the other strains identified here to encode complete gene
229 sets can be made naturally competent via the same strategy of *comX* overexpression. It should be
230 noted that the expression of a much larger set of over 100 genes is regulated upon addition of the
231 competence pheromone in streptococci (11, 47, 48). For instance, development of natural
232 competence usually occurs in concert with increased expression of proteins involved in DNA
233 recombination, thereby facilitating integration of acquired DNA (49), a feature that has been
234 observed in this study for *L. lactis* KF147 as well suggesting expression of such proteins in *L. lactis*
235 KF147 upon competence development. Nevertheless, we show that the dedicated assessment of
236 only the canonical late competence genes is a valid predictor for competence potential in *L. lactis*
237 strains.

238 It is commonly assumed that the *L. lactis* ancestor strain prior to subspeciation into the *lactis*
239 and *cremoris* subspecies originates from a plant-associated niche and that strains adapted to
240 increase their fitness in the nutritionally rich dairy environment (39, 50, 51). Remarkably, none of the
241 dairy isolates of *L. lactis* that were analyzed here appears to encode a complete set of late-
242 competence genes, suggesting that during the adaptation to the dairy niche there is no significant
243 environmental fitness benefit associated with the capacity to become naturally competent. This may
244 relate to a real lack of fitness benefit of this phenotype within the dairy environment or may be due
245 to highly consistent suppression of the phenotype during growth in milk, thereby preventing the
246 possible fitness benefit to become apparent, which may allow the decay of encoding genes without
247 apparent fitness cost for the bacteria. The latter scenario appears to be in agreement with the

248 observed activation of the expression of late competence genes in *L. lactis* upon carbon starvation
249 conditions (22, 23), that are not likely to occur within the dairy niche, as it is very rich in lactose. The
250 genomic decay events associated with dairy-derived *L. lactis* strains include prophage disruption of
251 the *comGC* locus in strains of the subspecies *lactis* (27, 52), and insertion of IS982 into several *com*
252 genes in strains of the *cremoris* subspecies (39, 53-55). Notably, the phylogenetic relatedness of *L.*
253 *lactis* subspecies *cremoris* strains predicted on basis of competence gene-decay events, displayed a
254 topology that was remarkably similar to that observed for the core-genome relatedness of these
255 strains (Fig. S3). Importantly, typical dairy environment associated lactic acid bacteria quite
256 commonly display genomic decay as a consequence of the adaptation to this nutritionally rich
257 environment (36-38). For example, loss of function events have been observed in *S. thermophilus*,
258 *Lactobacillus helveticus* and *Lactobacillus bulgaricus* upon prolonged culturing in milk, with
259 mutations accumulating in genes encoding transport, energy metabolism and virulence associated
260 functions, implying that these functions do not contribute to fitness in the dairy niche (36, 38, 56,
261 57). Analogously, experimental evolution of *L. lactis* KF147 to enhanced fitness and growth in milk
262 was shown to be associated with suppression of gene repertoires associated with the import and
263 utilization of a variety of typically plant-environment associated carbon sources, as well as mutations
264 leading to functional reconstitution and elevated transcription of the peptide import system (*opp*) of
265 this strain [52]. Paradoxically, dairy strains of *S. thermophilus* still possess the genetic and phenotypic
266 capacity to develop natural competence (13, 24, 38, 58), suggesting that competence development
267 in this species contributes to fitness in this habitat. Contrary to *L. lactis*, where carbon starvation has
268 been associated with induction of late competence expression (22, 23), similar conditions have not
269 been implied in competence regulation in *S. thermophilus*. This may suggest that *S. thermophilus*
270 actively expresses the competence phenotype in the dairy environment, which may contribute to
271 this species' fitness in the milk environment.

272 In nature, natural competence in bacteria is commonly a transient phenotypic state with a
273 small window of opportunity to take up DNA (59), of which activation and shut-down are subject to

274 subtle regulation (45, 46) to prevent futile activation of the costly process and to sustain genomic
275 stability. Analogously, optimal induction in *L. lactis* was achieved with a moderate level of ComX
276 induction, whereas high-level induction of this regulator failed to lead to competence development
277 (strain KF147), or led to significantly reduced levels of transformation (strains KW2, and IL9000).
278 Moreover, high level *comX* expression was consistently associated with reduced growth efficiency of
279 the strains used in this study, which is illustrative of the tight connection between competence and
280 growth (60). Previous *comX* expression studies using *L. lactis* IL1403, the parental strain of IL9000,
281 failed to elicit natural competence (19), which may have been due too inappropriate expression
282 levels of *comX*, or might have been caused by the fact that the endogenous *comX* gene of IL1403 was
283 used which contains an alternative start codon and appears to be truncated.

284 Taken together, this study shows that in *L. lactis* strains that encode complete late-
285 competence gene-sets, a state of competence can be induced by controlled expression of *comX*, in
286 particular moderate expression of this regulator appears to be effective in activation of this
287 phenotype. Naturally competent *L. lactis* strains could internalize plasmid and linear DNA from their
288 environment with a similar efficiency. The conditions that naturally activate *comX* expression and
289 contribute to the regulation of competence development in *L. lactis* remain to be established.
290 Unraveling the *in situ* control mechanisms of natural competence in *L. lactis* would offer
291 opportunities to exploit this phenotype for strain improvement purposes in this industrially
292 important species.

293

294 **Materials & Methods**

295 **Bacterial strains, plasmids, and media.** The strains used in this study can be found in Table S1. The
296 publicly available draft genome sequences of 43 *L. lactis* strains (20, 21, 25-34) were used for
297 comparative genomics of late competence genes, by employing OrthoMCL to obtain orthologous

298 group (OG) sequences in order to construct an orthologous gene matrix (61, Wels et al., manuscript
299 in preparation). *L. lactis* strains were routinely cultivated in M17 (Tritium, Eindhoven, the
300 Netherlands) supplemented with 1 % (w/v) glucose (Tritium, Eindhoven, the Netherlands), at 30 °C
301 without agitation. For competence experiments, *L. lactis* strains were cultivated in chemically defined
302 medium (CDM) (62, 63) supplemented with 1 % (w/v) glucose (Tritium, Eindhoven, the Netherlands).
303 Upon recovery after electro or natural transformation, *L. lactis* cells were cultivated in recovery
304 medium (M17, supplemented with 1% glucose, 200mM MgCl₂ and 20mM CaCl₂). *Escherichia coli*
305 TOP10 (Invitrogen, Breda, The Netherlands) was routinely cultivated in TY (Tritium, Eindhoven, the
306 Netherlands) at 30 °C with agitation. Antibiotics were added when appropriate: 5.0 µg/ml
307 chloramphenicol, 10 µg/ml erythromycin, 12.5 µg/ml tetracyclin.

308 **DNA manipulations.** Plasmid DNA from *E. coli* and *L. lactis* was isolated using a Jetstar 2.0 maxiprep
309 kit (ITK Diagnostics bv, Uithoorn, The Netherlands). Notably, phenol chloroform extraction was
310 performed prior to loading on the Jetstar column for plasmid isolation from *L. lactis* cultures (64).
311 Primers were synthesized by Sigma-Aldrich (Zwijndrecht, The Netherlands). PCR was performed using
312 KOD polymerase according to the manufacturer's instructions (Merck Millipore, Amsterdam, The
313 Netherlands). PCR products and DNA fragments in agarose gel were purified using the Wizard^R SV gel
314 and PCR Clean-Up System (Promega, Leiden, The Netherlands). PCR-grade chromosomal DNA was
315 isolated by using InstaGene™ Matrix (Bio-rad, Veenendaal, The Netherlands). Ligations were
316 performed using T4 ligase and when applicable either transformed to electrocompetent *E. coli* TOP10
317 (Invitrogen, Breda, The Netherlands) or *L. lactis* NZ9000, IL9000, KW2 or KF147 (65).

318 **Plasmid and mutant construction.** To enable controlled expression of *comX* in *L. lactis*, the *comX*
319 gene was amplified by PCR using the primer pairs C1-C2 or C3-C4, and *L. lactis* KF147 or MG1363
320 chromosomal DNA as a template, respectively. The resulting 502 bp *comX* amplicons were digested
321 with KpnI (introduced in primers C2 and C4) and ligated into KpnI-ScaI digested pNZ8150 (40),
322 yielding pNZ6200 and pNZ6201, respectively. These *comX* overexpression vectors were transformed

323 into electrocompetent *L. lactis* KF147, NZ9000, IL9000 and KW2 (65). The natural competence
324 potential in *L. lactis* strains was evaluated using pIL253 when possible but because of incompatibility
325 of antibiotic resistance markers in strain KW2 an alternative plasmid was constructed in which the
326 erythromycin resistance (*eryR*) gene was replaced by tetracyclin resistance (*tetR*) gene. To this end, a
327 1644 bp *tetR* amplicon was generated using primers C15 and C16 with pGhost8 (66) as a template,
328 and cloned as a PstI-SacI fragment into similarly digested pIL253, yielding pNZ6202.

329 A *comEA-EC* deletion derivative of *L. lactis* KF147 mutant was constructed using double cross over
330 recombination. To construct the mutagenesis fragment, the 5'- and 3'- flanking regions of the
331 *comEA-EC* operon were amplified using chromosomal DNA of strain KF147 as a template and primer
332 pairs C7-C8, and C11-C12, respectively. The tetracyclin resistance encoding gene *tetR* was amplified
333 from pNZ7103 (67) using primers C9 and C10. SOEing PCR (68) was employed to join the three
334 amplicons using the compatible sequence overhangs introduced by the primers in the individual PCR
335 reactions (Table S1), and primers C7 and C12 for amplification in this PCR. The 6 kb SOEing amplicon
336 was purified from 1 % agarose gels and transformed to naturally competent *L. lactis* KF147 (see
337 results section). The anticipated *comEA-EC* deletion in the resulting derivatives of *L. lactis* KF147
338 yielding *L. lactis* NZ6200 was confirmed by PCR using C13 and C14 primers.

339 **Induction of competence in *L. lactis*.** Cells harboring pNZ6200, pNZ6201 or pNZ8150 were grown
340 overnight in GCDM with appropriate antibiotics, followed by subculturing (1:65) in the same medium
341 to an OD₆₀₀ of 0.3 at which Ultrapure Nisin A (Handary, Brussels, Belgium) was added to the media at
342 a final concentration of 0.005, 0.01, 0.03, 0.05, 0.07, 0.1, 0.5 or 2ng/ml. In parallel, 1 µg of plasmid
343 DNA was added. Samples were incubated for 2h at 30°C, after which 5ml recovery medium was
344 added and incubation was continued for another 2 h. Bacteria were pelleted by centrifugation at
345 4000×g for 8 minutes and transformants were enumerated by plating of serial dilutions on GM17
346 plates. KF147 Transformants were subjected to PCR analysis to assess presence of the transformed

347 plasmid with primers PS1 and PS2, whereas the strain-specific primers SS1+2 were used to confirm
348 strain identity.

349 **Analysis of competence gene expression.** RNA was isolated from *L. lactis* cultures using the High
350 Pure RNA isolation kit (Roche Diagnostics Nederland B.V., Almere, The Netherlands), including an on-
351 column DNase treatment. Eluted RNA was again DNase (1 U; Thermo fisher scientific, Waltham, USA)
352 treated for 45 min at room temperature to remove remaining DNA, followed by DNase inactivation
353 by the addition of EDTA to a final concentration of 25mM, followed by heating at 75 °C for 15min.
354 cDNA was prepared using 10 ng total RNA and random hexamer primers in the reverse transcriptase
355 reaction (Applied Biosystems, Foster city, USA) according to the manufacturer's protocol. Control
356 RNA samples that were not reverse transcribed were included as negative control to ensure the
357 absence of DNA contamination. Transcripts of competence genes were quantified using 2 µl cDNA
358 and locus-specific primers for each competence associated target gene (Primers Q1-Q10, Table S1) in
359 SYBR green-quantified PCR (Bio-rad, Veenendaal, The Netherlands). Transcript copy-numbers were
360 calculated using a template standard curve and normalized to the housekeeping-control transcript of
361 *rpoA*. These RT-qPCR analyses were performed in triplicate for each sample using the Freedom EVO
362 100 robot system (Tecan, Männedorf, Switzerland), and amplicon identities were verified using
363 melting curve analysis. The non-parametric Mann-Whitney U-test (one-tailed) was used to determine
364 whether gene expression levels were significantly different between uninduced and induced
365 conditions (P -value<0.05).

366

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Fig. 1: Genomic analysis of 43 *L. lactis* strains to assess genetic capacity to develop natural competence. A concatenated core genome SNP tree of 43 *L. lactis* strain was combined with full-length protein identity-scores (%) for the selected subset of late competence associated proteins in comparison to their homologues in strain *L. lactis* KF147 that was used as a reference. Protein identity scores are depicted within each cell and reflected by gray scales based on the *L. lactis* KF147 query protein sequences in which 90% < full length alignments are considered as presence of the full length of the competence gene. Genetic events leading to competence gene decay (black cells in the figure) are specified as premature stopcodon within the first 90% of the gene (a), transposon insertion (b), prophage insertion (c) absence of gene, mutated/alternative start or lengthened/fused protein; at least more than 25% of its total length (d) , followed by the position within the protein sequence where the event is detected relative to its N-terminus. The source of isolation column letters represent: P= plant, D= dairy, S= soil, W= water, H= human body and F= fruit (69) and references for the genome sequences when available.

Figure 1:

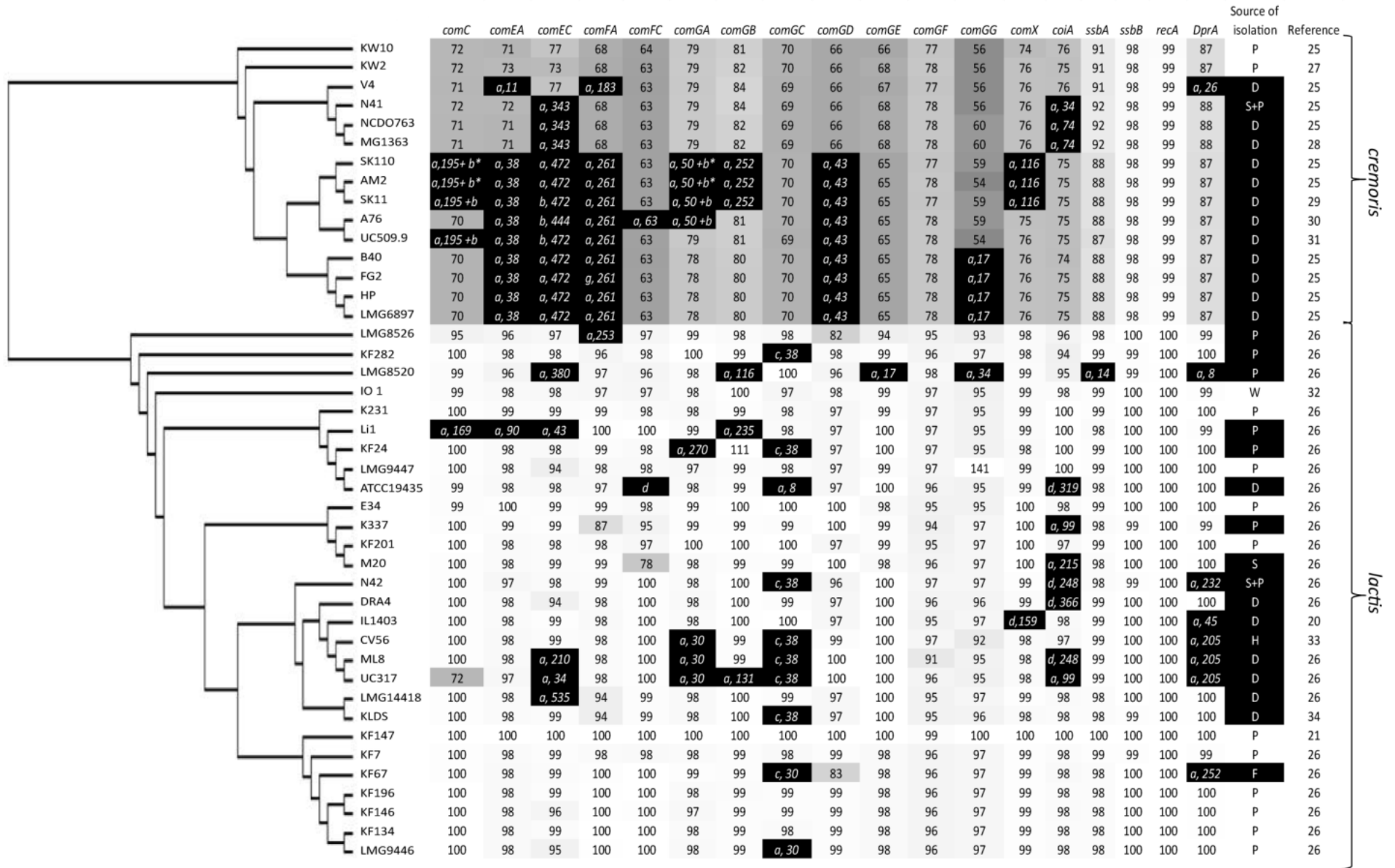


Fig. 2: Impact of ComX expression on growth, late competence gene expression and natural competence phenotype in *L. lactis* KF147. Dose dependent growth inhibition upon nisin induction of *L. lactis* KF147 harboring pNZ6200 (panel A). The arrow indicated the time point of nisin induction. Panel B represents *comX*, *comEA*, *comFA* and *comGA* expression levels after nisin induction, whereas an asterisk indicates significant differences ($P < 0.05$). Number of colonies obtained (panel C) and confirmation of their genetic identity are presented in panels C and D, respectively. Panel E and F display the same analysis in strain *L. lactis* KF147 harboring pNZ6201.

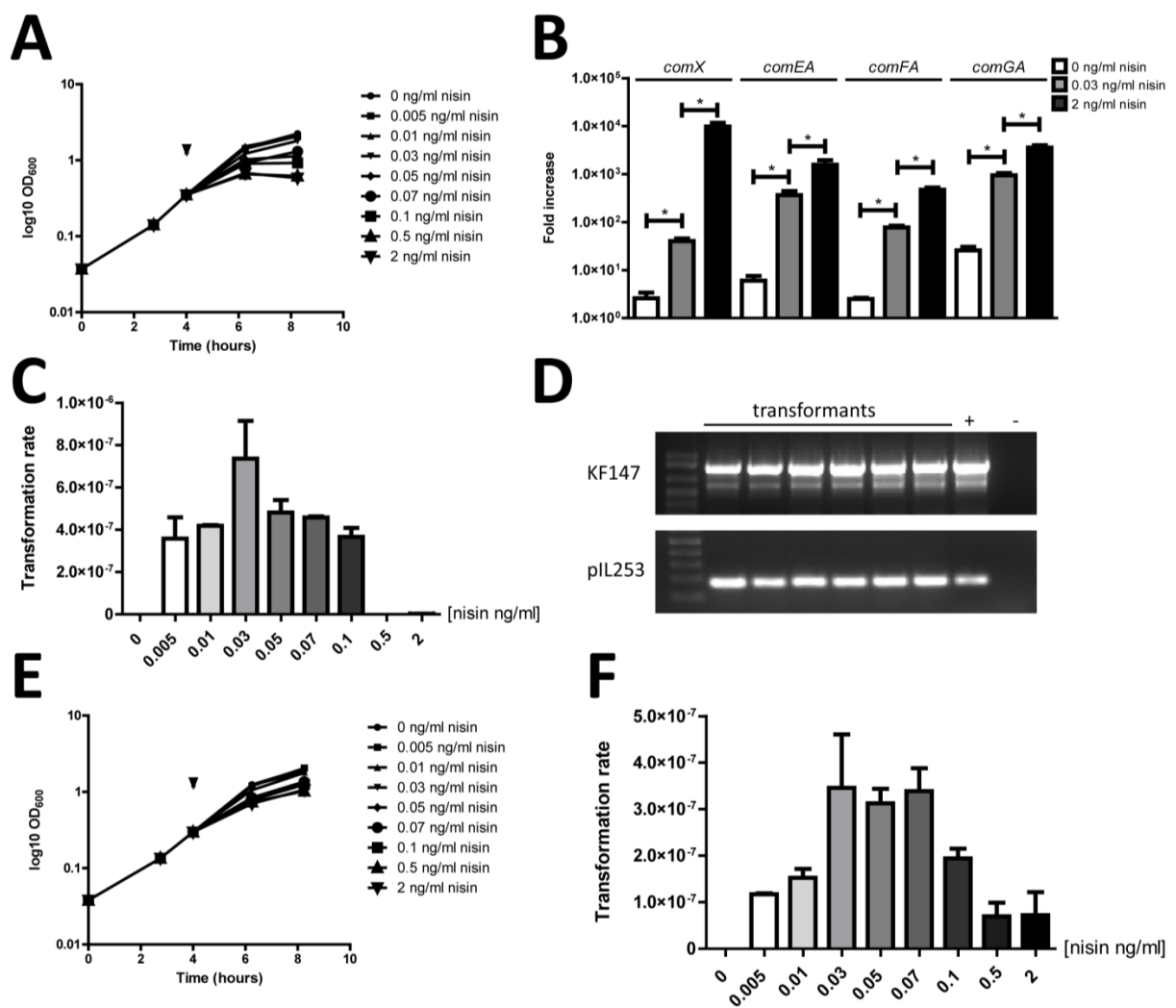


Fig. 3: Natural competence of *L. lactis* KF147 depends on the late competence operon *comEA-EC*.

By employment of a linear mutagenesis fragment, a *comEA-EC* negative derivative of KF147 harboring pNZ6200 (NZ6200) could be obtained with high efficiency (panel A). NZ6200 displayed a similar growth defect upon full nisin induction (panel B) but transformation with pIL253 is not feasible (panel C).

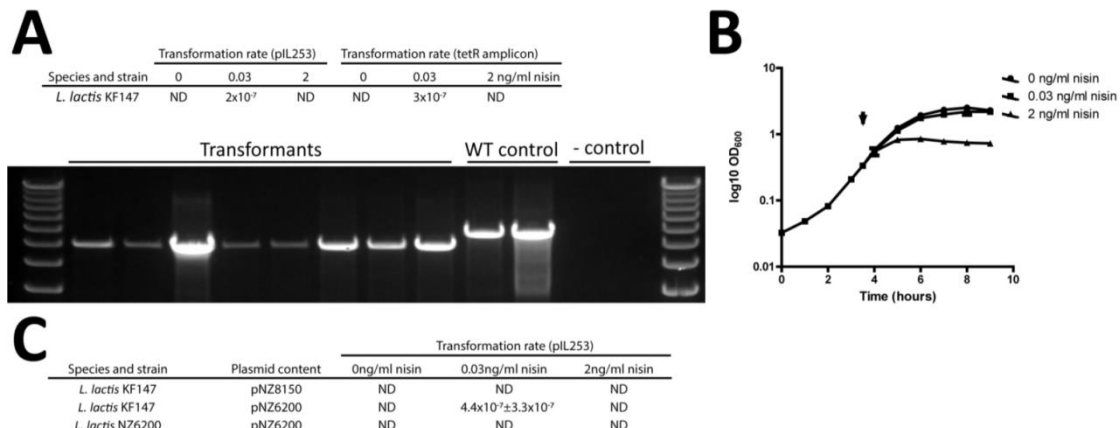


Table 1: Assessing transformation with plasmid pIL253/pNZ6202 by controlled expression of *comX* in *L. lactis* IL9000, NZ9000, and pNZ9531 harboring KW2. Transformation rate is calculated as number of pIL253 or pN6202 transformants/total number of cells/ μ g DNA, ND= not detected.

Species and strain	Plasmid content	Transformation rate (pIL253/pNZ6202)		
		0ng/ml nisin	0.03ng/ml nisin	2ng/ml nisin
<i>L. lactis</i> IL9000	pNZ6200	$1.5 \times 10^{-7} \pm 8.2 \times 10^{-8}$	$1.7 \times 10^{-7} \pm 1.5 \times 10^{-7}$	$3.4 \times 10^{-7} \pm 1.7 \times 10^{-7}$
<i>L. lactis</i> IL9000	pNZ8150	ND	ND	ND
<i>L. lactis</i> KW2	pNZ9531+ pNZ6200	$1.5 \times 10^{-6} \pm 1.1 \times 10^{-6}$	$1.0 \times 10^{-5} \pm 9.2 \times 10^{-7}$	$5.2 \times 10^{-6} \pm 3.1 \times 10^{-6}$
<i>L. lactis</i> KW2	pNZ9531+ pNZ6201	$1.1 \times 10^{-6} \pm 1.1 \times 10^{-6}$	$6.2 \times 10^{-6} \pm 5.7 \times 10^{-6}$	$3.1 \times 10^{-7} \pm 2.2 \times 10^{-7}$
<i>L. lactis</i> KW2	pNZ9531+ pNZ8150	ND	ND	ND
<i>L. lactis</i> NZ9000	pNZ6200	ND	ND	ND
<i>L. lactis</i> NZ9000	pNZ8150	ND	ND	ND