

1 **EFA6 regulates selective polarised transport and axon regeneration from the axon**  
2 **initial segment**

3 **Running Title:** EFA6 regulates axon regeneration

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11 **Key Words:** Axon regeneration, axon transport, neuronal polarisation, axon initial segment,  
12 integrins, recycling endosomes.

13

14 **Summary Statement:** We identify a novel resident of the axon initial segment, EFA6. This  
15 functions to prevent growth-promoting molecules from entering mature CNS axons.  
16 Removing EFA6 elevates the axon's regenerative potential.

17

18 **Abstract**

19 It is not clear why central nervous system (CNS) axons lose their intrinsic ability to  
20 regenerate with maturity, whilst peripheral (PNS) axons do not. A key difference between  
21 these neuronal types is their ability to transport integrins into axons. Integrins can mediate  
22 PNS regeneration, but are excluded from adult CNS axons along with their rab11 positive  
23 carriers. We reasoned that this exclusion might contribute to the intrinsic inability of CNS  
24 neurons to regenerate, and investigated this hypothesis using laser axotomy. We identify a  
25 novel regulator of selective axon transport and regeneration, the ARF6 GEF EFA6. EFA6  
26 exerts its effects from a previously unreported location within the axon initial segment (AIS).  
27 EFA6 does not localise here in DRG axons, and in these neurons, ARF activation is  
28 counteracted by an ARF-GAP which is absent from the CNS, ACAP1. Depleting EFA6 from  
29 cortical neurons permits endosomal integrin transport and enhances regeneration, whilst  
30 overexpressing EFA6 prevents DRG regeneration. Our results demonstrate that ARF6 is an  
31 intrinsic regulator of regenerative capacity, implicating EFA6 as a focal molecule linking the  
32 axon initial segment, signalling and transport.

## 33 **Introduction**

34 Axons in the brain and spinal cord do not regenerate after injury because of a low intrinsic  
35 capacity for growth and extrinsic inhibitory factors (Fitch and Silver, 2008; Geoffroy and  
36 Zheng, 2014). Targeting inhibitory factors can promote recovery through sprouting and  
37 plasticity (Schwab and Strittmatter, 2014; Silver et al., 2014), but these interventions need to  
38 be combined with a strategy that promotes long range growth to optimise functional recovery.  
39 A number of studies have therefore focused on enhancing intrinsic regenerative capacity.  
40 These studies have identified signalling pathways and genetic factors that can be targeted to  
41 promote regeneration (Lindner et al., 2013; Liu et al., 2011; Moore and Goldberg, 2011),  
42 however regenerated axons often fail to reach their correct targets (Pernet and Schwab, 2014)  
43 and the cellular mechanisms downstream of these regeneration regulators are not completely  
44 understood. Investigating the mechanisms governing regenerative ability will help to explain  
45 how single interventions can orchestrate the numerous changes required to convert a dormant  
46 fibre into a dynamic structure capable of long range growth (Bradke et al., 2012).

47 Neurons in the peripheral nervous system (PNS) have a much greater capacity for  
48 regeneration, and can regenerate over long distances through the spinal cord if provided with  
49 an appropriate, activated integrin (Cheah et al., 2016). Integrins are adhesion molecules that  
50 mediate PNS regeneration, but are excluded from CNS axons after development (Andrews et  
51 al., 2016; Franssen et al., 2015). They are transported into PNS axons in recycling endosomes  
52 marked by the small GTPase rab11 (Eva et al., 2010). Rab11 governs the trafficking of many  
53 growth-promoting molecules (Solis et al., 2013; Wojnacki and Galli, 2016), and is necessary  
54 for growth cone function during development (Alther et al., 2016; van Bergeijk et al., 2015).  
55 However, rab11 is also excluded from mature CNS axons (Franssen et al., 2015; Sheehan et  
56 al., 1996). We reasoned that this restriction could be a major cause of regeneration failure,  
57 and that its reversal might be one of the mechanisms required to convert a quiescent axon into  
58 one capable of growth. Using a cell biology approach, we set out to determine how integrin  
59 and rab11 exclusion is controlled, whether it plays a part in governing regenerative ability,  
60 and how its regulation differs in PNS *vs.* CNS neurons.

61 Integrins are excluded from axons by two seemingly separate mechanisms involving ARF6  
62 and the axon initial segment (AIS) (Franssen et al., 2015). We wondered whether these two  
63 mechanisms might be linked, and whether they might play a role in regulating regeneration.  
64 We identify the AIS-enriched ARF6 GEF EFA6 as a key molecule controlling selective axon  
65 transport and regenerative ability in CNS neurons. ARF6 and rab11 function as part of a

66 complex, with ARF6 activation regulating transport direction (Montagnac et al., 2009). We  
67 used live cell imaging to determine that EFA6 regulates not only integrin transport, but also  
68 the transport of recycling endosomes marked by rab11. Removing EFA6 allows transport  
69 throughout CNS axons, and enables them to regenerate more efficiently after *in vitro* laser  
70 axotomy. This led us to understand why sensory axons have a much higher ability to  
71 regenerate than CNS neurons. In sensory neurons there is no transport block (Andrews et al.,  
72 2016). We show that EFA6 is not enriched in the initial part of PNS axons, but is instead  
73 present at low levels along the axon shaft. In these neurons, EFA6 activity is counteracted by  
74 an ARF6 inactivator (GAP) which is not present in CNS neurons, ACAP1. This is expressed  
75 at high levels throughout PNS axons. Overexpression of EFA6 inhibits PNS regeneration, as  
76 a result of its ARF GEF activity. Our results demonstrate that EFA6 and ARF6 are intrinsic  
77 regulators of regenerative capacity, and that they can be targeted to restore transport and  
78 promote regeneration.

79

## 80 **Results**

### 81 **EFA6 localises to the axon initial segment, and activates axonal ARF**

82 Our hypothesis was that the exclusion of integrins and rab11 positive recycling endosomes  
83 from adult CNS axons contributes to their inability to regenerate; that restoring the ability of  
84 CNS axons to transport growth-promoting machinery should boost their intrinsic regenerative  
85 ability. We aimed to identify novel targets for promoting axon transport and regeneration in  
86 CNS neurons. This would mean that in future, integrins might be used to promote guided  
87 regeneration of CNS axons through the spinal cord, as has already been achieved for sensory  
88 axons (Cheah et al. 2016). Finally, we anticipated that investigating CNS and PNS neurons  
89 might start to explain why these two different classes of neurons have different regenerative  
90 abilities, and identify mechanisms that may be functioning downstream of known regulators  
91 of regeneration.

92 We have previously found that several influences are responsible for excluding integrins from  
93 CNS axons (cortical neurons), including the axon initial segment (AIS) and a mechanism  
94 involving dynein dependent retrograde transport regulated by the small GTPase ARF6  
95 (Franssen et al., 2015). An ARF6-rab11-JIP3/4 complex is known to control the direction of  
96 recycling endosome transport (Montagnac et al., 2009). We aimed to identify a single  
97 molecule which can be targeted to facilitate transport and promote regeneration, which might

98 be functioning as a focal point to regulate signalling and transport mechanisms from the AIS.  
99 We reasoned that there may be an ARF6 activator in the AIS which prevents axonal integrin  
100 transport by stimulating retrograde transport, and unites these apparently unconnected  
101 mechanisms. For this work we have used a model of progressive regeneration failure in  
102 maturing cortical neurons validated in our previous research (Franssen et al. 2015, Koseki et  
103 al. 2017).

104 Of the known ARF6 guanine-nucleotide exchange factors (GEFs), EFA6 is strongly  
105 upregulated as neurons mature and develop selective polarised transport (Choi et al., 2006). It  
106 has a similar membrane targeting region to AIS spectrin (Derrien et al., 2002), and opposes  
107 axon regeneration in *c.elegans* (Chen et al., 2011). We used immunofluorescence to examine  
108 EFA6 localisation in cortical neurons differentiating *in vitro*. From 7 days *in vitro* (DIV)  
109 EFA6 was enriched in the initial part of the axon, where it colocalised with the AIS marker  
110 neurofascin (Fig. 1A). It was also present at lower levels throughout dendrites and the cell  
111 body, as previously reported (Choi et al., 2006) (Fig. 1A and B). EFA6 is an ARF6 GEF  
112 (Macia et al., 2001), which also regulates microtubules in *c. elegans* (Chen et al., 2011). We  
113 therefore investigated whether EFA6 was regulating ARF activation and/or microtubule  
114 dynamics. To investigate EFA6 GEF activity, we visualised activated ARF using the ARF  
115 binding domain (ABD) of GGA3 fused to a GST tag in 14DIV neurons. GGA3 is a coat  
116 protein that interacts only with the active form of ARF. ARF activation was not restricted to  
117 the AIS; instead we found a strong signal throughout axons (Fig. 2A). Importantly, this signal  
118 was not evident at 4DIV (when integrins and rab11 are transported into cortical axons). At  
119 this stage, when EFA6 was not enriched in the AIS, sparse vesicular structures were observed  
120 along the axons and these diminished at growth cones (Fig. 2B). Imaging at higher  
121 magnification confirmed that active ARF was detected uniformly along axons at the later  
122 developmental stage (Fig. 2C). To determine whether EFA6 was involved in axonal ARF  
123 activation in differentiated neurons, we depleted EFA6 with shRNA (Fig. S1). This led to a  
124 strong reduction in ARF activation throughout the axon, but did not affect total ARF6 (Fig.  
125 2D). EFA6 preferentially activates ARF6 (Macia et al., 2001), so our finding suggests that  
126 EFA6 functions to activate ARF6 throughout axons, despite being restricted to the AIS. We  
127 next examined whether rodent EFA6 regulates microtubule dynamics by live imaging of the  
128 microtubule end-binding protein EB3-GFP, both in the AIS and throughout the axons of  
129 neurons expressing either control or EFA6 shRNA. We found that EB3-GFP was enriched in  
130 the AIS of control transfected neurons, as previously reported (Letierrier et al., 2011).

131 Silencing EFA6 with shRNA had no effect on this distribution (Movies 1 and 2), suggesting  
132 that EFA6 does not affect microtubule stabilisation within the AIS (Letierrier et al., 2011). As  
133 a result of the high density of EB3 in the AIS, we did not detect comets here, even after  
134 depletion of EFA6. EB3-GFP comets were detected more distally into axons, but silencing  
135 EFA6 had no effect on either the number or behaviour of comets (Fig. S2). These data  
136 suggest that the developmental rise of EFA6 in the AIS leads to activation of ARF6  
137 throughout mature CNS axons. However, rodent EFA6 does not regulate axonal microtubule  
138 dynamics as has been observed in *c. elegans*. This is consistent with the absence of the  
139 microtubule binding domain in mammalian EFA6.

#### 140 **EFA6 directs integrins away from axons**

141 Whilst endogenous integrins are restricted to dendrites in differentiated CNS neurons,  
142 overexpressed integrins enter proximal axons where they exhibit predominantly retrograde  
143 transport. Retrograde transport is one mechanism through which a polarised distribution can  
144 be achieved in neurons (Guo et al., 2016; Kuijpers et al., 2016). The direction of axonal  
145 integrin transport is regulated by ARF6 activation state, such that elevated ARF6 activation  
146 causes retrograde transport (Franssen et al., 2015). Removal of the chief ARF6 activator,  
147 EFA6, should therefore facilitate anterograde integrin transport. We used live spinning disc  
148 confocal microscopy to image and analyse axonal integrin movement at three points (AIS,  
149 proximal and distal) using  $\alpha 9$  integrin-GFP (this integrin promotes spinal sensory  
150 regeneration (Cheah et al., 2016)), in the presence of EFA6-shRNA or control. Anterograde  
151 transport was almost undetectable in control transfected neurons. These exhibited  
152 predominantly retrograde and static vesicles, and there was a rapid decline in integrin levels  
153 with distance (Fig. 3A and B, Fig. S3, Movies 3 and 4). Depleting EFA6 initiated  
154 anterograde transport, diminished retrograde transport, and increased integrins in all segments  
155 of the axon (average 8.3 vesicles per section/AIS, 7.9/proximal, 7.1/distal). Endogenous  $\beta 1$   
156 integrin (the binding partner of  $\alpha 9$ ) also entered axons. Measurement of the axon-dendrite  
157 ratio showed that depleting EFA6 lead to integrins being present in axons at a similar level to  
158 dendrites (axon-dendrite ratio changing from 0.24 in control transfected neurons, to 0.95 in  
159 neurons expressing EFA6 shRNA) (Fig. 3C and D). Removing the ARF6 GEF EFA6  
160 therefore enables anterograde integrin transport and increases integrin levels throughout the  
161 axon.

162

#### 163 **EFA6 directs rab11 endosomes away from axons, but does not affect APP transport**

164 Axonal integrins traffic via recycling endosomes marked by rab11. This small GTPase is  
165 necessary for growth cone function during developmental axon growth in the CNS and  
166 involved in axon regeneration (Eva et al., 2010; Nguyen et al., 2016; van Bergeijk et al.,  
167 2015). However, it is excluded from mature CNS axons (Franssen et al., 2015; Sheehan et al.,  
168 1996). Rab11 and ARF6 cooperate to control microtubule-based transport direction  
169 (Montagnac et al., 2009) and axon growth (Eva et al., 2012; Eva et al., 2010; Suzuki et al.,  
170 2010). From its effects on integrin transport, we reasoned that EFA6 may be pivotal in  
171 directing rab11 away from axons. As with integrins, some overexpressed rab11-GFP leaks  
172 into CNS axons (detectable as vesicular punctae) although at much lower levels than  
173 dendrites. This allows for analysis of axonal vesicle dynamics (Fig. 4A). In the AIS  
174 individual vesicles could not be distinguished (Fig. 4A, AIS kymograph). Beyond the AIS,  
175 anterograde transport was minimal in control transfected cells, with the majority of vesicles  
176 moving either retrograde, bidirectional, or remaining immobile. Overall transport declined  
177 with distance (Average 12.3 vesicles per proximal section, 6.7 per distal section, Fig. 4B).  
178 Expressing EFA6-shRNA stimulated anterograde transport. There was also a reduction in  
179 retrograde transport in the proximal axon, an increase in bidirectional movement in the distal  
180 axon, and an increase in immobile punctae throughout the axon (Fig. 5A and B, and extended  
181 data figure 4 and 5-1). These transport changes permitted endogenous rab11 to enter axons,  
182 altering the axon:dendrite ratio from 0.35 to 0.94 (control vs. EFA6 shRNA) (Fig. 4C and D).  
183 EFA6 therefore functions to limit the axonal localisation of integrins and rab11 positive  
184 endosomes. To confirm the selectivity of these effects we also analysed the transport of  
185 amyloid precursor protein (APP), a molecule which targets to CNS axons (Chiba et al., 2014)  
186 that is not normally found in rab11 endosomes (Steuble et al., 2012). We found no  
187 differences in APP axon transport dynamics between neurons expressing control or EFA6  
188 shRNA (Fig. 4E and F), indicating that EFA6 depletion does not alter global axon transport.

189

### 190 **EFA6 depletion enhances regeneration of CNS axons**

191 Rab11, integrins and reduced ARF6 activity are all beneficial for axon growth (Cheah et al.,  
192 2016; Eva et al., 2012; Eva et al., 2010; Franssen et al., 2015; Gardiner, 2011; van Bergeijk et  
193 al., 2015). We therefore asked whether silencing EFA6 would intrinsically enhance  
194 regeneration. *In vitro* single-cell axotomy enables detailed study of intrinsic regenerative  
195 capacity, allowing morphological evaluation of the regenerative response after injury  
196 (Gomis-Ruth et al., 2014). We developed an *in vitro* laser axotomy protocol for analysing the



197 regeneration of individually axotomised cortical neurons (Koseki et al., 2017). E18 rat  
198 cortical neurons were cultured on glass imaging dishes, transfected at 10DIV, and used for  
199 experiments at 14-17DIV. We used this system to study the effects of EFA6 depletion on  
200 regeneration of cortical neurons after laser axotomy (Fig. 5A and S4). When regeneration  
201 was successful, we recorded growth cone size, time taken to regenerate, and distance grown  
202 after regeneration (within the experimental time frame). We recorded whether axons formed  
203 stumps or motile end bulbs after injury when regeneration failed (Fig. 5B-C). By 14DIV  
204 integrins and rab11 are mostly excluded from axons, and their ability to regenerate is limited  
205 (Koseki et al., 2017). Neurons expressing EFA6-shRNA showed a substantial increase in  
206 regeneration with 57.6% of neurons regenerating their axons within 14 hours, compared to  
207 27.4% of neurons expressing control-shRNA (Fig. 5D-F, Movies 5 and 6). They also  
208 developed larger growth cones, extended their axons over greater distances and initiated  
209 regeneration more rapidly than cells expressing control-shRNA (Fig. 5D, E, H-J). EFA6  
210 shRNA treated neurons tended to form motile bulbs when they failed to regenerate (84.8%),  
211 whereas control transfected cells tended to form immobile stumps (55%) (Fig. 5B, C, D, E  
212 and G). Depleting EFA6 therefore raises the regenerative capacity of differentiated cortical  
213 neurons.

#### 214 **ARF6 is an intrinsic regulator of regenerative capacity**

215 As EFA6 contributes to the low regenerative capacity of CNS neurons, we reasoned that  
216 neurons that can regenerate their axons should either have less axonal EFA6, or a means of  
217 counteracting its effects. In the PNS, adult dorsal root ganglion (DRG) neurons have  
218 regenerative axons which permit integrin and rab11 transport (Andrews et al., 2016;  
219 Gardiner, 2011). When we examined EFA6 in adult DRG neurons we found remarkably high  
220 levels in the cell body, and lower levels throughout axons (Fig. 6A). We speculated that this  
221 may be counteracted by an ARF6 inactivator and investigated ACAP1, a known regulator of  
222 integrin traffic which we previously used to manipulate integrin transport in DRG axons (Eva  
223 et al., 2012; Li et al., 2005). ACAP1 was present in adult DRG neurons, throughout axon  
224 shafts and at growth cones, but was absent from cortical neurons (Fig. 6A). This led us to  
225 compare ARF activation in DRG and differentiated cortical neurons. We found that ARF  
226 activation was evident in DRG axons, but at a lower level than cortical axons (Fig. 6B). This  
227 suggests that PNS axons may be better regenerators due to expression of an ARF6  
228 inactivator. This hypothesis predicts that elevating ARF6 activation in DRG axons would  
229 inhibit regeneration. We used laser axotomy to injure the axons of adult DRG neurons *in*

230 *vitro*. We examined regeneration in the presence of overexpressed GFP, EFA6-GFP, or EFA6  
231 E242K-GFP (ARF6 activation incompetent) (Fig. 7). Control DRG axons regenerate rapidly,  
232 so that by 2hrs after injury 68.6% of GFP expressing axons had developed new growth cones  
233 (Fig. 7A, C and E, Movie 7). Overexpression of EFA6 led to a dramatic reduction in  
234 regenerative capacity with only 19.2% of axons regenerating growth cones (Fig. 7B, D and E,  
235 Movie 8). This effect was primarily due to EFA6 GEF activity, as expression of EFA6  
236 E242K did not have the same effect, allowing 50.5% of axons to regenerate (Fig. 7E and S5).  
237 This suggests that EFA6 opposes regeneration principally by virtue of its GEF activity  
238 towards ARF6. The data demonstrate that ARF6 activation state plays a central role in  
239 regulating the regenerative capacity of DRG neurons. Taken together with our findings in  
240 differentiated cortical neurons, our data suggest that the activation state of ARF6 is an  
241 intrinsic regulator of axon regeneration, responsible for the exclusion of Rab11 vesicles and  
242 their contents from CNS axons.

## 243 **Discussion**

244 Our data demonstrate that the exclusion of integrins and recycling endosomes from mature  
245 CNS axons plays an important role in limiting regenerative potential. We show that EFA6 is  
246 developmentally up-regulated and enriched in the AIS at a time when integrin transport  
247 becomes predominantly retrograde (Franssen et al., 2015), and neurons lose their ability to  
248 regenerate. From its site in the initial part of the axon, EFA6 functions to activate ARF6  
249 throughout mature axons, leading to retrograde removal of integrins and rab11 endosomes.  
250 Removing EFA6 restores transport, and facilitates regeneration. These phenomena are  
251 specific to CNS neurons, as EFA6 is not enriched in the initial part of regenerative PNS  
252 axons (of sensory DRG neurons). Sensory neurons regulate axonal ARF6 differently, by  
253 expressing an ARF GAP which is absent from cortical neurons, ACAP1. Overexpressing  
254 EFA6 opposes regeneration in these neurons, principally by virtue of its GEF domain. Our  
255 findings start to explain, at a cellular level, why PNS neurons have a better capacity for  
256 regeneration than their CNS counterparts. The results implicate ARF6 as an intrinsic  
257 regulator of regenerative potential, and identify EFA6 as a novel target for promoting CNS  
258 axon regeneration.

## 259 **EFA6 activates axonal ARF to control selective polarised transport**

260 We have found that EFA6 activates ARF6 throughout the axon despite being enriched in the  
261 AIS. How does EFA6 achieve ARF activation over long distances? This may involve a  
262 complex interaction with an additional ARF regulator, ARNO, which localises throughout the



263 axon (Franssen et al., 2015). EFA6 is known to control a negative-positive feedback circuit  
264 between EFA6, ARF6 and ARNO. EFA6 is necessary to establish initial ARF activation,  
265 which is consequently maintained by ARNO (Padovani et al., 2014). In axons, ARF  
266 activation event may be spatially regulated, with initial activation occurring within the AIS,  
267 and subsequent activation maintained throughout the axon by ARNO. Axonal ARF activation  
268 may be necessary to aid neurotransmission, because ARF6 activation drives synaptic vesicles  
269 towards recycling rather than endosomal sorting, enabling maintenance of the readily  
270 releasable synaptic vesicle pool (Tagliatti et al., 2016).

271 The AIS is primarily responsible for initiation of the action potential, but is also involved in  
272 the polarised delivery of membrane proteins, ensuring the correct distribution of axonal and  
273 dendritic machinery as neurons mature (Bentley and Banker, 2016; Rasband, 2010). The  
274 molecular mechanisms through which this is achieved are not completely understood, but are  
275 reported to involve the actin and microtubule cytoskeleton (Arnold, 2009; Britt et al., 2016)  
276 and dynein dependent retrograde transport (Kuijpers et al., 2016). We have previously found  
277 that integrins are removed from axons by dynein dependent retrograde transport, and that  
278 lowering ARF activation reduces retrograde removal of integrins and allows modest  
279 anterograde transport. We also found that removing the AIS by silencing is central organiser,  
280 ankyrin G, also permits some anterograde transport, but we did not understand how these  
281 phenomena might be linked. Here we establish a mechanism for the removal of both integrins  
282 and rab11 endosomes, controlled by EFA6 from a location in the AIS. EFA6 is probably  
283 localised here by virtue of its membrane targeting motif, which has a high degree of  
284 homology with the membrane binding region of the AIS component,  $\beta$ IV spectrin (Derrien et  
285 al., 2002). Our current data suggest a novel model for selective distribution. The selectivity  
286 comes from the involvement of the small GTPases ARF6 and rab11, and likely involves the  
287 adaptor molecules JIP3 and 4. ARF6 forms a complex with rab11, and the adaptor molecules  
288 JIP 3 and 4: the activation state of ARF6 determines whether this complex associates with  
289 dynein or kinesin, and therefore its direction of transport (Montagnac et al., 2009). The JIP  
290 adaptors are part of a family of 4 proteins (JIPs 1-4,) which link cargo to motor proteins. JIPs  
291 1 and 2 are similar to each other, but differ from JIPs 3 and 4 (Koushika, 2008). ARF6 is  
292 known to interact with JIP3 in cortical axons (Suzuki et al., 2010). Crucially ARF6 does not  
293 interact with JIPs 1 and 2 (Koushika, 2008), meaning that its activation will not affect the  
294 transport of cargo which interacts specifically with these two adaptors. We have shown here  
295 that APP transport is not affected by EFA6 silencing. It is important to note that APP

296 interacts with JIPs 1 and 2, and not JIP 3 or 4 (Chiba et al., 2014; Edwards et al., 2013). APP  
297 also traffics independently from rab11 (Chiba et al., 2014). We speculate that for the axonal  
298 transport of a molecule to be affected by ARF6, it needs to traffic through a rab11/ARF6  
299 compartment, and also interact with JIP 3/4. The ARF-dependent control of entry to a  
300 specific cellular compartment is not without precedent. A similar mechanism regulates the  
301 entry of rhodopsin into primary cilia. In this case, a specific ARF inactivator (ASAP1) is  
302 required to permit ARF4 and rab11 dependent transport (Wang et al., 2012).

### 303 **Rab11, ARF6 and axon regeneration**

304 Much is known about the mechanisms required for growth cone formation and subsequent  
305 axon growth, but is not understood why these mechanisms are not recapitulated after injury in  
306 the brain or spinal cord (Bradke et al., 2012). Our study demonstrates that the supply of  
307 growth promoting material in recycling endosomes is an important factor governing  
308 regenerative potential. An axon cannot rebuild a functional growth cone without the  
309 appropriate materials. It is well established that integrins are important for axon growth  
310 during development as well as for regeneration after injury in the PNS (Gardiner, 2011;  
311 Myers et al., 2011), and it would appear that the same can be said for rab11 positive recycling  
312 endosomes. These are necessary for growth cone function in CNS neurons during  
313 development (Alther et al., 2016; van Bergeijk et al., 2015), and now appear to participate in  
314 regeneration of CNS neurons axotomised *in vitro*. Some of rab11's functions during axon  
315 growth may be due to the supply of integrins, however other growth-promoting molecules  
316 also traffic via rab11, including neurotrophin receptors, (Ascano et al., 2009; Lazo et al.,  
317 2013), and the pro-regenerative flotillin/reggie proteins (Bodrikov et al., 2017).

318 Our data imply a central role for ARF6 and EFA6 in determining the intrinsic regenerative  
319 ability of neurons. As CNS neurons mature, EFA6 is enriched in the initial part of the axon,  
320 leading to axonal ARF activation and retrograde removal of molecules necessary for growth.  
321 Conversely, adult PNS neurons regenerate better, have low levels of EFA6 in their axons,  
322 express an ARF6 inactivator, which is not found in cortical neurons (ACAP1), and permit  
323 rab11 and integrin transport (Eva et al., 2010). Overexpressing EFA6 in PNS neurons leads to  
324 a reduction in regenerative capacity (and increased retrograde transport, (Eva et al., 2012)),  
325 while decreasing EFA6 in cortical neurons restores regeneration. These combined results  
326 suggest that ARF6 functions as an intrinsic regulator of regenerative capacity, governed by its  
327 activation state. This novel finding is in keeping with a known intrinsic regulator of  
328 regenerative potential, the tumour suppressor PTEN. Deleting PTEN enhances regeneration

329 in the CNS, partly through the PI3 kinase/AKT/mTOR pathway (Park et al., 2008). PTEN  
330 and PI3 kinase counteract each other to regulate the amounts of phosphatidylinositol  
331 phosphates (PIPs) PIP2 and PIP3. The majority of ARF6 GEFs and GAPs are regulated  
332 downstream of PIP2 or PIP3 (Randazzo et al., 2001), and the activity of EFA6 is strongly  
333 elevated in the presence of PIP2 (Macia et al., 2008). It is therefore possible that deletion of  
334 PTEN could result in less PIP2, and lowered EFA6 activity. We hypothesise that the  
335 expression profile of axonal ARF regulators and the phosphoinositide environment are  
336 crucial factors that control the axonal entry of regenerative machinery and its subsequent  
337 insertion onto the surface membrane. These are crucial factors that determine whether a  
338 damaged axon can reconstruct a functional growth cone to drive guided axon regeneration  
339 after injury.

## 340 **Materials and Methods**

### 341 **Neuron cultures and transfection**

342 Primary cortical neuron cultures were prepared from embryonic day 18 (E18) Sprague  
343 Dawley rats. Neurons were dissociated with papain (Worthington) for 8 min at 37°C, washed  
344 with HBSS and cultured in NeuralQ<sup>®</sup> Basal Medium (AMSBio) supplemented with GS21  
345 (AMSBio), and glutamax (Thermo). Cells were plated on glass-bottom dishes (Greiner)  
346 coated with poly-D-lysine. Culture dishes were incubated in humidified chambers to prevent  
347 evaporation of culture medium, allowing long-term culture (up to 28days in vitro (DIV)).  
348 DRG neuronal cultures were obtained from adult male Sprague Dawley rats. DRGs were  
349 incubated with 0.1% collagenase in DMEM for 90 min at 37°C followed by 10 min in trypsin  
350 at 37°C. DRGs were dissociated by trituration in a blunted glass pipette. Dissociated cells  
351 were then centrifuged through a layer of 15% bovine serum albumin (BSA), washed in  
352 DMEM, and cultured on 1 µg/ml laminin on poly-D-lysine coated glass-bottom dishes  
353 (Greiner) in DMEM supplemented with 10% fetal calf serum (Thermo), 1%  
354 penicillin/streptomycin, and 50 ng/ml nerve growth factor (NGF). Cortical neurons were  
355 transfected by oscillating nano-magnetic transfection (magnefect nano system, nanoTherics,  
356 Stoke-On-Trent, UK) as previously described (Franssen et al., 2015). For EFA6 silencing,  
357 cells were transfected at 10DIV, and experiments (imaging or axotomy) were performed  
358 between 14 and 17 DIV. Transfections of dissociated adult DRG neurons were performed *in*  
359 *situ* at 1DIV as previously described (Eva et al., 2012) using a Cellaxess in-dish  
360 electroporator (Celectricon).

## 361 **DNA and shRNA constructs**

362 Integrin alpha9 EGFP-N3 was obtained from Addgene (Addgene plasmid # 13600),  
363 deposited by Prof. Dean Sheppard (University of California, San Francisco, CA), previously  
364 characterised (Eva et al., 2012; Eva et al., 2010; Franssen et al., 2015). cDNA encoding  
365 human Rab11a was amplified by PCR introducing HindIII and BamHI restriction sites, and  
366 cloned into EGFP-C2 (Eva et al., 2010). APP-GFP was a gift from Prof. Michael Coleman  
367 (Cambridge University, Centre for Brain Repair)(Hung and Coleman, 2016). EB3-GFP was a  
368 gift from Prof. Casper Hoogenraad (Utrecht University, Netherlands) (Stepanova et al.,  
369 2003). Human EFA6 ORF in pFLAG-CMV6-EFA6 (Brown et al., 2001) was a gift from Dr.  
370 Julie Donaldson (Bethesda, MD). Human EFA6 cDNA was obtained by PCR amplification  
371 using pFLAG-CMV6-EFA6 as a template and was digested with EcoRI and SalI and cloned  
372 into the same sites of pEGFP-C1 (Clontech) to obtain pEGFPC1-EFA6 (Eva et al., 2012). Rat  
373 EFA6 (NM\_134370) in pcDNA3.1-C-(k)DYK (FLAG tag) was obtained from Genscript.  
374 EFA6 E242K-GFP (Luton et al., 2004) was a gift from Frederic Luton (Valbonne, France).  
375 EFA6 silencing was achieved using shRNA targeting EFA6 in pRFP-C-RS (PSD gene  
376 NM\_134370, targeting sequence cagtctggattactcgcataatgtggt) (Origene). Non-effective 29-  
377 mer scrambled shRNA cassette in pRFP-C-RS vector (Origene) was used as a control.

## 378 **Antibodies**

379 Guinea pig polyclonal EFA6A (1626) antibody was a gift from Prof. Eunjoon Kim (Daejeon,  
380 South Korea) previously characterised (Choi et al., 2006) and used in independent studies  
381 (Raemaekers et al., 2012; Sannerud et al., 2011). Other primary antibodies: mouse anti-  
382 neurofascin clone A12/18, NeuroMab (RRID:AB\_10671311). Rabbit anti-Rab11 71-5300,  
383 Thermo. Rabbit anti-ARF6 ab77581 (Abcam,) Rabbit anti-GST ab19256 (Abcam,) mouse  
384 anti-FLAG ab18230 (Abcam). Mouse anti beta actin ab8226 (Abcam), rabbit anti-tRFP  
385 (Evrogen), anti-integrin  $\beta$ 1 clone EP1041Y (04-1109, Millipore), anti- pan-axonal  
386 neurofilaments mouse monoclonal SMI312 (Abcam ab24574). ACAP1 detected with goat  
387 anti Centaurin  $\beta$ 1 ab15903 (Abcam). Secondary antibodies were alexa conjugates from  
388 Thermo used at 1:800. Secondary antibodies for western blotting were HRP conjugates from  
389 GE Life Sciences.

## 390 **Microscopy**

391 Laser scanning confocal microscopy was performed using a Leica DMI4000B microscope,  
392 with laser scanning and detection achieved by a Leica TCS SPE confocal system controlled  
393 with Leica LAS AF software. Fluorescent and widefield microscopy was performed using a

394 Leica DM6000B with a Leica DFC350 FX CCD camera and a Leica AF7000 with a  
395 Hamamatsu EM CCD C9100 camera and Leica LAS AF software. Leica AF7000 was also  
396 used for imaging of axon and growth cone regeneration after axotomy. Live confocal imaging  
397 was performed with an Olympus IX70 microscope using a Hamamatsu ORCA-ER CCD  
398 camera and a PerkinElmer UltraVIEW scanner for spinning disk confocal microscopy,  
399 controlled with MetaMorph software.

#### 400 **Analysis of EFA6 distribution in axons and dendrites**

401 E18 Cortical neurons were fixed at DIV 3, 7, 14 or 21 and EFA6 was detected using the  
402 antibody described above. The axon initial segment was located using anti-pan-neurofascin.  
403 All cultures were fixed and labelled using identical conditions. EFA6 fluorescence intensity  
404 was measured in the AIS and at a region  $>50\mu\text{m}$  beyond the AIS, and then at similar regions  
405 in two dendrites to give a mean dendrite figure. Images were acquired by confocal laser  
406 scanning microscopy using a Leica TCS SPE confocal microscope. Identical settings were  
407 used for the acquisition of each image using Leica LAS AF software. Z-stacks were acquired  
408 for each image, spanning the entire depth of each neuron. GraphPad Prism was used for  
409 statistical analysis of data using ANOVA followed by Bonferroni's post-hoc analysis as  
410 indicated in the figure legends.

#### 411 **Axonal ARF activation assay**

412 Active ARF was detected using a peptide derived from the active ARF binding domain  
413 (ABD) of GGA3 fused to a GST tag (GGA3-ABD- GST, Thermo). Neurons were fixed for  
414 15 minutes in 3% formaldehyde (TAAB) in PBS, permeabilised with 0.1% triton for two  
415 minutes and incubated with  $20\mu\text{g/ml}$  GGA3-ABD- GST in TBS and 1mM EDTA overnight  
416 at  $4^{\circ}\text{C}$ . The GST tag was then detected using rabbit anti-GST (Abcam ab19256, 1:400) and  
417 standard immunofluorescence. Control and EFA6 shRNA treated cultures were fixed and  
418 labelled in parallel, using identical conditions. Axons were analysed 200-1000 $\mu\text{m}$  distal to  
419 the cell body. Images of axons were acquired by confocal laser scanning microscopy using a  
420 Leica TCS SPE confocal microscope. Initial observations were made and detection settings  
421 were adjusted so that the pixel intensities of acquired images were below saturation. Settings  
422 were then stored and were applied for the identical acquisition of each image using Leica  
423 LAS AF software. Z-stacks were acquired for each image, spanning the entire depth of each  
424 axon. Maximum projection images were created, and used for analysis. Lines were then  
425 traced along sections of axons to define the region of interest, and mean pixel intensities per  
426 axon section were quantified using Leica LAS AF software. The acquired images were

427 corrected for background by subtracting an identical region of interest adjacent to the axon  
428 being analysed. The same technique was then used for measuring total levels of ARF6 in  
429 axons, after ARF6 immunolabelling. GraphPad Prism was used for statistical analysis of data  
430 using students' T-test, as indicated in the figure legends.

### 431 **EFA6 shRNA validation**

432 The efficacy of shRNA targeting EFA6 (target sequence cagtctggattactcgcatcaatgtggt) was  
433 confirmed by immunofluorescence and western blotting. E18 cortical neurons were  
434 transfected with shRNA targeting EFA6 or non-effective scramble control shRNA at  
435 +10DIV, fixed at +14DIV and immunolabelled for EFA6. To confirm the silencing efficiency  
436 and target validity, we used an overexpression silencing and rescue approach similar to that  
437 described previously (Choi et al., 2006), using human EFA6 to rescue knockdown as there  
438 are base pair differences in the equivalent human sequence (cagtctggatCactcgcacatcaatgtAgt)  
439 compared to the rat. Preliminary experiments found that shRNA targeting rat EFA6 had no  
440 effect on human EFA6 expression levels in PC12 cells stably expressing human EFA6. We  
441 did not use this to rescue silencing in primary neurons because we found that overexpressed  
442 EFA6 localised erroneously throughout the axon. To confirm silencing by western blotting,  
443 PC12 cells were transfected with either rat EFA6-FLAG or rat EFA6-FLAG plus human  
444 EFA6-FLAG (as an shRNA resistant rescue plasmid) together with control or EFA6 shRNA,  
445 and lysates were used for western blotting (human and rat EFA6 run at the same size on  
446 western blots (Choi et al., 2006)). Expression levels of EFA6 were determined by  
447 immunoblotting with anti-FLAG. RFP and actin were probed for normalisation.

### 448 **Analysis of microtubule dynamics using EB3-GFP**

449 Cortical neurons were transfected at DIV10 with EB3-GFP, and imaged at DIV 13-15 using  
450 spinning disc confocal microscopy. Images were acquired of cell bodies and initial sections  
451 of axons, and subsequently of regions of axons more distal into the axon (200-400µm).  
452 Images were acquired every second for three minutes. Kymographs were generated using  
453 MetaMorph software, and used to quantify the dynamics of EB3 comets. Velocity, duration,  
454 length and number of comets were measured per axon section. ANOVA analysis confirmed  
455 there was no variation in the length of axon sections analysed. GraphPad Prism was used for  
456 statistical analysis of data using ANOVA and Bonferroni's post-hoc analysis.

### 457 **Live imaging of $\alpha 9$ integrin, rab11 and APP for axon transport analysis**



458 Cortical neurons were transfected at DIV10 with either  $\alpha 9$  integrin-GFP, rab11-GFP or APP-  
459 GFP together with either control or EFA6 shRNA and imaged at DIV 14-15 using spinning  
460 disc confocal microscopy. For  $\alpha 9$  integrin-GFP and rab11-GFP, sections of axons were  
461 imaged at the AIS, at a region in the proximal part of the axon (100-300 $\mu$ m) and a region in  
462 the distal part of the axon (>600 $\mu$ M). APP-GFP expressing axons were imaged at a region in  
463 the proximal part of the axon (100-300 $\mu$ m) and a region in the distal part of the axon  
464 (>600 $\mu$ M). Vesicles were tracked for their visible lifetime, and analyzed by kymography to  
465 determine the amount of vesicles classed as anterograde, retrograde, bidirectional or  
466 immobile per axon section. This was determined as described previously (Eva et al., 2012;  
467 Franssen et al., 2015): vesicles with a total movement less than 2  $\mu$ m during their visible  
468 lifetimes were classed as immobile. Vesicles moving in both directions but with net  
469 movement of less than 2  $\mu$ m (during their visible lifetimes) were classed as bidirectional,  
470 even though total movement may have been larger. Vesicles with net movements greater than  
471 5  $\mu$ m in either direction by the end of their visible lifetimes were classed as anterograde or  
472 retrograde accordingly. ANOVA analysis confirmed there was no difference in the length of  
473 axon sections analysed. GraphPad Prism was used for statistical analysis of data using  
474 ANOVA and Bonferroni's post-hoc analysis.

#### 475 **Measurement of $\beta 1$ integrin and rab11 axon-dendrite ratio**

476 Cortical neurons were transfected at DIV10 with either control or EFA6 shRNA and fixed at  
477 DIV14. These were immunolabelled for either  $\beta 1$  integrin or rab11. Control and EFA6  
478 shRNA treated cultures were fixed and labelled in parallel, using identical conditions. Images  
479 were acquired by confocal laser scanning microscopy using a Leica TCS SPE confocal  
480 microscope, using identical settings for each image (determined separately for either  $\beta 1$   
481 integrin or rab11). Images were acquired at 40x to include the cell body, dendrites and a  
482 section of axon in each image. Leica LAS AF software was used to measure mean  
483 fluorescence in the axon, and in two dendrites (to give a mean dendrite measurement). A  
484 region next to each neurite was used to subtract background fluorescence. Axon dendrite-  
485 ratio was determined as the mean dendrite fluorescence intensity divided by the axon  
486 intensity. GraphPad Prism was used for statistical analysis of data using a students T-Test.

#### 487 **Axonal identification**

488 Axons and/or axon initial segments were identified either by immunolabelling of cultures  
489 with fluorescently conjugated anti-pan-neurofascin (Franssen et al., 2015), or by morphology  
490 (axons of transfected cells were clearly distinguishable from dendrites due to their length and

491 lack of spines at more mature stages). For live labelling of neurofascin, neurons were live  
492 labelled with an Alexa-conjugated antibody (488, 594 or 350nm) for 45 min at 37°C. For  
493 antibody conjugation, the Tris-containing buffer of anti-neurofascin was first exchanged into  
494 0.05M borate buffer by dialysis using a D-tube dialyzer (Novagen) and the antibody was then  
495 fluorescently labelled using a DyLight Antibody Labeling Kit (Thermo).

496

### 497 **Laser Axotomy of Cultured Neurons**

498 Axons were severed in vitro using a 355 nm DPSL laser (Rapp OptoElectronic, Hamburg,  
499 Germany) connected to a Leica DMI6000B microscope. Cortical neurons were axotomised at  
500 DIV14-17 at distance of 800-200µm distal to the cell body on a section of axon free from  
501 branches. In this way axons were cut at a substantial distance from the cell body, but not  
502 close to the end of the axon. Only highly polarised neurons (with many dendrites and a single  
503 axon) were chosen. A single axon cut was made per neuron. Images after axotomy were  
504 acquired every 30 minutes for 14 hours. The response to axotomy was recorded as  
505 regeneration or fail. Regeneration was classed as the development of a new growth cone  
506 followed by axon extension for a minimum of 50µm. Fail was then classed as either bulb or  
507 stump phenotype. Regenerated axons were analysed for the time taken to regeneration,  
508 growth cone area and length of axon growth in the 14 hours following axotomy. Data  
509 regarding regeneration percentage of cortical axons was analysed by Fisher's exact test.  
510 GraphPad Prism was used for statistical analysis of the remaining data. Adult DRG neurons  
511 were axotomised as described above, except that the location for axotomy was chosen as  
512 directly before a growth cone, so as to determine the proportion of axons that would  
513 regenerate a growth cone rapidly after injury. Data were analysed using Fisher's exact test.

### 514 **Statistical Analysis**

515 Statistical analysis was performed throughout using Graphpad Prism. Fisher's exact test was  
516 calculated using Graphpad online: <https://www.graphpad.com/quickcalcs/contingency1.cfm>  
517 Data were analysed using ANOVA with post hoc analysis, Students T-Test, and Fisher's  
518 exact test. For analysis of EFA6 distribution in axons and dendrites, the axon and two  
519 dendrites from 15 neurons were analysed, from three separate sets of primary cultures: total  
520 45 neurons analysed. Statistical analysis was performed using ANOVA followed by Tukey's  
521 multiple comparison test as indicated in the figure legends. For quantification of axonal ARF  
522 activity in cortical neurons, 61 vs 64 axons were analysed, from three separate experiments.  
523 50 axons were analysed for total axonal ARF6 quantification, from three experiments. For

524 cortical vs. DRG axon ARF quantification, n=58 (DRG) vs. 60 (cortical), from three separate  
525 experiments. Data were analysed by student's t-test. For analysis of EB3-GFP comets, 30 vs.  
526 40 axon sections were imaged and analysed. Data were analysed by student's t-test.  
527 Quantification of  $\alpha 9$  integrin-GFP axon transport: n=12 to 24 neurons per condition, from  
528 more than three experiments, analysed using Anova and Bonferroni's comparison test.  
529 Quantification of  $\beta 1$  integrin axon-dendrite ratio: n=72 neurons in total from three  
530 experiments, analysed by student's t-test. Quantification of rab11-GFP axon transport: n=19  
531 to 27 neurons per condition from more than three experiments. Quantification of rab11 axon-  
532 dendrite ratio: n=53 vs. 55 neurons from three experiments, analysed by student's t-test.  
533 Cortical neuron axon regeneration analysis: n=59 vs. 63 neurons from more than three  
534 experiments, percentage regenerating was compared by Fisher's exact test. Percentage of  
535 failed axons bulb vs. stump, was compared by Fisher's exact test. Distance grown after  
536 regeneration, area of regenerated growth cones, and time taken to establish a growth cone,  
537 were each compared by student's t-test. Quantification of axon regeneration of DRG neurons:  
538 n=48 expressing GFP, n=44 expressing EFA6-GFP or n=31 expressing EFA6 E242K. Data  
539 were analysed by Fisher's exact test.

#### 540 **Acknowledgements**

541 Acknowledgements: The study was funded by grants from the Christopher and Dana Reeve  
542 Foundation, the Medical Research Council, the ERC advanced grant ECMneuro, the  
543 International Spinal Research Trust, Glaxo Smith Kline International Scholarship, Honjo  
544 International Scholarship, Bristol-Myers Squibb Graduate Studentship and the NIHR  
545 Cambridge Biomedical Research Centre. We thank Eunjoon Kim (Daejeon) for EFA6  
546 antibodies, Casper Hoogenraad (Utrecht) for EB3-GFP, and Frederic Luton (Valbonne) for  
547 EFA6 E242K-GFP.

548

#### 549 **Competing interests**

550 James Fawcett is a paid consultant for Acorda Therapeutics Inc.

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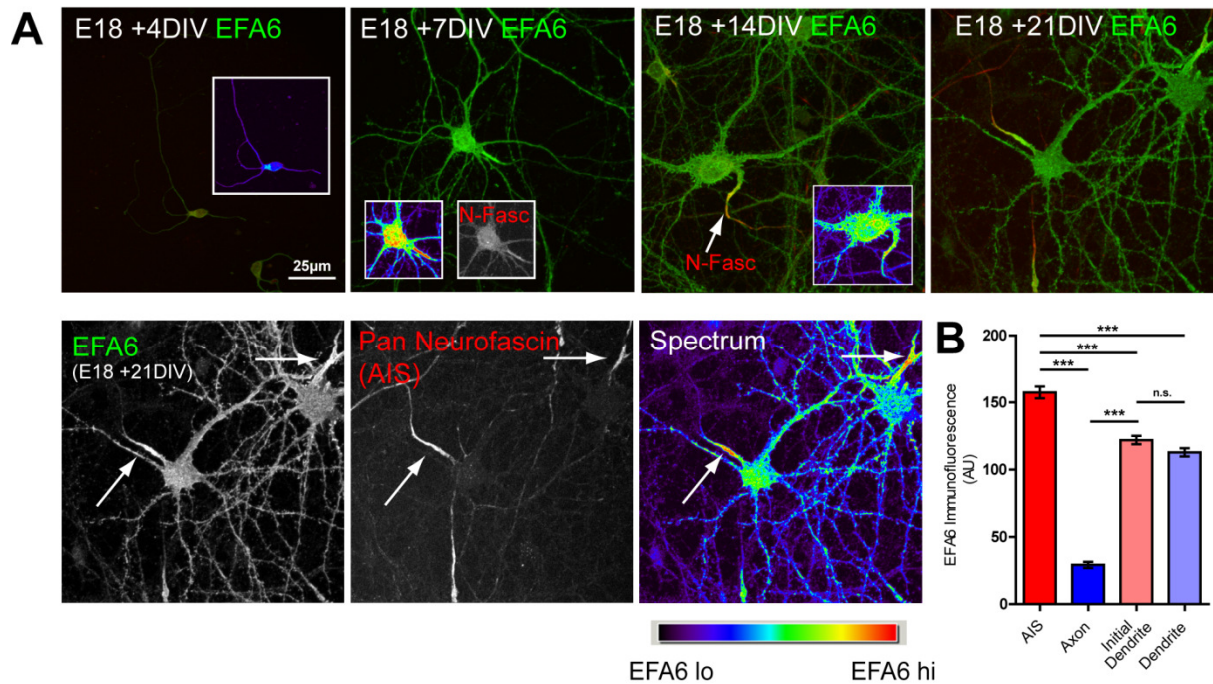
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732 **Figures and Legends**

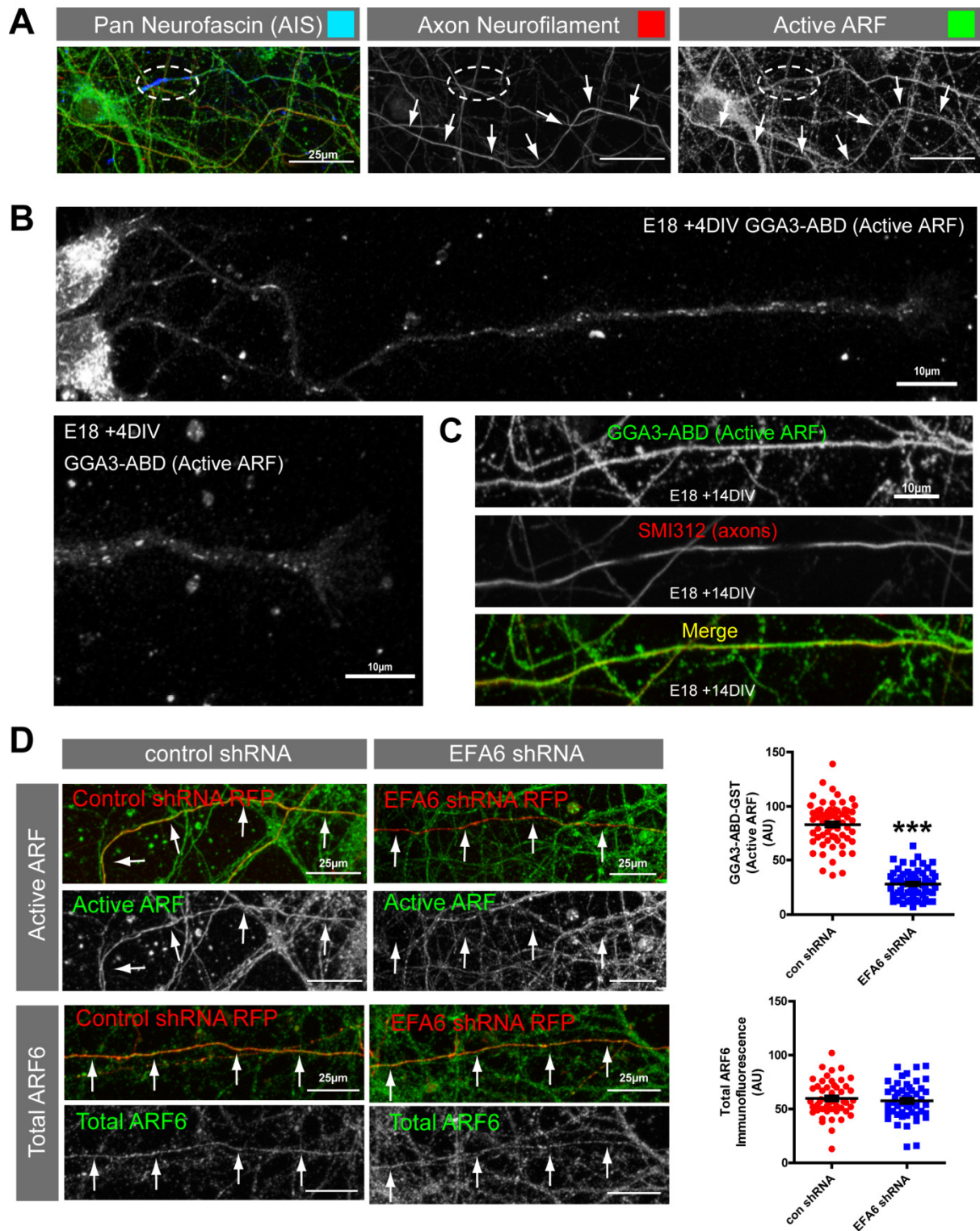


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734

735 **Fig. 1. EFA6 is enriched in the axon initial segment.** (A) Immunolabelling of EFA6 and  
736 neurofascin in cortical neurons (E18 +4 to 21DIV). EFA6 is expressed at low levels  
737 throughout the cell at an early stage (E18 +DIV4). Expression increases with maturity, and  
738 EFA6 is enriched at the axon initial segment from +7 DIV onwards. EFA6 green colour, pan-  
739 neurofascin red colour (to identify the axon initial segment). Arrows indicate the AIS.  
740 Spectrum colouring indicates highest signal in the AIS. (B) Quantification of fluorescence  
741 intensity of EFA6 in the AIS, axon, initial dendrite and dendrite. n=45 neurons from three  
742 experiments. \*\*\*  $p < 0.0001$ , using Anova and Bonferroni's comparison test.

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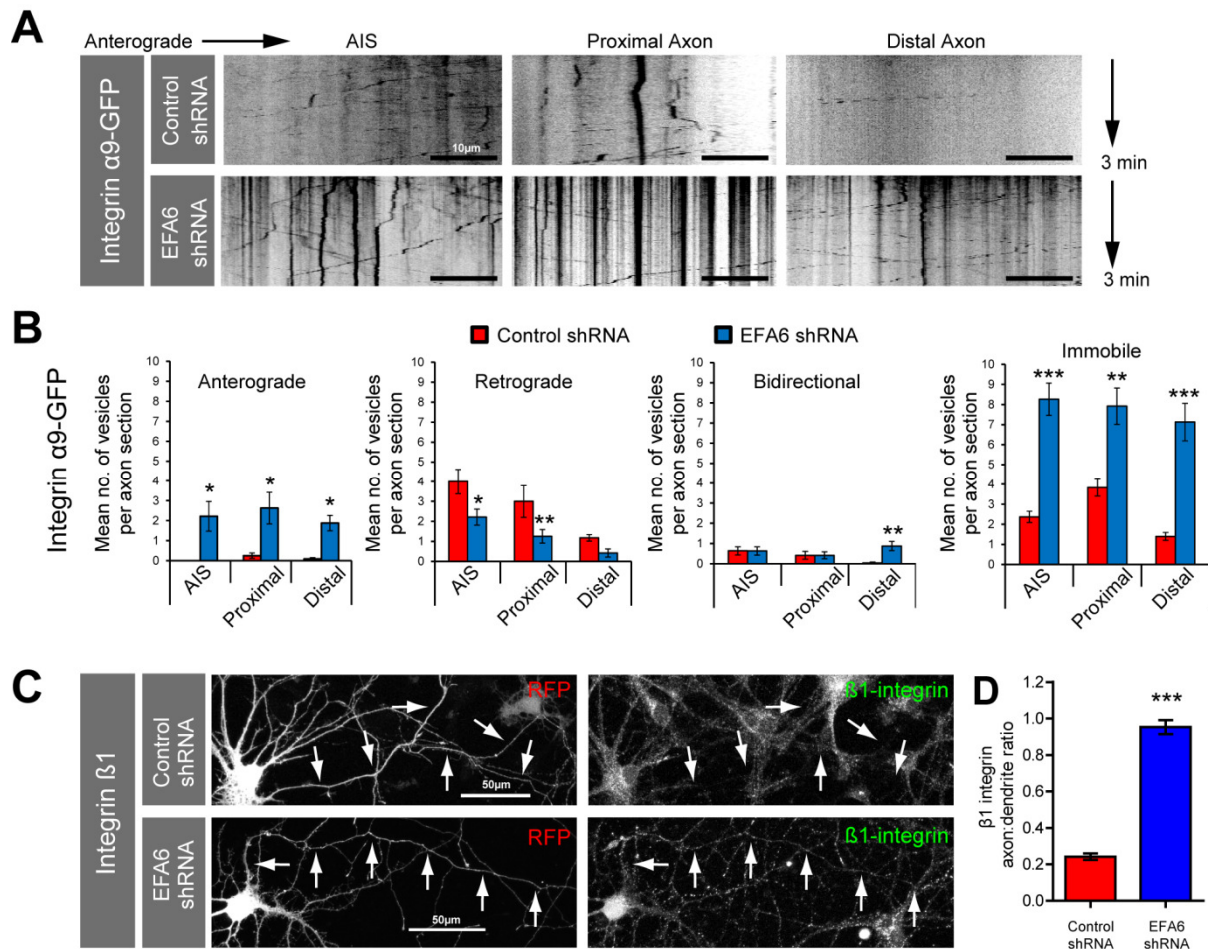


744

745 **Fig. 2. EFA6 activates ARF throughout mature CNS axons.** (A) Active ARF (GGA3-  
 746 ABD-GST, green) in proximal axons (neurofascin in blue), and distal axons (axon  
 747 neurofilaments, red). Ellipse indicates the initial segment, arrows indicate a distal axon. (B)  
 748 In young neurons (+4DIV), active ARF is detected in sparse tubulo-vesicular structures  
 749 throughout developing axons which diminish at the growth cone. (C) In differentiated

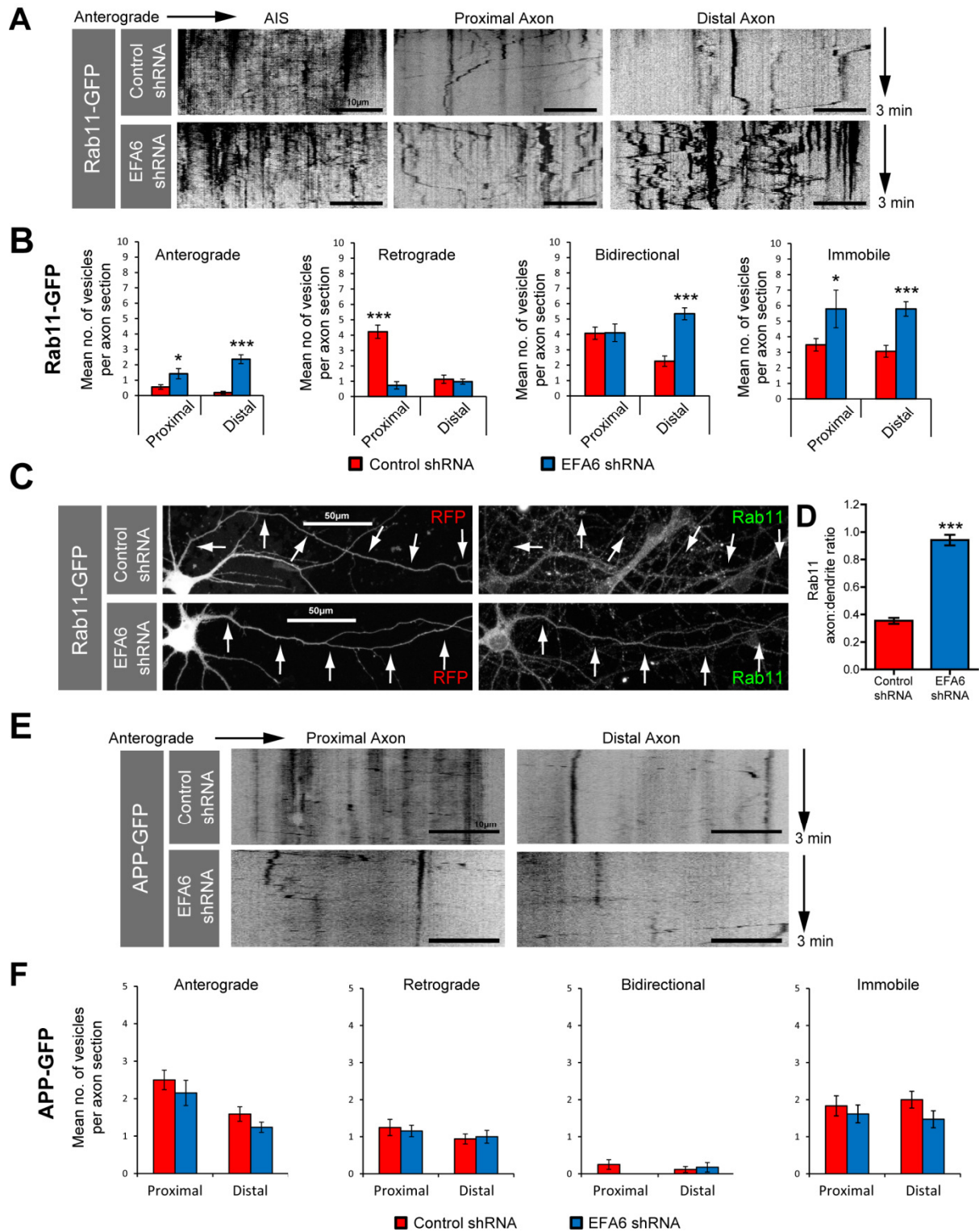


750 neurons (+14DIV) active ARF (GGA3-ABD-GST + anti-GST) is distributed uniformly  
 751 throughout axons (as indicated by immunolabelling with SMI312 for axonal neurofilaments).  
 752 **(D)** Active ARF and total ARF6 in axons of neurons expressing either control shRNA or  
 753 shRNA targeting EFA6 (red). Active ARF or ARF6 is shown in green, as indicated. Arrows  
 754 indicate axons. Quantification of axonal ARF activity and total ARF6 in neurons expressing  
 755 either control or EFA6 shRNA. n=61 to 64 neurons (active ARF), \*\*\* p<0.0001, students t-  
 756 test. n=50 for total ARF6 quantification.



757

758 **Fig. 3. Depletion of EFA6 promotes axon transport of  $\alpha 9$  and  $\beta 1$  integrins.** **(A)**  
 759 Kymographs showing dynamics of  $\alpha 9$  integrin-GFP in the AIS, proximal and distal axon of  
 760 neurons expressing control or EFA6 shRNA. **(B)** Quantification of  $\alpha 9$  integrin-GFP axon  
 761 transport n=12 to 24 neurons per condition, total 1024 vesicles. \*\*\*, \*\*, \* indicates p<0.001,  
 762 p<0.01, p<0.05 respectively, using Anova and Bonferroni's comparison test. **(C)**  
 763 Immunolabelling of  $\beta 1$  integrin in neurons expressing control or EFA6 shRNA. Arrows  
 764 indicate axons. **(D)** Quantification of axon-dendrite ratio of endogenous  $\beta 1$  integrin after  
 765 EFA6 silencing. n=71 neurons from three experiments. p<0.0001 by students t-test.

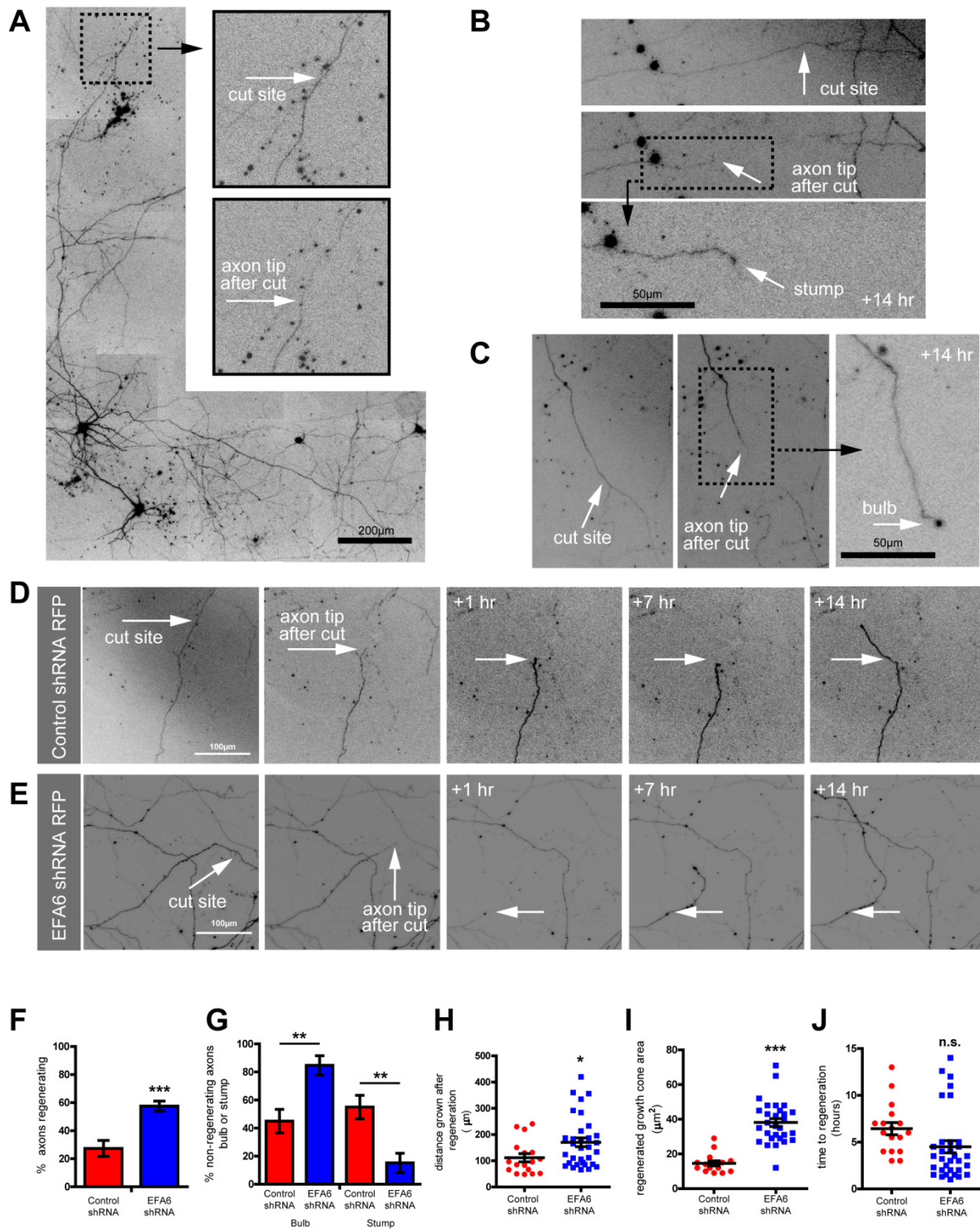


766

767 **Fig. 4. Depletion of EFA6 promotes axon transport of rab11, and not APP.** (A)  
 768 Kymographs showing dynamics of rab11-GFP in the AIS, proximal and distal axon of  
 769 neurons expressing control or EFA6 shRNA. (B) Quantification of rab11-GFP axon  
 770 transport, n=19 to 27 neurons per condition. \*\*\* p<0.001, \* P<0.05 respectively, using Anova  
 771 and Bonferroni's comparison test. (C) Immunolabelling of rab11 in neurons expressing either

772 control or EFA6 shRNA. Arrows indicate axons. **(D)** Quantification of endogenous rab11  
773 axon-dendrite ratio after EFA6 silencing. n=71 neurons from three experiments.  $p < 0.0001$  by  
774 students t-test. Also see associated Figure SI2. **(E)** Kymographs showing dynamics of APP-  
775 GFP in the proximal and distal axons of neurons expressing either control shRNA or shRNA  
776 targeting EFA6. **(F)** Quantification of APP-GFP vesicle movements in the proximal and  
777 distal axon. No statistical difference was found between neurons expressing control- or  
778 EFA6-shRNA using ANOVA and Bonferroni's comparison test.

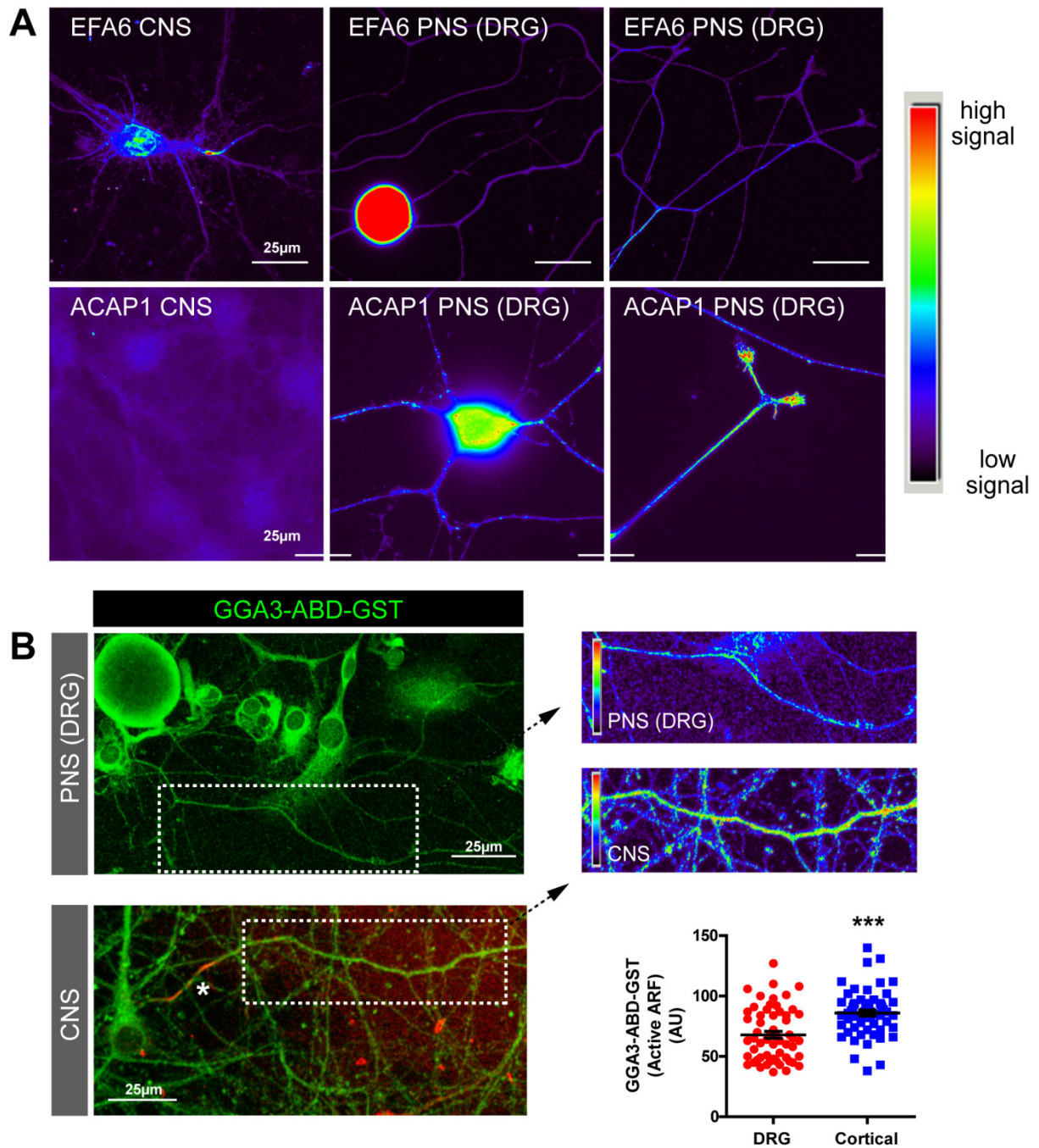




779

780 **Fig. 5. Depleting EFA6 promotes axon regeneration in CNS neurons.** (A) Example of a  
 781 neuron used for CNS axotomy experiments, indicating the site chosen for laser ablation  
 782 (typically >1000µm distal, on an unbranched section of axon). Fluorescent signal is control  
 783 shRNA-RFP. (B) Example of regeneration failure, and formation of stump. (C) Example of  
 784 post-axotomy end bulb formed after axotomy. (D) Neuron expressing control shRNA,

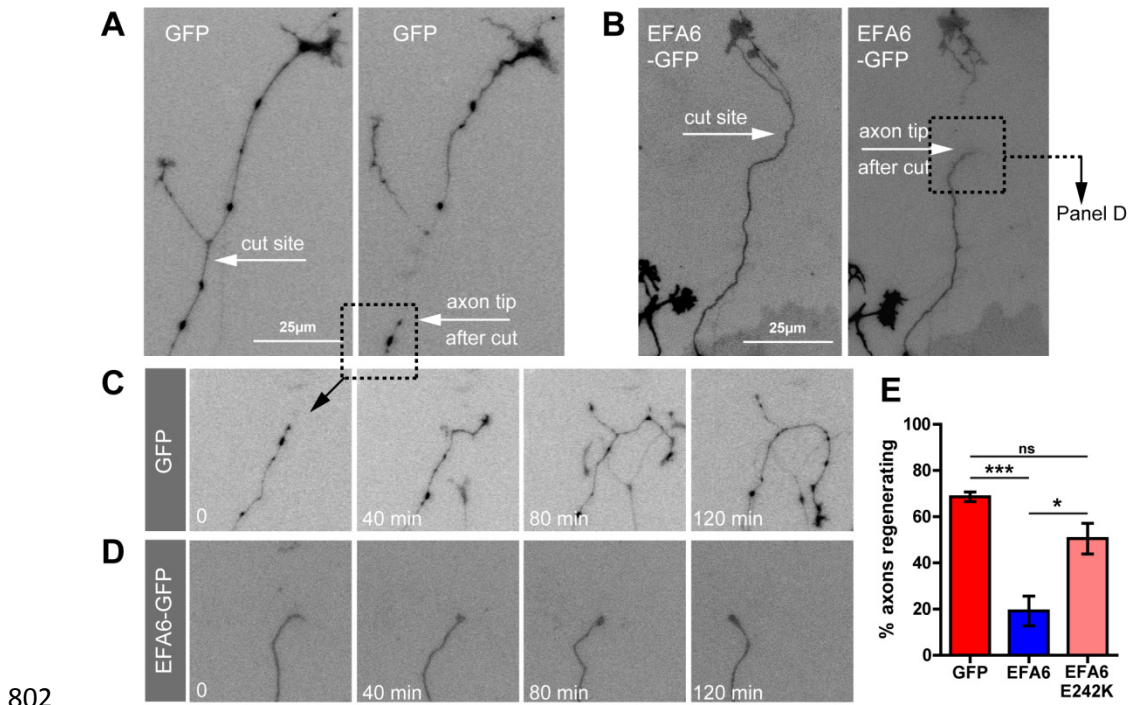
785 showing axotomy followed by regeneration. Note the small growth cone (typically  $<20\mu\text{m}^2$   
786 and regeneration of  $<100\mu\text{m}$  in 14hrs. **(E)** Neuron expressing EFA6 shRNA, showing  
787 axotomy followed by regeneration  $>100\mu\text{m}$  in 14hrs, with growth cones typically  $>40\mu\text{m}^2$ .  
788 **(F-J)** Quantification of regenerative response of cut axons of neurons expressing either  
789 control or EFA6 shRNA. **(F)** Percentage of axons regenerating within a 14hr period.  $p<0.001$   
790 by fishers exact test.  $n=59$  to  $63$  neurons. **(G)** Percentage of failed axons bulb vs. stump,  
791  $p<0.01$  by fishers exact test. **(H)** Distance grown after regeneration,  $p<0.05$  by t-test. **(I)** Area  
792 of regenerated growth cones,  $p<0.0001$ . **(J)** Time taken to establish a growth cone and  
793 regenerate  $>50\mu\text{m}$ .



794

795 **Fig. 6. ARF6 is regulated differently in CNS vs. PNS neurons.** (A) Cortical neurons and  
796 adult DRG neurons immunolabelled for EFA6 (upper panels) or ACAP1 (lower panels). Both  
797 neuronal types were labelled and imaged identically to allow comparison of fluorescent signal.  
798 Images represent two independent immunolabelling experiments. (B) Axons of DRG and  
799 cortical neurons (+DIV10) labelled with GGA3-ABD-GST to detect active ARF. Graph  
800 shows quantification of ARF activation in the two axon types. n=58(DRG) and 60(cortical).  
801 \*\*\*p<0.001 by T-test.





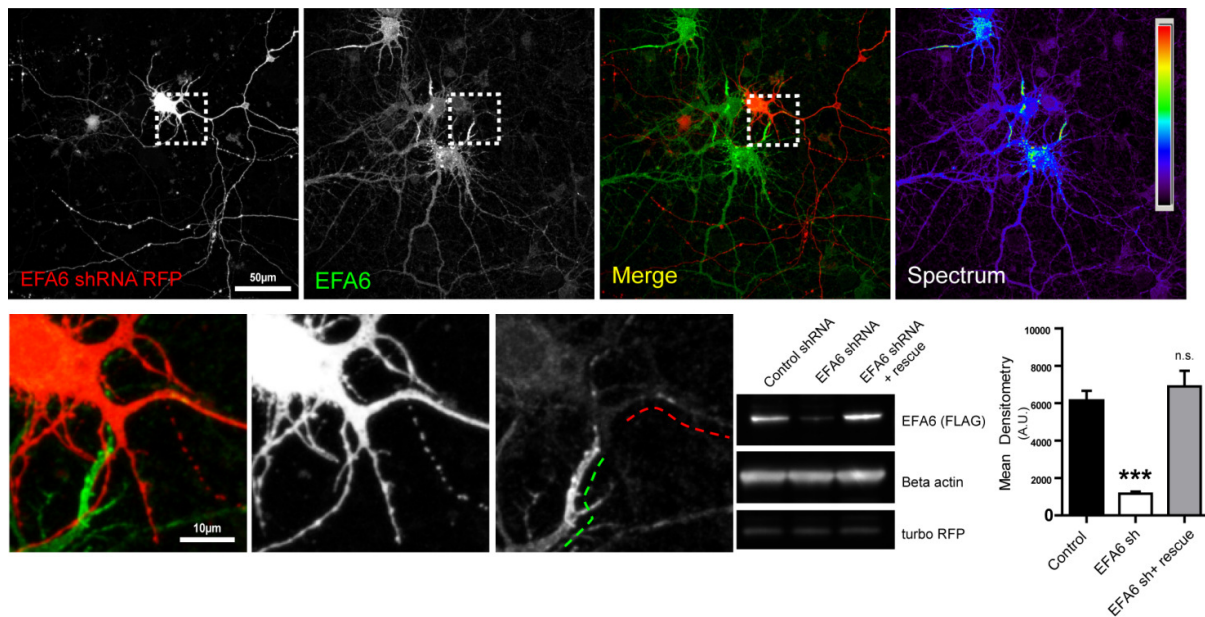
802

803 **Fig. 7. Elevated ARF6 activation inhibits regeneration of adult DRG axons.** (A) Cut  
804 DRG axon expressing GFP. (B) Cut DRG axon expressing EFA6-GFP. (C) Axon from panel  
805 A showing regeneration. (D) Axon from panel B showing failure to regenerate. (E)  
806 Quantification of axon regeneration of DRG neurons expressing either GFP (n=48), EFA6-  
807 GFP (n=44) or EFA6 E242K (EFA6 lacking the ability to activate ARF6) (n=31).  
808 \*\*\*p<0.0001, \*p<0.05 by Fisher's exact test.

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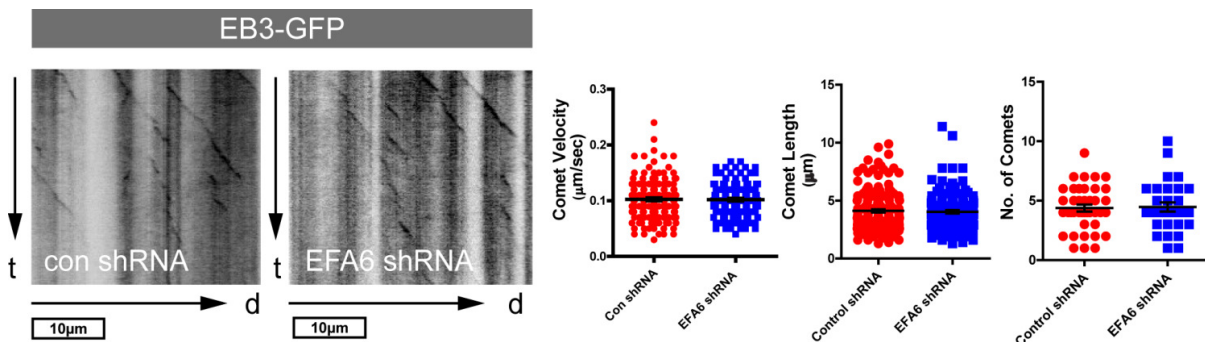
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811 **Supplementary Figures and Legends**



812 **Fig. S1. Validation of shRNA targeting EFA6.** E18 cortical neurons transfected with  
 813 shRNA targeting EFA6 (red, RFP) at +10DIV, fixed at +14DIV and immunolabelled for  
 814 EFA6. Lower panels are high magnification of the region indicated by the dashed box in the  
 815 upper panels, showing low levels of EFA6 in the initial part of the axon of a transfected cell  
 816 (red dashes), compared with high levels of EFA6 in the untransfected cell (dashed green  
 817 lines). (B) Validation of EFA6 shRNA by western blotting. Blots show lysate from PC12  
 818 cells transfected with either rat EFA6-FLAG and or rat EFA6- FLAG plus human EFA6-  
 819 FLAG (as an shRNA resistant rescue plasmid) together with control or EFA6 shRNA. Graph  
 820 is quantification of silencing effect by densitometry. \*\*\*p=0.0002, f=25.8, ANOVA and  
 821 Bonferroni's test.  
 822

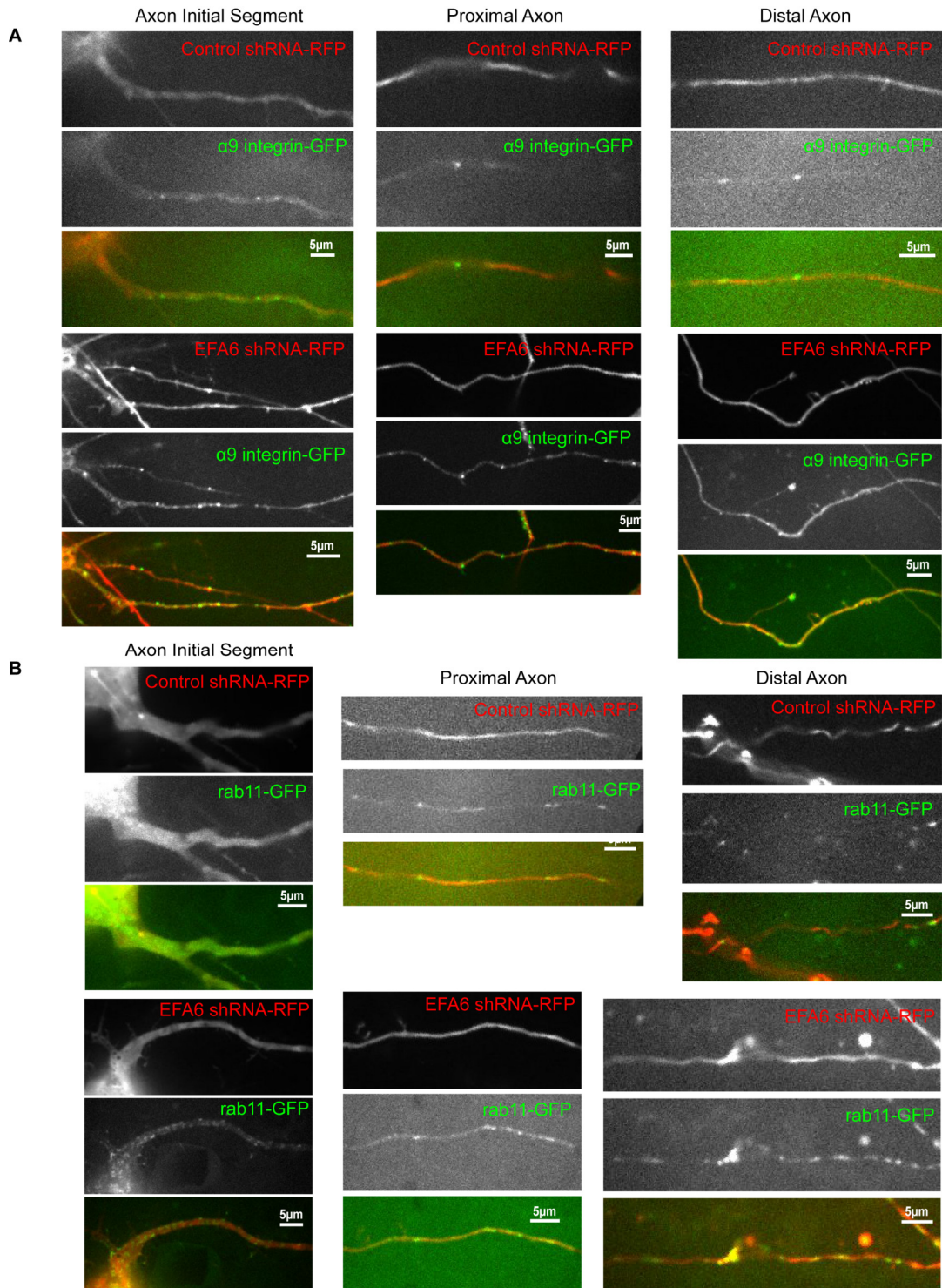
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824 **Fig. S2. EFA6 silencing does not alter axon microtubule dynamics.** Representative  
 825 kymographs and analysis of EB3-GFP comets in axons of E18+14DIV cortical neurons co-  
 826 expressing EB3-GFP and control or EFA6 shRNA. n = 30 to 40 neurons. EB3-GFP localised  
 827



828 strongly to the AIS , however comets were undetectable here in cells expressing either  
829 control or EFA6 shRNA (see movies S1 and S2).



830

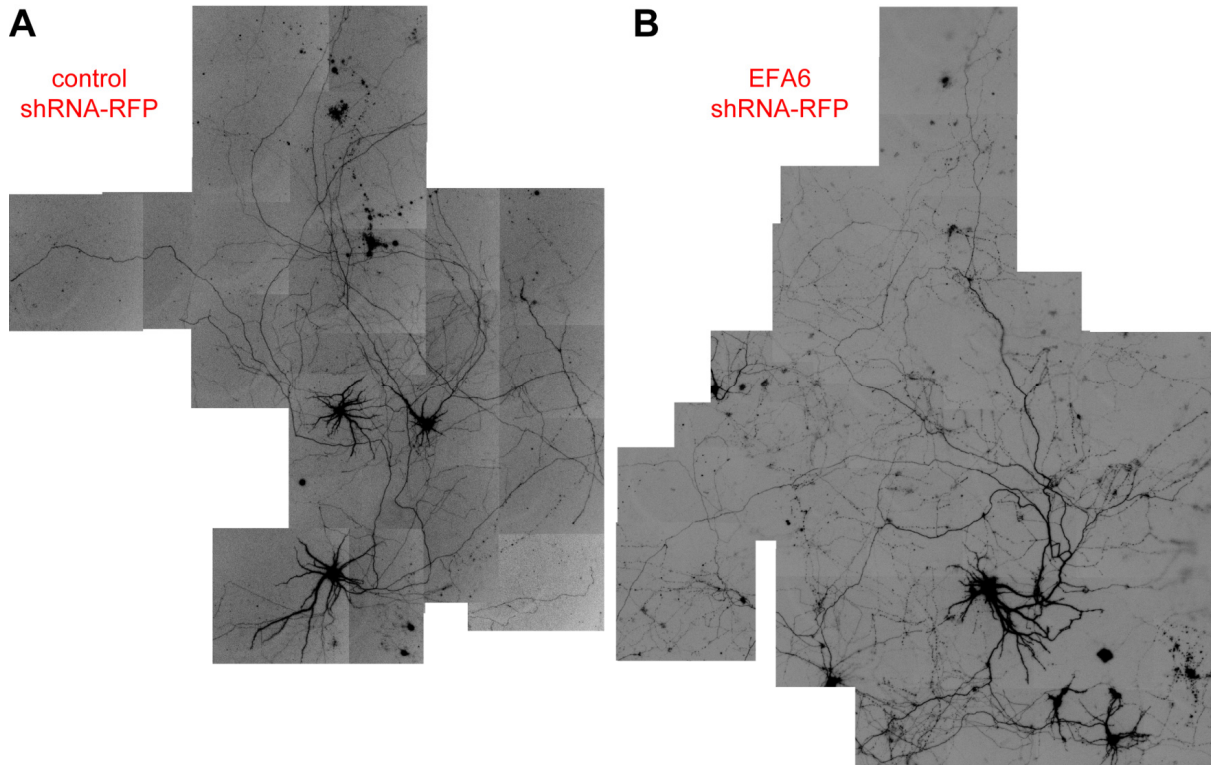
831 **Fig. S3. Single frame images of movies used to analyse axon endosome dynamics.**

832 Images show sections of the initial proximal or distal part of axons, expressing  $\alpha 9$  integrin-

833 GFP or rab11-GFP together with either control or EFA6 shRNA. (A) Axons of E18 +14-

834 17DIV cortical neurons transfected at +10DIV with control or EFA6-shRNA, and co-  
835 transfected with  $\alpha 9$  integrin-GFP. **(B)** Axons of E18 +14-17DIV cortical neurons transfected  
836 at +10DIV with control or EFA6-shRNA, and co-transfected with rab11-GFP.

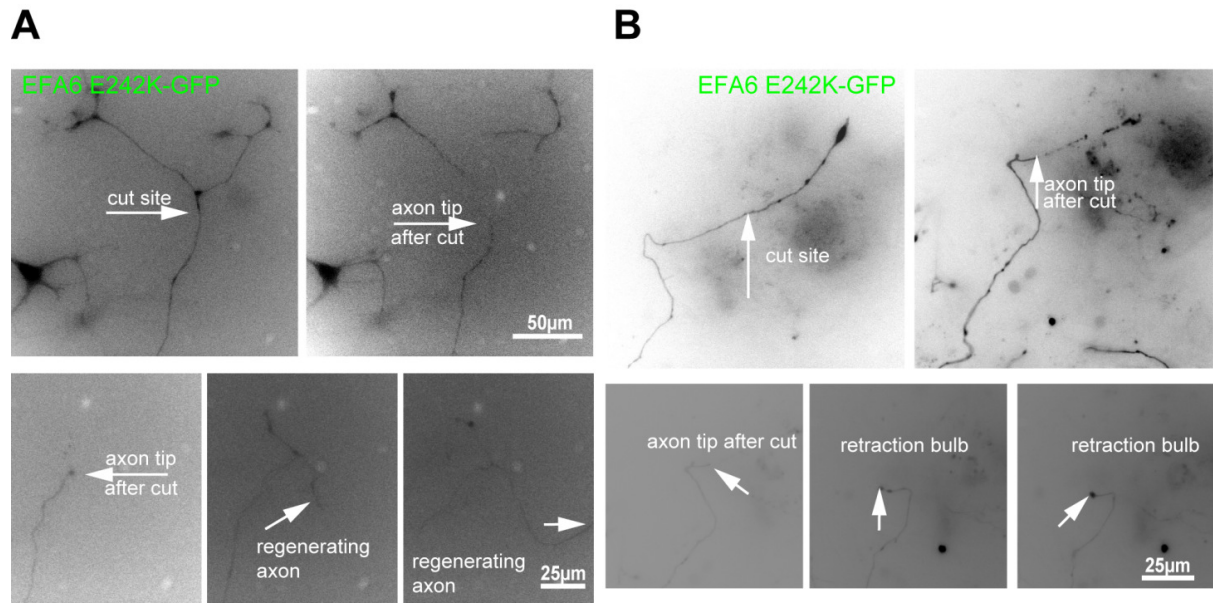
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839 **Fig. S4. Examples of control- or EFA6-shRNA expressing neurons used for axotomy**  
840 **experiments. (A)** Example of cortical neurons transfected with control shRNA-RFP (signal  
841 is RFP) at E18 +10DIV, used for axotomy experiments at E18 +14-17DIV. **(B)** Example of  
842 cortical neurons transfected with EFA6 shRNA-RFP (signal is RFP) at E18 +10DIV, used for  
843 axotomy experiments at E18 +14-17DIV.

844



845

846 **Fig. S5. DRG neurons expressing EFA6 with inactive GEF domain (EFA6 E242K).** (A)  
847 Example of successful regeneration after axotomy, DRG neuron expressing EFA6 E242K.  
848 (B) Example of regeneration failure after axotomy, DRG neuron expressing EFA6 E242K.  
849 Expression of EFA6 E242K allows 50.5% of axons to regenerate their growth cones after  
850 axotomy.

851

## 852 Movie Legends

853 **Movie 1.** EB3-GFP localised to the axon initial segment and cell body (comets) of E18  
854 +15DIV cortical neuron, also expressing control shRNA.

855 **Movie 2.** EB3-GFP localised to the axon initial segment and cell body (comets) of E18  
856 +15DIV cortical neuron, also expressing shRNA targeting EFA6. The apparent break in the  
857 axon is a section of axon out of the plane of focus.

858 **Movie 3.**  $\alpha 9$  integrin axon transport in the distal section of an axon also expressing control  
859 shRNA (see fig. S2). Movement to the left hand side is retrograde, right hand side  
860 anterograde.

861 **Movie 4.**  $\alpha 9$  integrin axon transport in the distal section of an axon also expressing shRNA  
862 targeting EFA6 (see fig. S2). Movement to the left hand side is retrograde, right hand side  
863 anterograde.

864 **Movie 5.** Axon regeneration after laser axotomy of E18 +15DIV cortical neuron expressing  
865 control shRNA.

866 **Movie 6.** Axon regeneration after laser axotomy of E18 +15DIV cortical neuron expressing  
867 shRNA targeting EFA6.

868 **Movie 7.** Axon regeneration after laser axotomy of adult DRG neuron expressing GFP.

869 **Movie 8.** Failed axon regeneration after laser axotomy of adult DRG neuron overexpressing  
870 EFA6-GFP.

871

872

873