1	Title:
2	Sildenafil amplifies calcium influx and insulin secretion in pancreatic $\beta$ cells
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### 25 **1. ABSTRACT**

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27 Sildenafil, a phosphodiesterase-5 (PDE5) inhibitor, has been shown to improve insulin 28 sensitivity in animal models and prediabetic patients. However, its other metabolic effects 29 remain poorly investigated. This study examines the impact of sildenafil on insulin secretion 30 in MIN6-K8 mouse clonal  $\beta$  cells.

Sildenafil is shown to amplify insulin secretion by enhancing  $Ca^{2+}$  influx, an effect that requires other depolarizing stimuli in MIN6-K8 cells but not in K<sub>ATP</sub> channel-deficient  $\beta$  cells, which are already depolarized. These results indicate that the action of sildenafil is dependent on depolarization and is independent of K<sub>ATP</sub> channels.

Furthermore, sildenafil-amplified insulin secretion is not inhibited by nifedipine or PDE5 knockdown. Thus, sildenafil stimulates Ca<sup>2+</sup> influx independently of L-type voltage-dependent Ca<sup>2+</sup> channels (VDCCs) and PDE5, a mechanism that differs from the known pharmacology of sildenafil and conventional insulin secretory pathways.

Our results reposition sildenafil as an insulinotropic agent that can be used as a potential
 anti-diabetic medicine or a tool to elucidate the molecular mechanism of insulin secretion.

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### 42 **2. KEYWORDS**

43

44 Sildenafil, pancreatic  $\beta$  cells, insulin secretion, calcium influx, voltage-dependent calcium 45 channels.

46

# 47 **3. INTRODUCTION**

48

49 Glucose stimulates insulin secretion from pancreatic  $\beta$  cells in a multistep process. First, 50 glucose metabolism increases intracellular ATP levels, which leads to ATP-sensitive  $K^+$  (K<sub>ATP</sub>) 51 channel closure, resulting in membrane depolarization and the opening of voltage-dependent  $Ca^{2+}$  channels (VDCCs). This leads to an increase in intracellular  $Ca^{2+}$  ( $Ca^{2+}_{i}$ ) and stimulation 52 53 of insulin exocytosis (Henquin, 2009). Thus, glucose-induced insulin secretion (GIIS) is 54 primarily governed by the opening and closing of KATP channels in response to glucose metabolism. KATP channels consist of the pore-forming subunit Kir6.2 encoded by Kcnj11 and 55 56 the sulfonylurea receptor SUR1 (Inagaki et al., 1995).

57 In type 2 diabetes,  $\beta$  cells are unable to secrete enough insulin to counteract insulin resistance 58 or excess nutrients, resulting in elevated blood glucose levels. Therefore, enhancement of

59 insulin secretion from  $\beta$  cells is central to the treatment of diabetes. However, the options for clinical insulinotropic agents are currently limited. Of these, sulfonylureas bind to SUR1, 60 61 which in turn closes the  $K_{ATP}$  channels and stimulates insulin secretion. This action is 62 independent of blood glucose levels and, therefore, can cause hypoglycemia as a side effect. There is therefore a need for alternative therapeutic options. 63

64 Drug repurposing presents a promising solution for the development of novel insulinotropic 65 medications. Sildenafil is a phosphodiesterase-5 (PDE5) inhibitor primarily used for the 66 treatment of erectile dysfunction and pulmonary arterial hypertension (PAH) (Ghofrani et al., 67 2006). This drug has gained attention as a potential antidiabetic agent owing to its effectiveness in preclinical and clinical studies. Sildenafil has been reported to enhance insulin sensitivity in 68 69 high-fat diet-fed mice (Ayala et al., 2007) and prediabetic patients (Ramirez et al., 2015). 70 Additionally, sildenafil promotes vascular relaxation in diabetic rats (Schäfer et al., 2009) and 71 is considered beneficial for treating vascular dysfunction in diabetic patients (Zimmermann et 72 al., 2020).

73 However, the effect of sildenafil on insulin secretion from pancreatic  $\beta$  cells remains unclear. 74 This study investigates the effect of sildenafil on insulin secretion using MIN6-K8, a mouse 75 clonal  $\beta$  cell line, as a model. Our results indicate that sildenafil promotes insulin secretion by 76 increasing calcium influx and that this effect is not mediated by PDE5 or L-type VDCCs. This 77 suggests a novel mechanism of action for sildenafil in  $\beta$  cells that differs from its known 78 pharmacology.

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#### 4. **MATERIALS AND METHODS**

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#### 82 4.1. Cell lines

83 MIN6-K8 cells were established as previously described (Iwasaki et al., 2010) and were kindly provided by Professor Junichi Miyazaki (Osaka University). *Kcnj11<sup>-/-</sup>* β cells (clone *Kcnj11<sup>-/-</sup>* 84 85  $\beta$ CL1) are  $\beta$  cells deficient in Kir6.2, established by sub-cloning MIN6-K8 cells transfected with Cas9 nickase and guide RNA pairs targeting mouse *Kcnj11*, as described previously 86 87 (Oduori *et al.*, 2020). All cells were cultured in Dulbecco's modified Eagle's medium (DMEM) containing 4500 mg/L glucose (Sigma-Aldrich, St. Louis, MO, USA, Cat# D5796) 88 supplemented with 10% fetal bovine serum (FBS) (BioWest, Nuaillé, France, Cat# S1400-500) 89 and 5 ppm 2-mercaptoethanol. The cells were maintained at 37 °C with 5% CO<sub>2</sub>. 90

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#### 92 4.2. Reagents

93 Krebs-Ringer bicarbonate buffer-HEPES (133.4 mM NaCl, 4.7 mM KCl, 1.2 mM KH<sub>2</sub>PO<sub>4</sub>, 94 1.2 mM MgSO<sub>4</sub>, 2.5 mM CaCl<sub>2</sub>, 5 mM NaHCO<sub>3</sub>, 10 mM HEPES) containing 0.1% bovine-95 serum albumin (Sigma-Aldrich, St. Louis, MO, USA, Cat# A6003) and 2.8 mM glucose (2.8G-KRBH) adjusted to pH 7.4 was used in insulin secretion and Ca<sup>2+</sup> imaging experiments. 96 97 Additional glucose (final concentration, 11.1 mM), sildenafil (Tokyo Chemical Industry, Tokyo, Japan, Cat# S0986), and glimepiride (Tokyo Chemical Industry, Tokyo, Japan, Cat# 98 99 G0395) were added to KRBH during the stimulation period. Nifedipine (FUJIFILM Wako Pure 100 Chemical, Osaka, Japan, Cat# 14505781), diazoxide (Tokyo Chemical Industry, Tokyo, Japan, 101 Cat# D5402), and thapsigargin (FUJIFILM Wako Pure Chemical, Osaka, Japan, Cat# 209-102 17281) were added during the pre-incubation and stimulation periods. The reagents used for 103 stimulation were stored as a 1000× concentrate in dimethyl sulfoxide (DMSO) (FUJIFILM 104 Wako Pure Chemical, Osaka, Japan, Cat# 041-29351) and diluted with KRBH shortly before the experiment. An equal volume of DMSO was added to the vehicle control. Ca<sup>2+</sup>-free KRB 105 106 was formulated by replacing CaCl<sub>2</sub> with an equivalent concentration of MgCl<sub>2</sub> and adding 0.2 107 mM EGTA (NACALAI TESQUE, Kyoto, Japan, Cat# 15214-21).

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## 109 **4.3. Insulin secretion**

Insulin secretion was measured using the static incubation method as described previously (Murao *et al.*, 2022) with slight modifications. Briefly, cells were seeded in 24-well plates at a density of  $5 \times 10^5$  cells/well and cultured for 48 h. On the day of measurement, the cells were subjected to three successive washes with 2.8G-KRBH, followed by a pre-incubation period of 30 min with 300 µL/well of 2.8G-KRBH. Subsequently, the supernatant was replaced with 300 µL/well of fresh KRBH containing the specified stimulations and incubated for 30 min at 116 37 °C.

The reaction was terminated by cooling the plate on ice for ten minutes, after which the entire supernatant was collected for the quantification of released insulin using the homogeneous time-resolved fluorescence assay (HTRF) Insulin Ultrasensitive kit (Revvity, Waltham, MA, USA, Cat# 62IN2PEH) in accordance with the manufacturer's instructions. Fluorescence was measured using an Infinite F Nano+ microplate reader (Tecan, Zürich, Switzerland).

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### 124 **4.4. Imaging of intracellular Ca<sup>2+</sup>**

125 Cells were seeded in a 35 mm glass-bottom dish (Matsunami Glass, Osaka, Japan, Cat# 126 D11530H) at a density of  $1.28 \times 10^5$  cells/dish and cultured for 48 h. Subsequently, the cells

127 were loaded with 1 μM Fluo-4 AM (Dojindo, Kumamoto, Japan, Cat# F312) in 2.8G-KRBH

128 for 20 min at 37 °C in room air. Following a brief washing, cells were loaded with 1 mL of

129 fresh 2.8G-KRBH and basal recordings were performed for 300 s (from time -300 to 0).

130 Immediately after the addition of 1 mL KRBH supplemented with stimulations at  $2\times$ 

131 concentration, recordings were resumed for another 600 s (from time 0 to 600) with a time

132 interval of 2 s.

Time-lapse images were obtained using a Zeiss LSM 980 Airyscan2 inverted confocal laser scanning super-resolution microscope equipped with a Plan Apo 40×, 1.4 Oil DICII objective lens (Carl Zeiss Microscopy, Jena, Germany). The cells were excited at 488 nm laser with 0.3 % output power, and fluorescence emission was measured at 508-579 nm. During observation, the cells were maintained at 37 °C using an incubator XLmulti S2 DARK (Pecon, Erbach, Germany).

139 Images were acquired in the frame mode at a rate of 2 frames per second and with an image size of  $212.2 \times 212.2 \ \mu m$  (512  $\times$  512 pixels). The obtained images were analyzed using the 140 141 ZEN 3.0 imaging software (Carl Zeiss Microscopy, Jena, Germany, RRID:SCR\_021725). 142 Cells were randomly chosen for analysis for each stimulation, and the number of cells analyzed 143 is indicated in the figure legends. The fluorescence intensity of the entire cell body (F) was 144 monitored and normalized to the average fluorescence intensity between -300 and 0 s (F0). The amplitude of  $Ca^{2+}$  responses was quantified as the incremental area under the curve (iAUC) 145 146 using F/F0 = 1 as the baseline.

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# 148 **4.5.** Knockdown of *Pde5a* using small interfering RNA (siRNA)

149 siRNAs targeting Pde5a (Dharmacon, Lafayette, CO, USA, Cat# M-041115-00-0005) and 150 non-targeting siRNA (Dharmacon, Lafayette, CO, USA, Cat# D-001206-14-50) were reverse-151 transfected using the DharmaFECT 2 transfection reagent (Dharmacon, Lafayette, CO, USA, 152 Cat# T-2002-03). Briefly, a complex of siRNA and DharmaFECT 2 was prepared in serum-153 free DMEM (Sigma-Aldrich, St. Louis, MO, USA, Cat# D5796) at a volume of 100 µL/well according to the manufacturer's instructions. Cells were resuspended in complete culture 154 media at  $1.25 \times 10^6$  cells/mL. The cell suspension was then combined with 155 siRNA/DharmaFECT 2 complex and seeded in 24-well plates at  $5 \times 10^5$  cells/500 µL/well. 156 The final concentrations of siRNA and DharmaFECT 2 were 40 nM and 0.4%, respectively. 157 158 Insulin secretion or RT-qPCR experiments were performed after a 48-hour culture.

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160 **4.6. RT-qPCR** 

161 cDNA was prepared from 48-hour cultured cells using CellAmp Direct Lysis and RT set 162 (Takara Bio, Shiga, Japan, Cat# 3737S/A) according to the manufacturer's instructions. 163 Quantitative real-time PCR was performed on a QuantStudio 7 Flex system (Thermo Fisher 164 Scientific, Waltham, MA, USA, RRID:SCR\_020245) using TaqMan Universal Master Mix II 165 with UNG (Thermo Fisher Scientific, Waltham, MA, USA, Cat# 4440038) and Taqman 166 probes: *Pde5a* (Cat# Mm00463177\_m1) and *Tbp* (Cat# Mm01277042\_m1). Relative gene 167 expression of *Pde5a* was calculated using the  $2^{-\Delta\Delta CT}$  method and normalized to *Tbp*. 168

#### 169 **4.7. Statistical Analysis**

Sample sizes were estimated from the expected effect size based on previous experiments. No 170 171 randomization or blinding was used. For insulin secretion and RT-qPCR experiments, n 172 represents the number of biological replicates of cells grown in individual wells. For Ca<sup>2+</sup> 173 measurements, *n* represents the number of different single cells analyzed. Data are shown as 174 the mean  $\pm$  standard error of the mean (SEM) along with the plot of individual data points. For 175 statistical comparisons between two groups, a two-tailed unpaired Welch's unpaired *t*-test was 176 used. For more than three groups, one-way analysis of variance (ANOVA) was followed by 177 pairwise comparisons corrected using Dunnett's method. P-values smaller than 0.05 were 178 considered statistically significant and are indicated in the figures. P-values greater than 0.05 179 are indicated in the figures. The statistical analyses used are indicated in the figure legends. 180 No statistical methods were used to determine whether the data met the assumptions of the 181 statistical approach. Statistical analyses were performed using GraphPad Prism 9 (Graphpad 182 Software, Boston, MA, USA, https://www.graphpad.com; RRID:SCR\_002798).

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184 **5. RESULTS** 

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# 186 **5.1 Sildenafil amplifies insulin secretion from** β **cell lines**

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188 The effect of sildenafil on insulin secretion was investigated using MIN6-K8 cells. Sildenafil 189 at concentrations greater than 10  $\mu$ M dose-dependently enhanced insulin secretion at 190 stimulatory levels (11.1 mM) of glucose (Figure 1A). Sildenafil displayed no effect at basal 191 levels (2.8 mM) of glucose (Figure 1B), indicating that the insulinotropic effect of sildenafil is 192 glucose-dependent.

193 To assess whether sildenafil enhances insulin secretion by facilitating  $K_{ATP}$  channel closure, 194 its efficacy was tested in  $K_{ATP}$  channel-deficient  $\beta$  cells. We previously generated *Kcnj11<sup>-/-</sup>*  $\beta$ 

195 cells, in which  $K_{ATP}$  channel activity is absent and the cell membrane is depolarized 196 continuously regardless of extracellular glucose levels (Oduori *et al.*, 2020). Sildenafil 197 significantly increased insulin secretion in *Kcnj11<sup>-/-</sup>*  $\beta$  cells even at 2.8 mM glucose (Figure 198 1B), demonstrating that sildenafil-amplified insulin secretion is independent of K<sub>ATP</sub> channel 199 activity.

Similarly, in MIN6-K8 cells, sildenafil amplified insulin secretion at 2.8 mM glucose in the presence of the sulfonylurea glimepiride, which inhibits  $K_{ATP}$  channel activity (Figure 1C). In contrast, sildenafil's insulinotropic effect at 11 mM glucose was lost in the presence of diazoxide (Figure 1D), a  $K_{ATP}$  channel opener that hyperpolarizes  $\beta$  cells (Gribble and Reimann, 2003; Rorsman and Ashcroft, 2018). These observations suggest that sildenafil is effective only when the plasma membrane is depolarized by other factors such as high glucose, sulfonylureas, and *Kcnj11* knockout.

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# 208 5.2 Sildenafil potentiates influx of extracellular Ca<sup>2+</sup>

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210 We then investigated the association between sildenafil-amplified insulin secretion and  $Ca^{2+}_{i}$ 211 using Fluo-4 imaging.

In MIN6-K8 cells, sildenafil augmented the increase in  $Ca^{2+}{}_{i}$  induced by 11.1 mM glucose but had no apparent effect at 2.8 mM glucose (Figures 2A-B). In *Kcnj11*<sup>-/-</sup>  $\beta$  cells, sildenafil increased  $Ca^{2+}{}_{i}$  levels at 2.8 mM glucose (Figures 2C-D). These trends accord with the pattern of insulin secretion shown in Figure 1, suggesting that sildenafil-amplified insulin secretion involves augmented  $Ca^{2+}{}_{i}$  responses.

217 Nifedipine, an inhibitor of L-type VDCCs, eliminated the response to 11.1 mM glucose but 218 did not completely inhibit the response to a combination of sildenafil and 11.1 mM glucose 219 (Figures 2E-F). This combination maintained a higher baseline and produced multiple spikes in  $Ca^{2+}$  traces even in the presence of nifedipine (Figure 2E). These responses were abolished 220 upon removal of  $Ca^{2+}$  from the stimulation buffer (Figure 2G). Consistently, nifedipine 221 222 treatment substantially lowered insulin secretion by 11.1 mM glucose compared to vehicle 223 alone but did not block the responsiveness to sildenafil (Figure 3A), which was increased as expressed by fold change (Figure 3B). In contrast, Ca<sup>2+</sup>-free buffer abrogated sildenafil 224 responsiveness (Figure 3A-B). Thus, sildenafil-induced  $Ca^{2+}_{i}$  response and insulin secretion 225 are dependent on extracellular  $Ca^{2+}$  but not on L-type VDCCs. 226

We also assessed the role of intracellular  $Ca^{2+}$  stores using thapsigargin, an inhibitor of sarcoplasmic/endoplasmic reticulum  $Ca^{2+}$ -ATPase (SERCA), to deplete intracellular  $Ca^{2+}$ 

stores. Thapsigargin only marginally affected insulin secretion, with a slight decrease in
 sildenafil responsiveness as measured by the fold change (Figures 3C-D). This result indicates

- that intracellular  $Ca^{2+}$  stores are dispensable for the sildenafil-induced  $Ca^{2+}_{i}$  response.
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# 233 **5.3** Sildenafil-amplified insulin secretion is independent of PDE5

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We then investigated whether PDE5, the original molecular target of sildenafil, plays a role in its insulinotropic effect. Using siRNA to knock down *Pde5a*, we successfully decreased its transcript levels by approximately 50% (Figure 4A). However, this knockdown had no inhibitory effect on sildenafil-enhanced insulin secretion and actually appeared to increase sildenafil responsiveness (Figures 4B-C). These findings indicate that the insulinotropic effect of sildenafil is independent of PDE5 inhibition.

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#### 241 6. DISCUSSION

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In the present study, we show that (1) sildenafil enhances insulin secretion by augmenting extracellular  $Ca^{2+}$  influx independently of L-type VDCCs; (2) furthermore, sildenafil-amplified insulin is dependent on depolarization but independent of K<sub>ATP</sub> channels; and that (3) sildenafilamplified insulin secretion is not mediated by the PDE5-inhibitory effects of sildenafil.

247 This is the first report of a direct effect of sildenafil on pancreatic  $\beta$ -cells and suggests its favorable therapeutic properties as an insulinotropic agent in the treatment of diabetes. 248 249 Research has suggested that  $K_{ATP}$  channel activity is impaired in diabetic  $\beta$  cells (Oduori *et al.*, 250 2020; Nichols et al., 2022). Unlike sulfonylureas and glinides, which are ineffective in KATP 251 channel-inactivated  $\beta$  cells, sildenafil remains effective. In addition, the insulinotropic effect 252 of sildenafil is dependent on glucose levels, thereby reducing the likelihood of hypoglycemia 253 as a potential side effect. Moreover, the beneficial effects of sildenafil on insulin sensitivity 254 (Ayala et al., 2007; Ramirez et al., 2015) and vascular function (Schäfer, et al. 2009; 255 Zimmermann et al., 2020) might well complement its insulinotropic effect to further improve 256 glycemic control.

The nature of sildenafil-induced Ca<sup>2+</sup> influx is particularly intriguing, as it comprises a 257 substantial amount of dihydropyridine (DHP)-insensitive components. In mouse  $\beta$  cells, 258 glucose-induced Ca<sup>2+</sup> influx is predominantly mediated by L-type VDCCs (Rorsman and 259 Ashcroft, 2018; Thompson and Satin, 2021). Thus, treatment with DHP such as isradipine and 260 nifedipine, or genetic ablation of CaV1.2, a subunit of L-type VDCC, profoundly suppresses 261 262 GIIS (Schulla et al., 2003). However, there is also a DHP-insensitive component in GIIS, which is attributable to R-, P/Q-, and possibly N-type VDCCs in mouse  $\beta$  cells (Rorsman and Ashcroft, 263 264 2018; Thompson and Satin, 2021). Non-L-type VDCCs also modulate physiological insulin secretion, with R-type VDCCs participating in the second phase of GIIS (Jing et al., 2005). 265 DHP-insensitive Ca<sup>2+</sup> influx by sildenafil suggests that sildenafil directly activates non-L-type 266 267 VDCCs or alternatively modulates the membrane potential to preferentially activate these channels. These characteristics may well be advantageous for use in human  $\beta$  cells, as DHP-268 insensitive Ca<sup>2+</sup> currents appear to be more important for insulin secretion in humans than in 269 270 mice (Davalli et al., 1996; Braun et al., 2008).

The known pharmacology of sildenafil involves increased intracellular cyclic guanosine monophosphate (cGMP) levels through inhibition of its hydrolysis via PDE5. Elevated cGMP levels activate protein kinase G (PKG), leading to various cellular responses. Indeed, research has suggested that cGMP/PKG activation can enhance insulin secretion through PKG-

275 mediated KATP channel inhibition (Ropero et al., 1999) or membrane depolarization by unidentified K<sup>+</sup> channels (Ishikawa et al., 2003). In addition, sildenafil can increase Ca<sup>2+</sup>i 276 influx by cGMP/PKG-dependent activation of Ca<sup>2+</sup>-activated K<sup>+</sup> channels with large 277 278 conductance (BK channels) in human umbilical vein endothelial cells (HUVEC) (Luedders et 279 al., 2006). However, these pathways do not seem to be involved in sildenafil-amplified insulin 280 secretion, insofar as Pde5a knockdown, which might be expected to impede the ability of 281 sildenafil to boost cGMP levels, in fact enhanced sildenafil responsiveness, indicating that 282 sildenafil-amplified insulin secretion and cGMP/PKG signaling are not correlated.

283 This study has several limitations. First, the results are based solely on immortalized clonal 284  $\beta$  cells, which may not accurately represent the function of primary  $\beta$  cells in vivo. Further 285 confirmation using primary islets or  $\beta$  cells is warranted. Second, this study did not confirm its 286 findings in vivo. While previous studies failed to observe any change in plasma insulin or C-287 peptide levels after chronic sildenafil administration in diet-induced obese mice (Ayala et al., 2007; Johann et al., 2018) or prediabetic humans (Ramirez et al., 2015), this lack of effect may 288 289 be attributed to the pharmacological profile of sildenafil. We demonstrated that the drug must 290 be present at concentrations greater than 10 µM to stimulate insulin secretion, whereas its 291 plasma concentration in vivo is typically less than 1 µM (approximately 500 ng/mL) after a 292 single dose, as determined by pharmacokinetic analysis (Nichols et al., 2002; Alwhaibi et al., 293 2021). Therefore, to bridge the gap between in vitro and in vivo studies, the administration 294 protocol needs to be optimized.

295

### 296 **7. CONCLUSION**

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Our results indicate that sildenafil increases insulin secretion by enhancing  $Ca^{2+}$  influx via a mechanism independent of L-type VDCCs or PDE5. This study presents a new perspective on the metabolic advantages of sildenafil and provides insights into the molecular mechanism of insulin secretion.

302

# **303 AUTHOR CONTRIBUTIONS**

304

305 Conceptualization, N.M.; Methodology, N.M..; Investigation, N.M., R.M., K.S., and Y.M.;

306 Writing – Original Draft: N.M. and R.M.; Writing – Review & Editing: N.M., R.M., K.S.,

307 Y.M., Y.S., Y.Y., and A.S.; Data Curation: N.M. and R.M.; Visualization: N.M. and R.M.;

308 Supervision: K.S., Y.S., Y.Y., and A.S.; Funding Acquisition: N.M. and A.S.

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328	
329	CONFLICT OF INTEREST
330	
331	The authors declare no conflict of interest.
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### 333 FIGURES



334

Figure 1. Sildenafil amplifies insulin secretion from β cell lines in a depolarizationdependent manner.

- (A) Dose-dependent effects of sildenafil on insulin secretion at 11.1 mM glucose in MIN6-K8
  cells n = 4.
- 339 (B) Effects of sildenafil on insulin secretion at 2.8 mM glucose in MIN6-K8 and *Kcnj11<sup>-/-</sup>*  $\beta$ 340 cells. n = 4.
- 341 (C) Effect of sildenafil on insulin secretion in the presence of glimepiride at 2.8 mM glucose
  342 in MIN6-K8 cells. n = 4.
- 343 (D) Effect of diazoxide on sildenafil-amplified insulin secretion in MIN6-K8 cells. n = 4.

- Data are presented as the mean  $\pm$  standard error of the mean (SEM). 2.8G, 2.8 mM glucose;
- 345 11.1G, 11.1 mM glucose. The reagents were added to achieve the following final
- 346 concentrations unless otherwise specified: sildenafil (Sil) 100 μM, glimepiride (GLM) 1 μM,
- and diazoxide  $-100 \,\mu$ M. Statistical comparisons were performed using Welch's unpaired two-
- tailed t-test for (B), (C), and (D).
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Intracellular Ca<sup>2+</sup> levels were measured using Fluo-4. The time course of normalized fluorescence intensity at 508-579 nm is indicated in (A), (C), (E), and (G). The black arrow indicates the addition of the indicated stimulations at time = 0. The magnitude of Ca<sup>2+</sup> responses was quantified as iAUC in (B), (D), and (F).

- 356 (A) (B) Effect of sildenafil on intracellular Ca<sup>2+</sup> in MIN6-K8 cells. 2.8G + Sil: n = 8; 11.1G: n357 = 12; 11.1G + Sil: n = 11.
- 358 (C) (D) Effect of sildenafil on intracellular Ca<sup>2+</sup> in *Kcnj11<sup>-/-</sup>*  $\beta$  cells. Carbachol was added at 359 time = 600 as positive control. 11.1G + Nife: n = 13; 11.1G + Nife + Sil: n = 11.
- 360 (E) (F) Effect of nifedipine on sildenafil-induced Ca<sup>2+</sup> response in MIN6-K8 cells. 11.1G +

361 Nife: n = 13; 11.1G + Nife + Sil: n = 11.

362 (G) Effect of sildenafil on intracellular Ca<sup>2+</sup> under extracellular Ca<sup>2+</sup>-free conditions in MIN6-363 K8 cells. 2.8G + Sil: n = 8; 11.1G: n = 12; 11.1G + Sil: n = 11.

- 364 Data are presented as the mean  $\pm$  SEM. The SEM is indicated by shaded regions (A), (C), (E),
- and (G), as well as by error bars elsewhere. 2.8G, 2.8 mM glucose; 11.1G, 11.1 mM glucose.
- 366 The reagents were added to achieve the following final concentrations: sildenafil (Sil) 100
- 367 μM, nifedipine (Nife) 10 μM, carbachol (CCh) 50 μM, and EGTA 0.2 mM. Statistical
- 368 comparisons were made using one-way ANOVA with Dunnett's post hoc test in (B), and
- 369 Welch's unpaired two-tailed t-test for (D) and (F).
- 370

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Figure 3. Sildenafil-amplified insulin secretion is dependent on extracellular Ca<sup>2+</sup>. 372

(A) (B) Effects of nifedipine or extracellular Ca<sup>2+</sup>-free conditions on sildenafil-amplified 373 insulin secretion in MIN6-K8 cells. n = 4. The data is presented in its original value in (A) 374 and as fold change over 11.1 mM glucose in (B). 375

(C) (D) Effect of thapsigargin on sildenafil-amplified insulin secretion in MIN6-K8 cells. n = 376

377 4. The data is presented in its original value in (C) and as fold change over 11.1 mM 378 glucose in (D).

379 Data are presented as the mean  $\pm$  SEM. The reagents were added to achieve the following final

380 concentrations: sildenafil (Sil) - 100 µM, nifedipine (Nife) - 10 µM, EGTA - 0.2 mM, and

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- 381 thapsigargin 1 μM. Statistical comparisons were performed using one-way ANOVA with
- 382 Dunnett's post-hoc test for (B) and Welch's unpaired two-tailed t-test for (A) and (D).

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384

**Figure 4. PDE5 is not involved in sildenafil-amplified insulin secretion.** 

386 (A) Knockdown efficiency of Pde5a was assessed by RT-qPCR. mRNA levels were

387 normalized to siNT (non-targeting siRNA)-treated cells. n = 3.

388 (B) (C) Effect of *Pde5a* knockdown on sildenafil-amplified insulin secretion. n = 4. The data

is presented in its original value in (B) and as fold change over 11.1 mM glucose in (C).

390 Data are presented as the mean  $\pm$  SEM. Sildenafil (Sil): 100  $\mu$ M. Statistical comparisons were

391 made using Welch's unpaired two-tailed t-test.

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