

1 **Phylogenomics resolves a 100-year-old debate regarding the evolutionary history**
2 **of caddisflies (Insecta: Trichoptera)**

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12

13 **Abstract**

14 Trichoptera (caddisfly) phylogeny provides an interesting example of aquatic insect evolution,
15 with rich ecological diversification, especially for underwater architecture. Trichoptera provide
16 numerous critical ecosystem services and are also one of the most important groups of aquatic
17 insects for assessing water quality. The phylogenetic relationships of Trichoptera have been debated
18 for nearly a century. In particular, the phylogenetic position of the “cocoon-makers” within
19 Trichoptera has long been contested. Here, we designed a universal single-copy orthologue and sets
20 of ultraconserved element markers specific for Trichoptera for the first time. Simultaneously, we
21 reconstructed the phylogenetic relationship of Trichoptera based on genome data from 111 species,
22 representing 29 families and 71 genera. Our phylogenetic inference clarifies the probable
23 phylogenetic relationships of “cocoon-makers” within Integripalpia. Hydroptilidae is considered as
24 the basal lineage within Integripalpia, and the families Glossosomatidae, Hydrobiosidae, and
25 Rhyacophilidae formed a monophyletic clade, sister to the integripalpian subterorder Phryganides.
26 The resulting divergence time and ancestral state reconstruction suggest that the most recent
27 common ancestor of Trichoptera appeared in the early Permian and that diversification was strongly
28 correlated with habitat change.

29 **Keywords:** phylogeny, Trichoptera, USCO, UCE

30 **1. Introduction**

31 Aquatic insects are an example of the evolutionary process from the aquatic (marine) to
32 terrestrial to aquatic (freshwater) environments, and account for 60% of known freshwater species
33 (Dijkstra et al., 2014; Li et al., 2001; Morse, 2017). In order to adapt to the freshwater environment,
34 aquatic insects have evolved a variety of specialized body structures, physiological processes,
35 behaviors, including swimming legs and body movements, respiratory tubes tracheal gills,
36 osmoregulatory functions, and habitat-specific behaviors, among which Trichoptera provide an
37 excellent example of diversity in aquatic insect evolution (Holzenthal et al., 2011; Morse et al., 2019;
38 Wiggins, 1996). Trichoptera inhabit a wide variety of aquatic environments, including freshwater
39 streams, rivers and lakes, wetlands, intertidal zones, and marine tidal pools. To survive in diverse
40 environments, Trichoptera are as varied in their nutrient sources and feeding behaviors as freshwater
41 Diptera and employ silk for habitat modification in more ways than any other group of animals, for
42 example prompting their popular recognition as underwater architects (Anderson and Sedell, 1979;
43 Mackay and Wiggins, 1979; Wiggins, 2004; Fig. 1). Over the course of at least 260 million years of
44 evolution, they have exhibited extraordinary morphological, taxonomic, and ecological diversity,
45 with about 52 families and more than 17,000 species described worldwide (Morse, 2023). Most
46 Trichoptera have aquatic egg, larval, and pupal life stages, and terrestrial adults, each with highly
47 differentiated morphological structures reflecting their niche adaptations (Morse et al., 2019).

48 A hundred years ago, Trichoptera were divided into two suborders (Annulipalpia and
49 Integripalpia), based on the presence or absence of an annulate apical segment of each maxillary
50 and labial palp, a classification which is still valid today (Martynov, 1924; Morse, 1997). However,
51 there are some special groups, now known as “cocoon-makers”, including families Glossosomatidae,
52 Hydrobiosidae, Hydroptilidae, Rhyacophilidae, and Ptilocolepidae whose phylogenetic
53 relationships have puzzled trichopteran scholars for many years. At first, these families were thought
54 to belong to the Integripalpia (Morse, 1997; Ross, 1956). Subsequently, due to the hypothesis that
55 semi-permeable pupal cocoons were considered primitive, “cocoon-makers” were regarded as the
56 earliest grade in Trichoptera (Weaver, 1984; Wiggins and Wichard, 1989). Another hypothesis based
57 on the semi-permeable cocoon hypothesis and caddisfly species morphology divided them, placing
58 some at the bases of each of the two suborders (Frانيا and Wiggins, 1997). Early studies based on

59 a few DNA markers showed that “cocoon-makers” were considered as a basal grade of Integripalpia
60 that was sister to the monophyletic integripalpiian subterorder Phryganides (with larvae generally
61 constructing portable tubular cases); these studies considered sister families Hydroptilidae and
62 Ptilocolepidae to be the earliest lineage in Integripalpia (Kjer et al., 2016; Thomas et al., 2020).
63 Some more-recent studies based on the mitogenome and five molecular markers (*COI*, *18S rRNA*,
64 and three nuclear genes) suggested that Hydroptilidae separated from other “cocoon-makers” and
65 formed a sister group with Annulipalpia, contrary to the findings of Kjer et al (2016) and Thomas
66 et al (2020) (Ge et al., 2023; Grigoropoulou et al., 2022). In addition, the phylogenetic positions of
67 the families Glossosomatidae, Hydrobiosidae, and Rhyacophilidae as well as their relationships
68 with each other and with Phryganides have not been determined, whether based on a few molecular
69 markers or on the mitochondrial genomes (Ge et al., 2023; Thomas et al., 2020). To date, most
70 molecular phylogenetic studies of Trichoptera have sampled only 15 or fewer genes, based on a
71 matrix of less than 15,000 nucleotides in length. Although this limited genetic sampling has helped
72 to reveal or support relationships between the suborders, among some superfamilies, and families,
73 it has been insufficient to address with strong support some of the deep evolutionary relationships
74 within Trichoptera, such as the phylogenic relationships within Psychomyioidea (Chamorro and
75 Holzenthal, 2011; Johanson and Espeland, 2010; Johanson et al., 2012; Kjer et al., 2016; Thomas et
76 al., 2020). The date of origin of the order is also uncertain due to unstable or faulty phylogenetic
77 relationships (Malm et al., 2013; Thomas et al., 2020, 2023). Therefore, resolving the phylogenetic
78 relationships and timescale of Trichoptera evolution has proven challenging, and revealing
79 phylogenetic relationships of these lineages is critical to understanding early trichopteran character
80 evolution, and aquatic environment adaptation.

81 In recent years, the development of phylogenomics has brought us new hope to solve the
82 phylogenetic relationship of Trichoptera. In contrast to the problems that small molecular markers
83 and mitochondrial genomic markers may have in reconstructing ancient nodes, obtaining thousands
84 of loci through phylogenomics methods, sampling Universal Single-copy Orthologs (USCOs; Yu et
85 al., 2022; Zhang et al., 2019), Anchored Hybrid Enrichment (AHE; Branstetter et al., 2017; Faircloth
86 et al., 2012; Lemmon et al., 2012), and Ultraconserved Elements (UCEs; Zhang et al., 2023) can
87 help overcome recalcitrant nodes on the tree of life (Kumar et al., 2012; Williams et al., 2020; Young
88 and Gillung, 2020). In fact, phylogenomics has also greatly improved our understanding of the

89 origin and evolution of insects (Misof et al., 2014). Many scholars have developed different USCO
90 datasets, AHE probes, and UCE probes by combining different research groups (Diptera, Hemiptera,
91 Coleoptera, Hymenoptera, Collembola; Branstetter et al., 2017; Faircloth, 2017; Godeiro et al., 2023;
92 Sun et al., 2020; Waterhouse et al., 2018). In the transcriptome studies being conducted at the same
93 time as ours, AHE has been used to reconstruct phylogenetic relationships of Trichoptera (Frandsen
94 et al., 2023).

95 Therefore, to resolve the controversy about the phylogenetic relationships of the cocoon-
96 maker families in Trichoptera, this study reconstructed the phylogenetic relationship of Trichoptera
97 based on phylogenomics. The first Trichoptera USCO dataset and UCE probe sets were developed
98 using high-quality assembly and protein reference genes. Herein, we report results of our analysis
99 of newly sequenced low-coverage whole-genome data for 86 trichopteran species, having extracted
100 thousands of USCOs and UCEs from whole-genome data to compile the largest genomic dataset of
101 Trichoptera compiled to date. To reach this milestone, we filtered the loci using different strategies
102 and different models to build phylogenetic trees with reduced probability of systematic errors.
103 Concurrently, we discuss the validity of these two markers, propose a new hypothesis, and elucidate
104 reliable phylogenetic relationships. Based on the new phylogenetic framework of the system and
105 the fossil evidence, the divergence time was inferred, and the evolution of the key shape features
106 was hypothesized.

107 **2. Materials and methods**

108 *2.1 Taxon sampling and Molecular techniques*

109 We collected 86 trichopteran species from 61 genera in 28 families, employing ultraviolet traps,
110 and Malaise traps for adults and D-frame aquatic nets for larvae during 2017 to 2022 (Table S1).
111 Specimen identification were conducted by Xinyu Ge, Lang Peng and Changhai Sun. We also
112 downloaded 25 trichopteran genomes from GeneBank (as of 1 June 2023), for a total of 111
113 Trichoptera genomes as ingroups (Table S2). According to the phylogeny of Lepidoptera, the
114 genomes of four families (Micropterigidae, Tineidae, Psychidae, and Choreutidae) were selected as
115 outgroups for phylogenetic reconstruction (Kawahara et al., 2019). The newly sequenced samples
116 were subjected to DNA extraction using the DNeasy Blood and Tissue kit (QIAGEN). All voucher

117 specimens are stored in the Insect Museum of Nanjing Agricultural University, Nanjing, Jiangsu
118 Province, China. Sequencing libraries were prepared using a library preparation kit and separate
119 Illumina and BGI sequencing libraries were prepared for each sample according to the vendor's
120 protocols. We performed paired-end 150 bp sequencing for each library, with an insertion fragment
121 length of 350 bp. Given the substantial variations in genome size among Trichoptera, we
122 systematically screened the 28 collected families. We prioritized families lacking published
123 genomes or those with inadequately represented genome species. Representative species within
124 these families were selected for genome size assessment; the sequencing volume for these
125 representative species ranged from 30 to 80 Gb. Following a comprehensive statistical analysis of
126 the outcomes, it was observed that each library of the remaining species yielded approximately 10–
127 50 Gb of raw data, ensuring a sequencing coverage of more than 20×.

128 *2.2 Genome size evaluation and assembly*

129 Genome size assessment was conducted based on the frequency distribution of k-mer. Initially,
130 BBmap v38.67 (Bushnell, 2014) was employed to eliminate repetitive sequences (clumpify.sh) and
131 remove low-quality sequences (bbduk.sh). Subsequently, k-mer distribution values were computed
132 using khist.sh with the parameter k=21. The final assessment of the genome involved using the R
133 package within GenomeScope v2.0.1 (Vurture et al., 2017) to calculate k-mer distribution and
134 heterozygosity, with the maximum sequencing coverage set at 10,000. PLWS v1.0.7 was used to
135 assemble trichopteran genomes (Zhang et al., 2019). Firstly, the raw data underwent quality control
136 using the aforementioned methods. Whereafter, the genome was assembled using Minia v3.2.4
137 (Chikhi and Rizk, 2013) with k-mer values ranging from 21 to 121. Redundans v0.13c (Pryszcz and
138 Gabaldón, 2016) was used to remove redundant contigs. Ultimately, BESST v2.2.8 (Sahlin et al.,
139 2014) and GapCloser v1.12 (Luo et al., 2012) were employed for extension and gap filling of
140 sequence, respectively. The newly assembly trichopteran genome have been deposited on the
141 National Genomics Data Center (NGDC).

142 *2.3 USCO dataset and UCE probe design*

143 The development of the trichopteran USCOs dataset was conducted following the design

144 workflow published by Sun et al. (2020). The protein sequences of 10 trichopteran species and 4
145 lepidopteran species were downloaded from Gigabase and GeneBank (Table S3). The completeness
146 of the downloaded protein sequences was evaluated using BUSCO v3.0.2 (Waterhouse et al., 2018)
147 in protein mode (-m protein). Protein clustering was executed utilizing OrthoFinder v2.3.8 (Emms
148 and Kelly, 2019). Subsequent procedures encompassed alignment, trimming, modeling of
149 conserved regions, and sequence annotation, collectively leading to the establishment of the
150 trichopteran USCO dataset (Trichoptera_odb1). The development of the UCE probe set followed
151 the workflow by Faircloth (2017) and Zhang et al. (2019). Genomes from 17 trichopteran species
152 and one lepidopteran species were selected for UCE probe design, as detailed in Table S4. The
153 highest-quality genome (*Limnephilus lunatus* Curtis; Limnephilidae) was selected as the base
154 genome for alignment. Subsequently, genomes were resampled, and the base genomes were aligned
155 using ART-20160605 (Huang et al., 2012) and Stampy v1.0.32 (Lunter and Goodson, 2011),
156 respectively. Ultimately, the UCE probes were designed using PHYLUCE v1.6.6 (Faircloth, 2017).
157 The final baits at conserved sites must be shared by at least 15 species to ensure their suitability for
158 subsequent analyses.

159 *2.4 USCO, UCE extraction extract and Matrix preparation*

160 BUSCO was employed to extract USCOs for all taxa, using the newly generated
161 Trichoptera_odb1 dataset (n = 3860) with the parameter “-m genome”. To obtain more “complete”
162 loci, the standard deviation for “lengths_cutoff” was increased by one-fold. As a preliminary
163 filtering step for the loci, those with fewer than two sequences were excluded. MAGUS v0.1.1
164 (Smirnov and Warnow, 2020) was used with MAFFT to conduct homologous region alignment of
165 the amino acid sequences of USCO. The ClipKit v1.1.5 with the kpi strategy was then applied to
166 retain parsimony-informative sites from the results of alignment.

167 To reduce systematic errors, two strategies were sequentially employed for gene filtering in
168 this study. The first strategy was applied for filtering based on the gene characteristic, involving the
169 following steps: (1) Phykit v1.2.1 (Steenwyk et al., 2021) was used to detect the number of concise
170 information sites for each locus, and loci with more than 100 concise information sites were retained;
171 (2) filtering was based on the homogeneity of each sequence: Phykit was used to assess the relative

172 composition variability (RCV) values; (3) IQ-TREE v2.2.2.7 (Minh et al., 2020) was employed to
173 exclude sequences that deviated from the assumptions of stationarity, reversibility, and homogeneity
174 (SRH) of the loci. The parameter “—symtest” was used, and loci were retained based on an
175 intermediate p-value of 0.05. Subsequently, Phykit was used to generate taxon-occupancy matrices
176 at 60%, 70%, and 80%, denoted as USCO60/70/80. The second filtering strategy involved filtering
177 based on the gene tree features for each gene: (1) The phylogenetic tree of each gene was constructed
178 using IQ-TREE, setting the EX_EHO model and 1000 replicates of UFBoot2 (Hoang et al., 2017)
179 applied to the USCO60/70/80 matrices; (2) Treeshrink v1.3.7 (Mai and Mirarab, 2018) was
180 employed to identify and remove abnormally long branches in each gene tree, indicative of
181 potentially paralogous sequences and assembly errors, with the parameter “-q 0.05”. After obtaining
182 the new gene sequences, manual verification and the reconstruction of the phylogenetic tree for each
183 gene, based on the EX_EHO model, were performed; (3) genes with an average bootstrap support
184 (ABS) value greater than 75 were retained, and datasets USCO60/70/80_abs75 were generated for
185 subsequent filtering. (4) The Degree of Violation of the Molecular Clock (DVMC) based on the
186 molecular clock hypothesis, Phykit was employed for filtering based on the Degree of Violation of
187 the Molecular Clock (DVMC) and treeness (proportion of the tree distance found on internal
188 branches). Finally, FASconCAT-G v1.04 (Kück et al., 2014) was used to concatenate the retained
189 loci, facilitating subsequent phylogenetic analysis.

190 A custom script developed by Zhang et al., (2019) was employed to extract UCEs for each
191 species. The initial input files encompassed all 115 assemblies along with the newly generated
192 trichopteran UCE probe set. The filtering strategy for UCE closely resembled that applied to USCO.
193 UCEs with fewer than two sequences were excluded, and MAFFT was employed for sequence
194 alignment using the L-INS-I strategy. The kpi strategy in ClipKit was used to retain parsimony-
195 informative sites. Phykit was used to retain loci with a count of concise information sites greater
196 than 100, and RCV heterogeneity tests were employed for further filtering. The SRH test with a
197 cutoff parameter of 0.05 was performed using IQ-TREE. Taxon-occupancy matrices at 50%, 70%,
198 and 90% were generated. IQ-TREE was employed to infer individual gene trees using a GTR model,
199 and the Treeshrink was used to scrutinize long branches. Loci with ABS values greater than 70 were
200 selected through subsequent analyses, resulting in datasets labeled UCE50/70/90_abs70. The
201 DVMC and treeness tests were then applied for final filtration. In the final step, the loci were

202 concatenated using FASconCAT-G for each matrix.

203 *2.5 Phylogenetic analyses*

204 For the data matrices obtained from two different types of molecular markers, USCO and UCE,
205 we employed a series of models and various calculation methods to address issues such as rate
206 heterogeneity, lineage heterogeneity, and incomplete lineage sorting (ILS) that could potentially
207 affect phylogenetic reconstruction. To address the systematic errors caused by incomplete lineage
208 sorting, we used the Multi-species coalescent model (MSCM). All gene trees within each data
209 matrix of the two molecular markers were inputted into ASTER v1.15, employing w-astral strategy
210 (Zhang and Mirarab 2022). This approach was employed to infer species trees for different matrices
211 and estimate branch support rates.

212 The IQ-TREE was used to infer Maximum Likelihood (ML) trees for both the USCO and UCE
213 matrices. The best-fitting substitution models for each gene partition were evaluated using the
214 MODELFINDER module (Kalyanamoorthy et al., 2017) integrated into IQ-TREE. The best model
215 for each partition was determined, constrained to the specified LG for USCO matrices and GTR for
216 UCE matrices, with the relaxed algorithm “-rclusterf 10”. Then, the GHOST (General
217 Heterogeneous evolution On a Single Topology; Crotty et al., 2019) model was applied with “-m
218 LG+FO+H4 and GTR+FO+H4” for the USCO and the UCE matrices, respectively. To alleviate the
219 impact of data heterogeneity on phylogenetic reconstruction results, the EX_EHO mixture model
220 (EX_EHO+FO+R) and the PMSF (Posterior Mean Site Frequency; Wang et al., 2017) model were
221 employed for each USCO matrix in IQ-TREE. In the tree-building process based on the PMSF
222 model, to ensure accuracy and eliminate the impact of guide trees with different topologies on PMSF
223 tree inference, ML trees constructed using the partitioning model, the EX_EHO mixture model from
224 the USCOs, and the ML tree of the partitioning model of UCEs were used as initial guide trees. The
225 resulting tree was then used as the new guide tree for a second round of PMSF phylogenetic tree
226 inference, repeating the process at least two times. To further reduce influence of multiple
227 substitutions saturation, the Dayhoff6 recoding strategy was applied to each USCO matrix.
228 Phylogears v2.2.0 (Tanabe, 2008) was used to convert 20 amino acids into 6 coding states (0–5),
229 and the recoded sequences were then imported into IQ-TREE for analysis, with the model

230 parameters set as “-m GTR+R”. Bayesian inference (BI) was conducted using PhyloBayes MPI
231 v1.8c (Lartillot et al., 2013). The CAT+GTR model was employed based on USCO80_abs75, and
232 two Markov chain Monte Carlo chains were run until achieving an effective size (>50) and
233 convergence (maxdiff < 0.1). Finally, a strict consensus tree was generated after discarding the initial
234 25% of trees as burn-in.

235 The genealogical concordance was calculated using the gCF (gene concordance factor) and the
236 sCF (site concordance factor) given the reference tree and gene trees using IQ-TREE. Additionally,
237 to verify the reliability of different topologies generated by ML analysis in this study, the
238 Approximately Unbiased test, weighted Kishino–Hasegawa test, and weighted Shimodaira–
239 Hasegawa test were performed using in IQ-TREE (Kishino and Hasegawa, 1989; Shimodaira and
240 Hasegawa, 1999; Shimodaira, 2002). The USCO70_abs75 matrix and the PMSF model (-m
241 LG+C60+F+G) were chosen for this analysis, with parameters set as “-zb 1000 -zw -au”.

242 *2.6 Divergence time estimation*

243 The divergence time estimation used the PAML v4.9j plugin MCMCTREE (Yang, 2007). The
244 PMSF tree generated from the USCO70_abs75 matrix served as the input topology for this analysis.
245 Fossil calibration points were selected by searching the Paleobiology Database (PBDB;
246 <https://paleobiodb.org/navigator/>). 12 fossil calibration points were marked in the input tree file: A
247 Late Carboniferous fossil served as the root calibration point with a calibrated time of 322 million
248 years ago (Ma). The oldest fossil of Trichoptera from the Late Triassic, *Terrindusia* sp., was set as
249 the calibration point for the common ancestor of Trichoptera (Zheng et al., 2018). The calibration
250 point for the common ancestor of Trichoptera was set with a broad range of 237–314 Ma. A fossil
251 from the Early Jurassic Hettangian stage, representing the Glossata suborder of Lepidoptera, was
252 set as the calibration point for the common ancestor of Lepidoptera with a range of 314–201 Ma
253 (van Eldijk et al., 2018). Other fossil correction points and reference fossils are detailed Table S5.
254 Hessian matrices were quantified using the independent rates clock model and the LG substitution
255 model (model = 2, aaRatefile = LG.dat; clock = 2). The MCMC analysis was run twice, each with
256 100,000 generations, discarding the first 50,000 generations as burn-in.

257 *2.7 Ancestral character state reconstruction*

258 We selected four morphological traits in the larvae of Trichoptera, including the strategy of
259 respiration, morphology of the anal prolegs, morphology of case or retreat, and habitat. Ancestral
260 character state reconstruction (ACSR) analysis was conducted for each trait, and each feature was
261 individually encoded based on its characteristics (see details in Table S6). Mesquite v3.7.0
262 (<http://mesquiteproject.org>) was used to perform maximum likelihood ACSR on deep nodes. The
263 ML reconstruction was conducted under the single-rate “Markov k-state 1 model” (MK1 model).
264 ACSR was performed over 1,000 Bayesian posterior trees of the USCO80_abs75 matrices and
265 summarized on the consensus tree.

266 **3. Results**

267 *3.1 Genome assembly of Trichoptera*

268 The genome size evaluation results indicated that within the suborder Annulipalpia, the
269 genome sizes of Pseudoneureclipsidae and Psychomyiidae were smaller, approximately 179.29 Mb
270 and 177.56 Mb, respectively (Table S7), and the genome sizes of Philopotamidae, Dipseudopsidae,
271 Ecnomidae, Polycentropodidae, and Xiphocentronidae exceeded 200 Mb. In the suborder
272 Integripalpia, notable variation in genome sizes was observed among different families within the
273 "cocoon-maker" group. The family Hydroptilidae exhibited genome sizes ranging from 162.79 to
274 166.94 Mb. In contrast, Glossosomatidae and Hydrobiosidae displayed larger genomes,
275 approximately 464.4 Mb and 533.62 Mb, respectively. Within the Phryganides, certain species of
276 Phryganeidae, Leptoceridae, Limnephilidae, and Limnocentropodidae exhibited genome sizes
277 exceeding 1 Gb. In addition to the mentioned four families, the genome size assessment for the
278 remaining families within Phryganides indicates sizes larger than 500 Mb and less than 1 Gb. This
279 implied considerable variability in genome sizes within Phryganides as well as larger genomes
280 within these families, possibly associated with their habitat characteristics or other ecological factors
281 influencing their genomic characteristics.

282 The genomic assessment results, although slightly lower than the actual assembly results,
283 exhibit only a minor difference. The assembly for 86 species of Trichoptera resulted in genome sizes
284 ranging from 124.97 Mb (*Tinodes furcatus* Li & Morse) to 1,353.95 Mb (*Psilotreta porrecta* Yuan,
285 Sun & Yang) in Table S8. The scaffold N50 length ranged from 2.4 kb (*Ecnomus* sp.) to 65.35 kb

286 *Cheumatopsyche brevilineata* (Iwata). The number of scaffolds ranged from 6,821 to 603,762
287 (*Cheumatopsyche brevilineata* to *Psilotreta porrecta* Yuan, Sun & Yang). The GC content was
288 26.23%–41.23% (*Dipseudopsis* sp.–*Paduniella communis* Li & Morse). The repetitive sequences
289 accounted for 25%–60% (*Oxyethira* sp.–*Dipseudopsis* sp.;). The Spearman correlation analysis
290 revealed a significant positive correlation between genome size and repetitive sequences in
291 Trichoptera (Spearman correlation coefficient 0.98; $p < 2.2E16$; Fig. S1). Hence, we believed that
292 the augmentation of repetitive sequences was one of the key factors propelling the expansion of
293 trichopteran genomes. The BUSCO completeness assessment, utilizing the insect_odb10 reference
294 dataset, indicated that the genome completeness of the newly sequenced species ranged from 32.00%
295 to 96.50%. Notably, the genome completeness of Annulipalpia was significantly higher than that of
296 Integripalpia (Wilcoxon rank sum test $p < 0.001$). Furthermore, larger genomes and those with
297 higher heterozygosity tend to exhibit lower completeness.

298 3.2 Design of trichopteran USCO set and UCE probe sets

299 To obtain a high quality USCO dataset for Trichoptera, we used OrthoFinder to assign 157,402
300 genes from ten trichopteran species and three lepidopteran species to 13,670 orthologous gene
301 families. Of these, 4,181 orthologous gene families were shared by all species, of which 1,682 were
302 identified as single-copy orthologs. We finally obtained a set of 3,860 candidate USCO genes for
303 Trichoptera. These candidate USCO genes were effectively distinguished using a custom-built
304 HMM file, resulting in a final USCO dataset with an average length ranging from 84 to 5,627 bp.
305 Subsequently, we extracted the USCO genes from 111 Trichoptera species using two datasets: the
306 newly developed Trichoptera_odb1 ($n=3,860$) and Endopterygota_odb10 ($n=2,124$). By comparing
307 the extraction results of these two datasets, it was evident that the number of single-copy genes
308 acquired from the newly constructed Trichoptera_odb1 was significantly higher than that from the
309 Endopterygota dataset (Fig. S2; $p > 0.001$).

310 In Annulipalpia, we observed a conspicuous increase in the number of extracted USCO genes
311 for each species within the three superfamilies Hydropsychoidea, Philopotamoidea, and
312 Psychomyioidea. Overall, the species *Cheumatopsyche charites* Malicky & Chantaramongkol
313 (Hydropsychidae) contained the highest number (3,591) of extracted USCO genes (Figs. S3–5). In

314 Integripalpia, a clade within the “cocoon-maker” group, the family Hydroptilidae demonstrated the
315 highest efficiency of USCO gene extraction, with the number of genes ranging from 2,071 to 3,456.
316 However, other families showed a slight improvement in the efficiency of USCO gene extraction,
317 with increases in the number of genes ranging from 289 to 1,143 (Fig. S6). Furthermore, we
318 observed a general increase in the number of extracted USCOs for most species within Phryganides,
319 although a few species in certain families showed a slightly reduced extraction efficiency [(e.g.
320 *Nothopsyche ruficollis* (Ulmer) (Limnephilidae), *Apataniana impexa* Schmid (Apataniidae), and
321 *Triaenodes pelias* Malicky (Leptoceridae); Figs. S7–10]. Finally, based on Trichoptera_odb1 the
322 amino acid sequence lengths of acquired complete USCOs ranged from 84 to 5,638 bp.

323 For the UCE probe design, we simulated reads ranging from 6,353,682 to 52,208,184 obtained
324 from 17 trichopteran assemblies. These reads were then aligned to the base genome (*Limnephilus*
325 *lunatus*) in a range of 1.48%–14.89%. Subsequent UCE probe design generated a provisional
326 Trichoptera UCE probe set that included 16,962 bait probes and 9,366 target genes. Finally, 4,792
327 target genes shared among at least 15 Trichoptera species were selected for design of the final probe
328 set. After removing duplicate probes, we obtained the final Trichoptera UCE probe set (Trichoptera-
329 v1), which consisted of 155,809 baits and 4,731 loci. Based on the trichopteran UCE probe dataset,
330 4,256 target UCEs were extracted from the genomes of 115 species. The lengths of target UCEs
331 ranged from 242 to 1,739 bp, with most UCE loci falling within the range of 900–1,000 bp (Fig.
332 S11).

333 3.3 Matrix generation

334 A total of 3,806 USCO genes were obtained from the Trichoptera_odb1. After filtering based
335 on the number of informative sites, we removed 350 genes with fewer than 100 informative sites.
336 594 genes were removed based on the results of compositional heterogeneity detection, in which
337 the RCV was greater than 0.3, and a total of 2,629 USCO genes were retained following SRH
338 detection. Subsequently, data matrices with taxon occupancy rates ranging of 60%–80% were
339 generated. These matrices included the USCO60/70/80 matrices. IQ-TREE was then used to infer
340 1,734 gene trees based on the EX_EHO model. For different taxon-occupancy data matrices, genes
341 with an ABS values of each gene tree of >75 were selected, resulting in the creation of the

342 USCO60/70/80_abs75 dataset. Filtered genes were then subjected to additional filtering based on
343 DVMC (<0.8) and treeless (>0.3) to generate new data matrices, and the relevant details are shown
344 in Table S9.

345 For UCE loci, a total of 4,256 original UCE markers were obtained using Trichoptera UCE
346 probes in 115 species. UCE markers with fewer than two sequences were removed, resulting in
347 3,687 UCE markers. Further filtering was performed based on the number of informative sites for
348 each marker, and another 80 additional UCE loci were then removed. The 118 loci with RCV values
349 of 0.15 were excluded based on composition heterogeneity. After the SRH test, 1,366 loci were
350 retained for subsequent matrix generation. Herein, data matrices with taxon occupancy rates of
351 50%–90% were labeled as UCE50/70/90. Based on the analysis of 1,067 gene trees using GTR
352 model, genes with ABS values of >70 were retained, resulting in the generation of
353 UCE50/70/90_abs70 dataset. These markers were then filtered again based on DVMC (<0.8) and
354 treeless (>0.25), yielding new data matrices. Detailed information regarding each data matrix is
355 provided in Table S9.

356 *3.4 Phylogenetic analysis*

357 We used six matrices of the USCO and UCE markers to generate three phylogenetic tree
358 topologies based on different strategies and models. These results showed that all trees supported
359 the monophyly of Trichoptera (Posterior Probabilities ≥ 95 and SH-aLRT/UFB_{oot}2 ≥ 99). For USCO
360 matrices, topology 1 (T1) was generated using the partitioning and the GHOST model (Figs. 2A;
361 S12–17): (Lepidoptera + (Hydroptilidae + (Annulipalpia + Integripalpia))). In T1, with
362 Hydroptilidae as a sister group to all other Trichoptera, the remaining “cocoon-maker” families
363 formed a monophyletic clade within the suborder Integripalpia, sister to subterorder Phryganides.
364 This topology suggested that the family Hydroptilidae was a basal lineage within Trichoptera, and
365 the traditional distinction between Integripalpia and Annulipalpia was otherwise supported.
366 Simultaneously, we obtained topology 2 (T2) using the MSCM, EX_EHO mixture model, PMSF
367 model, and GAT+GTR model (Figs. 2B, 3; S18–29): (Lepidoptera + (Annulipalpia + Integripalpia)).
368 Here, the family Hydroptilidae was classified in the suborder Integripalpia. It formed a sister group
369 with other Integripalpia, which includes the monophyletic “cocoon-maker” clade and the

370 Phryganides clade. For the UCE matrices, we obtained topology 3 (T3) using UCE matrices based
371 on the MSCM, partitioning model, and the GHOST model (Figs. 2C; S30–38): (Lepidoptera +
372 ((Hydroptilidae + Annulipalpia) + Integripalpia)). In T3, the family Hydroptilidae and Annulipalpia
373 were recovered as sister groups. Overall, the phylogenetic position of the family Hydroptilidae was
374 highly unstable under different markers and models, indicating certain uncertainty in its phylogenetic
375 placement

376 In the suborder Annulipalpia, the monophyly of Hydropsychoidea, Philopotamoidea, and
377 Psychomyioidea was strongly supported, with a classical phylogenetic relationship
378 (Hydropsychoidea + (Philopotamoidea + Psychomyioidea)) observed for all three topologies (Fig.
379 2). Within Psychomyioidea, both loci produced topologies that recovered the sister group
380 relationships between Dipseudopsidae and Pseudoneureclipsidae, Psychomyiidae and
381 Xiphocentronidae, and Ecnomidae and Polycentropodidae. However, these three clades showed
382 different relationships in the three topologies.

383 In Integripalpia, the other “cocoon-maker” families (i.e., excluding Hydroptilidae) formed a
384 monophyletic group in all topologies. According to the USCO phylogenetic tree, this monophyletic
385 group is recovered as (Glossosomatidae + (Hydrobiosidae + Rhyacophilidae)), although the UCE
386 tree did not exhibit the same result, instead yielding ((Glossosomatidae + Hydrobiosidae) +
387 Rhyacophilidae). However, the UCE result did not have good support. In Phryganides, the
388 relationships within the infraorder Plenitentoria were strongly supported, and the monophyly of
389 Limnephiloidea was recovered. Within the infraorder Brevitentoria, the family Odontoceridae was
390 ambiguously classified as Sericostomatoidea (Fig. 3). Further topology testing indicated that T2 was
391 strongly supported and T1 was strongly rejected in all tests (AU, WKH, and WSH; logL: -
392 9365528.003; $p < 0.05$; Table S10). This indicated that the family Hydroptilidae should be treated
393 as a basal clade of Integripalpia rather than an independent basal clade within Trichoptera. Similarly,
394 T3 was rejected in all hypothesis tests, suggesting that Hydroptilidae is not a member of the suborder
395 Annulipalpia.

396 *3.6 Divergence time and ancestral state reconstruction*

397 Divergence time was estimated using the BI tree based on the USCO80_abs75 dataset with

398 calibration performed based on 12 fossil calibration points. These results indicated that the origins
399 of Trichoptera occurred during the Early Permian, around 281.16–302.52 Ma (95% Highest
400 Posterior Density, HPD; Fig. 3). The time of origin of the suborder Integripalpia preceded that of
401 the suborder Annulipalpia, and the divergence of these two suborders occurred within these two
402 distinct periods. The origin of Integripalpia occurred during the Middle Permian period (261.39–
403 281.32 Ma), whereas Annulipalpia originated during the Early Triassic (231.94–251.1 Ma). In the
404 suborder Annulipalpia, the origins of Hydropsychoidea, Philopotamoidea, and Psychomyioidea all
405 occurred during the Early Jurassic–Cretaceous period (i.e., 135.31–148.08 Ma, 187.25–201.94 Ma,
406 189.09–202.9 Ma, respectively). Divergences between the ancestor of the other “cocoon-maker”
407 groups (Glossosomatidae, Hydrobiosidae, Rhyacophilidae) and Phryganides, and between
408 Plenitentoria and Brevitentoria occurred during the Triassic–early Jurassic (i.e., 227.95–245.1 Ma
409 and 183.07–196.35 Ma, respectively).

410 ACSR showed that the common ancestor of Trichoptera exhibited through undifferentiated
411 integument (Figs. S39–40). A combination of the gill and integument respiration was inferred to be
412 independent synapomorphies of Phryganides, Hydropsychidae, and *Himalopsyche* (Fig. 39a).
413 Moreover, the species living in flowing water were commonly accompanied by strongly developed
414 anal prolegs (Figs. S39b, 40b). The free-living state, without any type of shelter (e.g., similar to
415 early instars of Hydroptilidae), was probably the ancestral state for Trichoptera and, within
416 Integripalpia, the hydroptilid purse case, the glossosomatid saddle case, and Phryganides tube case
417 appear to have evolved independently from the ancestral pattern (Fig. S40a).

418 **4. Discussion**

419 *4.1 Genomic data and maker development*

420 This study assembled genomes covering 28 families within Trichoptera. The sizes of assembled
421 genomes ranged from 124.97 Mb to 1,353.95 Mb, with the largest assembly being approximately
422 11 times larger than the smallest. Specifically, the genomes of the families Psychomyiidae,
423 Xiphocentronidae, and Pseudoneureclipsidae were smaller than the known minimum genome size
424 in Trichoptera, represented by *Agraylea sexmaculata* Curtis (196.07 Mb; Heckenhauer et al., 2022).
425 Here, most species within the suborder Integripalpia generally exhibited larger size genomes sizes

426 than the majority of taxa in the suborder Annulipalpia, thus further confirming previous findings
427 (Heckenhauer et al., 2022). Phylogenomics has been successfully applied to phylogenetic studies of
428 various arthropod taxa on levels ranging from order to species (Bossert et al., 2019; Bradford et al.,
429 2022; Buenaventura et al., 2021; Johnson et al., 2022; Stephen. et al., 2017; Yu et al., 2022; Zhang
430 et al., 2022). Moreover, it has been employed in population genomics (Winker et al., 2018). Within
431 Hexapoda, taxa with available USCO datasets include Collembola (n = 1,997), Lepidoptera (n =
432 5,286), Hymenoptera (n = 5,991), Hemiptera (n = 2,510), Diptera (n = 3,285), and Endopterygota
433 (n = 2,124) (Waterhouse et al., 2018). In addition, UCE probe sets are available for Coleoptera,
434 Diptera, Lepidoptera, Hemiptera, and Hymenoptera (Branstetter et al., 2017; Faircloth, 2017).

435 The number of USCO loci included in the novel designed dataset was notably higher than that
436 in the USCO dataset for Holometabola, as reported by Waterhouse et al (2018). This increase in loci
437 number may contribute to a more comprehensive understanding of the phylogenetic relationships
438 within Trichoptera. Our results also revealed that when extracting USCO genetic data from
439 Trichoptera datasets, especially for species with smaller genomes within the suborder Annulipalpia,
440 the quality of the resulting assembly significantly improved. This improvement was particularly
441 notable for species with high quality genomes assembled using PacBio or Oxford Nanopore long-
442 read sequencing technologies. Moreover, although our results have significant limitations in terms
443 of number and average length compared with the data obtained from Lepidopteran USCO datasets,
444 continuous improvement and addition of new high-quality genome assemblies may enhance the
445 quality of the USCO dataset over time. The trichopteran UCE probe set designed in this study had
446 a higher number of bait probes and UCE loci (Table S11). In contrast to USCO, UCE probes
447 exhibited less variation in extraction efficiency between the two suborders and showed more
448 consistent performance across groups with larger genomes within Integripalpia. This phenomenon
449 has also been observed in studies involving other arthropod groups (Zhang et al., 2019). Considering
450 the larger genomes within Integripalpia, UCE probes can be used to extract more phylogenetic
451 information sites, thereby mitigating the impact of assembly fragmentation when conducting
452 phylogenetic studies. With the increasing prevalence of full-length sequencing technologies and
453 rising number of high-quality trichopteran genome assemblies and transcriptomes, newly designed
454 USCO and UCE datasets can be used to extract more effective information for further phylogenetic
455 analyses of Trichoptera.

456 *4.2 Which is best supported topology?*

457 During the reconstruction of phylogenetic relationships, issues such as compositional
458 heterogeneity, inclusion of paralogs, and assembly errors can introduce systematic errors. In
459 addition, errors in multiple sequence alignment, and excessive trimming can lead to weakening of
460 phylogenetic signals (Ashkenazy et al., 2018; Steenwyk et al., 2020). To avoid treatment errors, we
461 used different strategies to screen the loci extracted by two markers. Subsequently, we also used
462 multiple models to reconstruct the higher taxonomic relationships within Trichoptera. The
463 phylogenetic relationship of most groups was strongly supported under different models. However,
464 the phylogenetic positions of a few families showed conflicting results among the topologies
465 generated by different molecular markers, with the Hydroptilidae position being particularly
466 unstable.

467 The analysis of gCF and sCF indicated that the inconsistency in gene trees was the primary
468 contributor to the systematic errors observed in our phylogenetic reconstruction (Figs; S12–14, S18,
469 S22, S30–32; Salichos and Rokas, 2013). USCO70/80 matrices based on the partitioning and the
470 GHOST model, and USCO60 matrices based on the GHOST model generated T1. This topology
471 contradicts all previous studies based on morphology and a few markers in phylogeny. Furthermore,
472 T1 was rejected by the topology test (Table. S9). We believe that the issues with this topology may
473 be due to systematic error. A comparison of traditional substitution models, MSCM and site-
474 heterogeneous models (i.e., PMSF and CAT+GTR) can effectively mitigate systematic errors caused
475 by ILS and LBA phylogenetic reconstruction and has been found to help resolve the phylogenetic
476 positions of several anciently diverged lineages (Galindo et al., 2021; Wang et al., 2017; Zhang et
477 al., 2018). Herein, the results obtained from phylogenetic inference using MSCM, PMSF, and
478 CAT+GTR strongly supported the classification of Hydroptilidae as a basal clade within the
479 suborder Integripalpia (T2). This hypothesis is consistent with the results of previous studies based
480 on morphological evidence or marker-based phylogenies (Kjer et al., 2016; Ross, 1956,1967;
481 Thomas et al., 2020); moreover, the topology tests also showed a strong preference for T2.
482 Simultaneously, compared with the concatenation-based, site-homogeneous, and the GHOST model,
483 the EX_EHO mixture model was effective in reducing systematic errors, resulting in more plausible
484 phylogenetic inferences (Fig. S18–20; Feuda et al., 2017; Marlétaz et al., 2019; Williams et al.,

485 2020). In general, substitutional saturation by ancient rapid divergence can lead to incongruence
486 and inaccurate phylogenetic inferences (Laumer et al., 2018). Our results suggest that these issues
487 can be addressed using amino acid recoding. Notably, the partial node of the ML tree determined
488 based on USCO80 using Dayhoff6 recording was not well-supported (Fig. S25), indicating that
489 amino acid recoding can also lead to the erosion of phylogenetic information (Foster et al., 2022).

490 We observed significant differences between the trees generated by UCE and USCO marker
491 sets. All phylogenetic trees based on UCE constructed using the partitioning, GHOST, and MSCM
492 models showed that Hydroptilidae is a member of the suborder Annulipalpia, which is consistent
493 with the hypothesis proposed by Ge (2023). Notably, the phylogenetic relationships generated
494 within the infraorder Brevitentoria based on UCE markers using MSCM remain unclear (Figs. S35–
495 37). These results contradict those of previous studies based on morphology and multiple molecular
496 markers (Johanson et al., 2017). Furthermore, topology testing also suggested that T3 may be
497 inaccurate. UCE markers may be influenced by issues such as compositional biases or model
498 violation, both of which can lead to inaccurate phylogenetic reconstruction (Baker et al., 2021).
499 Therefore, we suggest that the applicability and reliability of UCE markers in the analysis of
500 trichopteran lineages warrant further investigation.

501 *4.3 Phylogeny of Trichoptera*

502 Since Martynov’s system was proposed a hundred years ago, the phylogenetic position of the
503 “cocoon-maker” group has been controversial (Ge et al., 2023; Ivanov, 2002; Kjer et al., 2016; Ross,
504 1967; Schmid, 1998; Wiggins and Wichard, 1989). The primitive morphological characteristics (i.e.,
505 campodeiform larvae and semipermeable cocoon) and living behaviors (i.e., free-living) of
506 “cocoon-maker” larvae have influenced researcher speculation regarding their phylogenetic
507 placement.

508 Ptilocolepidae is a small family closely related to Hydroptilidae, and was formerly considered
509 a subfamily within this clade (Malicky, 2001). Since its elevation to family status, the phylogenetic
510 position of Ptilocolepidae has been contentious (Malicky, 2008; Thomas et al., 2020; Thomson et
511 al., 2022). In the reconstructed phylogenetic relationships of Trichoptera based on USCO, the
512 topology with the best placement of Hydroptilidae indicated that it is sister to all other Integripalpia.

513 Although we did not collect specimens of Ptilocolepidae, based on previous molecular and
514 morphological studies, we suggest that Ptilocolepidae and Hydroptilidae should be classified as
515 Hydroptiloidea and be considered as the basal lineages within Integripalpia. This result would be
516 consistent with hypotheses based on analyses of 18S/28S ribosomal RNA genes and other molecular
517 markers (Kjer et al., 2016; Thomas et al., 2020). Compared to previous studies of the phylogenetic
518 relationships of Trichoptera based on relatively few nuclear and mitochondrial markers, the
519 phylogenetic positions of Glossosomatidae, Hydrobiosidae, and Rhyacophilidae were stably
520 recovered by the analyses reported here. We found that they form a monophyletic clade as a sister
521 group to the Phryganides in phylogenetic reconstruction using both USCO and UCE markers. This
522 phylogenetic relationship also appears in the study of Frandsen et al (2023). We therefore suggest
523 that these three families should be classified as Rhyacophiloidea (Fig. 3). We also note that their last
524 larval instar builds a fixed, dome-like pupal case of stones and silk, which also suggests a common
525 morphological origin (Morse et al., 2019; Wiggins, 2004; Wiggins and Wichard, 1989).

526 The phylogenetic relationship within Psychomyioidea based either on morphology, a few
527 markers, and the mitogenome is ambiguous, especially for Pseudoneureclipsidae (Chamorro and
528 Holzenthal, 2011; Johanson and Espeland, 2010; Johanson et al., 2012; Thomas et al., 2020). For
529 example, based on synapomorphies, the morphological characteristics of female sternum VIII
530 sclerites, and the presence of a long larval spinneret without labial palpi, Pseudoneureclipsinae
531 should be placed in Dipseudopsidae a sister clade to Dipseudopsinae (Li et al., 2001). Combined
532 with Tachet's (2010) study on the shelter shape of Pseudoneureclipsidae, our phylogenetic results
533 substantiate the hypothesis proposed by Li et al. (2001), and strongly support the sister group
534 relationship between Pseudoneureclipsidae and Dipseudopsidae, which are more closely related to
535 the sister branches formed by Psychomyiidae and Xiphocentronidae. We also consider that previous
536 mitochondrial studies may reflect the fact that similar rearrangements of mitochondrial structure
537 may be the result of convergent evolution (Greenway et al., 2020). The phylogenetic relationships
538 reported here also suggest that apomorphy protein-coding gene rearrangements of
539 Pseudoneureclipsidae, Ecnomidae, and Polycentropodidae may not serve as effective phylogenetic
540 markers.

541 Within Integripalpia, our phylogenetic analysis recovers paraphyletic Phryganeioidea and
542 monophyletic Limnephiloidea lineages. However, the monophyly of Sericostomatoidea and

543 Leptoceroidea is not supported. Specifically, Odontoceridae is classified as Sericostomatoidea, a
544 relationship that also aligns with the findings of Malm et al. (2013). However, due to the scarcity of
545 specimens and genomic information from other families within Sericostomatoidea, determination
546 of the precise phylogenetic position of Odontoceridae and the questions whether Odontoceridae
547 belongs to Leptoceroidea warrant further investigation involving a broader array of taxonomic units.

548 *4.4 Origin and adaptive evolution of Trichoptera*

549 Divergence time analyses revealed that the most recent common ancestor of Trichoptera
550 occurred in the Early Permian period (approximately 292 Ma), and the divergence time of
551 Trichoptera is earlier than that reported by previous studies (Malm et al., 2013; Thomas et al., 2020,
552 2023). ACSR suggests that the ancestors of all extant Trichoptera most likely lived in flowing water,
553 similar to the Annulipalpia clade. We speculate that subsequent differentiation was strongly
554 correlated with habitat change. In other words, adaptations to life in lentic waters and in slowly
555 moving water likely evolved independently across integripalpan and annulipalpan lineages.

556 The ancestors of the suborder Annulipalpia evolved into running water, where fast flowing
557 water resulted in less sediment and provided a constant supply of dissolved oxygen and food. This
558 led to the retention of well-developed anal prolegs and construction of fixed shelters, thereby
559 reducing larval movement disturbance and providing better camouflage defenses against predators
560 (Morse et al., 2019; Wiggins, 2004). The adaptation of the Psychomyioidia to slowly moving water
561 has promoted the evolution of filtering nets into capture nets to obtain food more efficiently. In the
562 Integripalpia, three cases (purse-case, saddle-case, and tubular cases) provide better protection for
563 the larvae, while cocoon making preserves the relatively primitive purse and saddle cases. The
564 larvae of microcaddisflies (Hydroptilidae and Ptilocolepidae) have rapidly developing first four
565 free-living instars and the final (fifth) instar larva constructs various types of purse-case.
566 Dissimilarly, each instar of glossosomatid larvae constructs a saddle-case, similar to the pupal
567 shelters of Hydrobiosidae and Rhyacophilidae, unlike the tube cases constructed by Phryganides
568 (Wiggins, 2004). The phylogenetic relationships of these taxa provide evidence of evolution from
569 purse-cases to saddle-cases to tubular cases and the saddle-case and tubular cases have a common
570 origin. The phylogenetic relationships of these taxa provide evidence of evolution from purse-cases
571 to saddle-cases to tubular cases and the saddle-case and tubular cases have a common origin. In
572 Rhyacophiloidea, sister families Rhyacophilidae and Hydrobiosidae in which the last larval instar
573 also builds a fixed, dome-like pupal case. However, it's noteworthy that their larvae remain free-
574 living in all instars. Consequently, evolutionarily speaking, they discarded the larval case for easier

575 predatory mobility (Thomas et al., 2020).

576 The common ancestor of Phryganides originated in the Early Jurassic. Frakes (1979) and
577 Hallam (1994) suggested that the breakup of the Pangaea supercontinent, the formation of new
578 ocean basins, and changes in ocean circulation patterns during the Late Triassic led to climate
579 changes in many areas. During the mid-to-late Jurassic period, the frequency of emergent
580 xerophytes in northern Chile and southern parts of Russia increased in desert areas, further
581 supporting this inference (Hartley et al., 2005; Vakhrameev, 1964). Some studies have shown that
582 climate change can also affect water flux (Markovic et al., 2017). During this period, the decrease
583 in flow flux in some areas led to higher levels of bottom sediment, which may have increased the
584 hydrological diversity. In general, the static water environment increased pressure on the caddisflies
585 to obtain oxygen and food and promoted them to use more materials (i.e., grit, leaf fragments, and
586 decomposing bark) to build portable cases to protect themselves, find food, and create water flow
587 to obtain dissolved oxygen (Wiggins, 1996). Thus, the breakup of Pangaea may be one of the factors
588 promoting the diversification and evolution of Phryganides. Exploring the relationship between
589 species divergence and paleoenvironmental events in Trichoptera and other aquatic insects may be
590 an interesting topic for future phylogenomic studies. This could be achieved by improving taxon
591 sampling and incorporating new fossil evidence. We can gain a deeper understanding of the
592 evolutionary processes and adaptations of these insect groups in response to environmental changes
593 over time.

594 **CRedit authorship contribution statement**

595 X.G., C.S. and B.W. conceived and designed the experiments. X.G. L.P. and H.Z collected the
596 samples. X.G. analyzed the data and results. X.G. wrote the manuscript. X.G. and J.W. produced
597 diagram. X.G., J. C.M., L.Y., C.S. and B.W. revised the manuscript. All authors read and approved
598 the final manuscript.

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607 **Declaration of Competing Interest**

608 The authors declare that they have no known competing financial interests or personal relationships
609 that could have appeared to influence the work reported in this paper.

610 **Data accessibility**

611 The matrix, USCO dataset, UCE probe, ML tress, and BI trees are available on Zenodo DOI:
612 10.5281/zenodo.10634334. The newly assembly genomes are available at NGDC (BioProject ID:
613 PRJCA022723), and the accession numbers are available Table S2.

614

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- 894

895 **Figure Legends**

896 **Fig. 1** The retreat and case of caddisflies. A: retreat of *Arctopsyche* sp. (Hydropsychidae), from Zhejiang, China; B:
897 retreat of *Stenopsyche* sp., (Stenopsychidae), from Zhejiang, China; C: saddle-case of *Glossosoma* sp.,
898 (Glossosomatidae), from Zhejiang, China; D: free-living *Himalopsyche malenanda*, (Rhyacophilidae), from Qinghai,
899 China; E: tubular case of *Anisocentropus* sp., (Calamoceratidae), from Guangdong, China; F: tubular case of
900 *Psilotreta* sp., (Odontoceridae), from Guangdong, China; A-D photograph by Haoming Zang; E, F photograph by
901 Qianle Lu.

902 **Fig. 2** Three topologies of Phylogeny analyses based on USCO and UCE. A: USCO70/80_abs75 matrices based on
903 the partitioning model and the GHOST model, USCO60 matrices based on the GHOST model; B: USCO60 matrices
904 based on partitioning model, and USCO60/70/80_abs75 matrices based on the EX_EHO mix model, PMSF model,
905 MSCM and Dayoff6 recoding; C: UCE50/70/90_abs70 matrices based on the partitioning model and the GHOST
906 model.

907 **Fig. 3** Phylogeny and divergence time of Trichoptera inferred from matrix USCO80_abs75 using the CAT+GTR
908 model implemented in PhyloBayes. Node supports from all analyses are indicated by the colored squares. The gray
909 squares are shown for the nodes inconsistent with BI tree. Node bars represent 95% confidence intervals (CIs) of the
910 estimated divergence times integrated from all MCMC runs. A: *Macrostemum fastosum* (Hydropsychidae); B:
911 *Stenopsyche grahami* (Stenopsychidae); C: Philopotaminae sp. (Philopotamidae); D: *Melanotrichia* sp.
912 (Xiphocentronidae); E: *Ecnomus tenellus* (Ecnomidae); F: *Nyctiophylax* sp. (Polycentropodidae); G: (k) *Hydroptila*
913 sp. (Hydroptilidae); H: Glossosomatidae sp. (Glossosomatidae); I: *Rhyacophila* sp. (Rhyacophilidae); J:
914 *Lepidostoma* sp. (Lepidostomatidae); K: *Apatidelia egibie* (Apataniidae); L: *Pseudostenophylax kriton*
915 (Limnephilidae); M: Odontoceridae sp. (Odontoceridae). N: *Setodes* sp. (Leptoceridae).

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