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8	Element accumulation in the tracheal and bronchial cartilages of monkeys
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37 Abstract

Compositional changes in the tracheal and bronchial cartilages can affect respiratory 38ventilation and lung function. We aimed to elucidate element accumulation in the tracheal 3940 and bronchial cartilages of monkeys and divided it into four sites: tracheal, tracheal bifurcation, left bronchial, and right bronchial cartilages. The elemental content was 41analyzed using inductively coupled plasma atomic emission spectrometry. 42The average calcium content was two to three times higher in the tracheal cartilage 43than in the other three cartilages. The trends of phosphorus and zinc were similar to those 44of calcium. The average calcium, phosphorus, and zinc contents were the highest in the 45tracheal cartilage and decreased in the following order: the left bronchial, right bronchial, 46 and tracheal bifurcation cartilages. These findings revealed that differences existed in 47element accumulation between different sites within the same airway cartilage and that 48calcium, phosphorus, and zinc accumulation mainly occurred in the tracheal cartilage. 49A substantial direct correlation was observed between age and calcium content in the 50tracheal and bronchial cartilages and all such monkeys with high calcium content were > 51four years of age. These results suggest that calcium accumulation occurs in the tracheal 5253and bronchial cartilages after reaching a certain age.

54 An extremely substantial direct correlation was observed between calcium and

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phosphorus contents in the tracheal and bronchial cartilages. This finding is similar to the previously published calcium and phosphorus correlations in several other cartilages, suggesting that the calcium and phosphorus contents of cartilage exist in a certain ratio.

59 Introduction

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The lumen must always remain open since the trachea and bronchi are airways through 60 which air continuously enters and leaves. The trachea and bronchi have C-shaped hyaline 61 cartilages on the anterior and lateral walls. Furthermore, the cartilage rings have sufficient 62 strength to play a crucial role in maintaining the open state of the respiratory tract to 63 prevent trachea and bronchi collapse and obstruction during respiration. Compositional 64 changes in the tracheal and bronchial cartilages can affect respiratory ventilation and lung 65 function. For example, calcification and ossification can make surgical airway provision, 66 which involves tracheal cartilage incision and intubation, challenging [1-2]. Since these 67cases are likely to increase with the advancing aging population, studying compositional 68 changes in the tracheal and bronchial cartilages is extremely useful. 69 Several reports on the calcification, ossification, and stiffness of the tracheal and 70

and mechanical tests. Kusafuka et al. [3] studied tracheal cartilage ossification in aged

bronchial cartilages exist using X-ray, computed tomography (CT), von Kossa staining,

humans using histological and immunohistochemical analyses. Ohkubo et al. [4-5] 73 investigated the CT findings of benign tracheobronchial lesions with calcification. Liu et 74al. [6] reported that calcification was biochemically and histologically observed in the 7576 tracheal cartilage of rabbits. Sasano et al. [7] studied the calcification process during rat tracheal cartilage development. Yokoyama et al. [8] reported a case of tracheobronchial 77stenosis with calcification. Furthermore, Safshekan et al. [9] reported that tracheal 78cartilage stiffness increased with age. However, the compositional changes using direct 79 chemical analysis and comparing the calcification incidence in the four regions of the 80 monkey tracheal and bronchial cartilages have not yet been investigated. Furthermore, no 81 clinical studies have compared calcification incidence at these four sites. Considering the 82 morphological and genetic similarities between monkeys and humans, the trend of metal 83 84 retention in monkeys if proven similar to that in humans could be used for basic research on tracheal cartilage calcification and pre-clinical studies, such as in the development of 85 new instrumentation [10-11]. Therefore, the authors investigated compositional changes, 86 different element accumulations, and age-related changes in various parts of the tracheal 87 and bronchial cartilages. 88

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90 Materials and methods

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91 Sampling

92	All animal experiments were performed in accordance with the US National Institutes of
93	Health Guide for the Care and Use of Laboratory Animals and the Guidelines for Care
94	and Use of Nonhuman Primates (Ver. 3, 2010; Primate Research Institute, Kyoto
95	University, Japan). The study protocol was approved by the Animal Welfare and Animal
96	Care Committee of the Primate Research Institute, Kyoto University (Permission No.
97	2010-071, 2011-019, 2012-029, 2013-024, 2014-028, 2015-120, 2016-045, 2018-030).
98	The monkeys were bred at the Primate Research Institute of Kyoto University. They were
99	pretreated with an intramuscular injection of ketamine hydrochloride (10 mg/kg) and
100	deeply anesthetized via intravenous pentobarbital sodium administration (Nembutal, 30
101	mg/kg). The monkeys were subsequently perfused through the left ventricle with ice-cold
102	saline (0.5 L of ice-cold saline containing 2 mL (2,300 U) of heparin sodium, followed
103	by 1–2 L of ice-cold fixative consisting of 2% paraformal dehyde and 0.5% glutaral dehyde
104	in 0.15 M phosphate buffer (pH 7.4). After perfusion, the tracheal and bronchial cartilages
105	were resected from the monkeys. The tracheal and bronchial cartilages were further
106	separated into four sites: tracheal cartilage (TC), tracheal bifurcation cartilage (TBC), left
107	bronchial cartilage (LBC), and right bronchial cartilage (RBC) (Fig 1) to investigate the
108	differences between different sites. The rhesus and Japanese monkeys consisted of 13

109 males and 4 females, ranging in age from 0.1 to 29 years.

110

Fig 1. Sites of tracheal cartilage (TC), tracheal bifurcation cartilage (TBC), left
bronchial cartilage (LBC), and right bronchial cartilage (RBC).

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Determining the elements

The monkey tracheal and bronchial cartilages were thoroughly washed with distilled 115water and dried at 80°C for 16 h. After adding 1 mL of concentrated nitric acid to the 116 samples to incinerate, they were heated at 100°C for 2 h in a dry-block bath (FS-620; 117Tokyo, Japan). After adding concentrated perchloric acid (0.5 mL), the samples were 118heated at 100°C for an additional 2 h. The samples were subsequently adjusted to a 10 119 120mL volume by adding ultrapure water and filtering through a filter paper (No. 7, Toyo Roshi, Osaka, Japan). The resulting filtrates were analyzed using an inductively coupled 121plasma atomic emission spectrometer (ICPS-7510, Shimadzu, Kyoto, Japan). The 122conditions were 1.2 kW of power from a radiofrequency generator, a plasma argon flow 123 rate of 1.2 L/min, a cooling gas flow of 14 L/min, a carrier gas flow of 1.0 L/min, an 124125entrance slit of 20 µm, an exit slit of 30 µm, an observation height of 15 mm, and an integration time lapse of 5 s. The amounts of elements were expressed on a dry-weight 126

127 basis.

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129 Statistical analyses

Statistical analyses were performed using GraphPad Prism (version 3.0; GraphPad Software, San Diego, CA, USA). The association between the parameters was investigated using Pearson's correlation coefficient. One-way analysis of variance (ANOVA) followed by the Student–Newman–Keuls test was used to compare the differences among the four groups. Statistical significance was set at *p*-value < 0.05. Data are expressed as the mean \pm standard deviation.

136

137 **Results**

138 Elemental contents

139 Table 1 lists the average contents of the elements in the TC, TBC, LBC, and RBC.

140 The average calcium content was two to three times higher in the TC than in the TBC,

141 LBC, and RBC. One-way ANOVA revealed statistically significant differences among

142 the TC, TBC, LBC, and RBC (p = 0.0057). Further analysis using the Student–Newman–

143 Keuls test revealed that the TC was significantly higher than the TBC (p = 0.0101), LBC

144 (p = 0.0135), and RBC (p = 0.0074). However, no significant differences were observed

145 among the TBC, LBC, and RBC.

146	The average phosphorus content was two to three times higher in the TC than in the
147	TBC, LBC, and RBC. One-way ANOVA revealed statistically significant differences
148	among the TC, TBC, LBC, and RBC ($p = 0.0079$). Further analysis using the Student–
149	Newman–Keuls test indicated that the TC was significantly higher than the TBC ($p =$
150	0.0124), LBC ($p = 0.0166$), and RBC ($p = 0.0109$). However, no significant differences
151	were observed among the TBC, LBC, and RBC.
152	The average zinc content was approximately two times higher in the TC than in the
153	TBC, LBC, or RBC. One-way ANOVA revealed statistically significant differences
154	among the TC, TBC, LBC, and RBC ($p = 0.0012$). Further analysis using the Student–
155	Newman–Keuls test revealed that the TC was significantly higher than the TBC ($p =$
156	0.0021), LBC ($p = 0.0086$), and RBC ($p = 0.0021$). However, no significant differences
157	were observed among the TBC, LBC, and RBC.
158	The average sulfur, magnesium, iron, and sodium contents in the TC were almost the
159	same as those in the TBC, LBC, and RBC. No significant differences were observed

among the TC, TBC, LBC, and RBC.

161

162 Table 1. Average contents of elements in the TC, TBC, LBC, and RBC

	Ca (mg/g)	P (mg/g)	Mg (mg/g)	S (mg/g)	Ζn (μg/g)	Fe (µg/g)	Na (µg/g)
тс	39.98 ± 35.78	17.03 ± 17.03	1.555 ± 1.451	7.809 ± 1.966	524.5 ± 360.8	277.1 ± 179.7	522.8 ± 346.7
ТВС	13.07 ± 14.51	4.79 ± 6.50	1.306 ± 1.018	6.666 ± 0.962	216.1 ± 136.7	244.3 ± 213.3	402.3 ± 416.0
LBC	18.87 ± 21.81	7.51 ± 9.75	1.395 ± 1.094	6.816 ± 1.370	302.1 ± 182.4	321.8 ± 337.4	410.2 ± 486.6
RBC	13.97 ± 19.56	5.46 ± 9.03	1.362 ± 1.032	6.673 ± 1.206	233.2 ± 216.1	263.3 ± 259.6	412.6 ± 524.3

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164 Age-related changes in the elements

Figure 2 illustrates the age-related changes in the calcium content of TC, TBC, LBC, and 165RBC. The correlation coefficients between age and calcium content were estimated to be 1660.497 (*p* = 0.043), 0.885 (*p* < 0.0001), 0.825 (*p* < 0.0001), and 0.882 (*p* < 0.0001) for TC, 167TBC, LBC, and RBC, respectively. A significant direct correlation was observed between 168169 age and calcium content in the TC, and extremely significant direct correlations were observed between age and calcium content in the TBC, LBC, and RBC. The calcium 170171content suddenly increased at approximately four years of age in the TC, whereas it progressively increased in the other three cartilages with age. Notably, all monkeys with 172high calcium content in the TC, TBC, LBC, and RBC were > 4 years of age. 173174Fig 2. Age-related changes in the calcium contents in the TC (a), TBC (b), LBC (c), 175

and RBC (d).

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178	Figure 3 illustrates the age-related changes in the phosphorus content of TC, TBC,
179	LBC, and RBC. The correlation coefficients between age and phosphorus content were
180	estimated to be 0.450 (<i>p</i> = 0.070), 0.832 (<i>p</i> < 0.0001), 0.795 (<i>p</i> = 0.0001), and 0.844 (<i>p</i> <
181	0.0001) for TC, TBC, LBC, and RBC, respectively. Extremely significant direct
182	correlations were observed between age and phosphorus content in the TBC, LBC, and
183	RBC but not in the TC. The phosphorus content suddenly increased at approximately four
184	years of age in the TC, whereas it progressively increased in the other three cartilages
185	with age. Notably, all monkeys with high phosphorus content in the TC, TBC, LBC, and
186	RBC were > 4 years of age.
187	
188	Fig 3. Age-related changes in the phosphorus content in the TC (a), TBC (b), LBC
189	(c), and RBC (d).

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Figure 4 illustrates the age-related changes in the magnesium contents in the TC, TBC, LBC, and RBC. The correlation coefficients between age and magnesium content were estimated to be 0.317 (p = 0.216), 0.436 (p = 0.080), 0.515 (p = 0.034), and 0.513 (p = 0.035) for TC, TBC, LBC, and RBC, respectively. Significant direct correlations were observed between age and magnesium content in the LBC and RBC; however, the

196 correlations in the TC and TBC were statistically insignificant.

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198	Fig 4. Age-related	changes in	the magnesium	content in the	TC (a)	, TBC (b)), LBC
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199 (c), and RBC (d).

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201	Figure 5 illustrates the age-related changes in the zinc contents of TC, TBC, LBC,
202	and RBC. The correlation coefficients between age and zinc content were estimated to be
203	0.344 ($p = 0.177$), 0.483 ($p = 0.050$), 0.481 ($p = 0.051$), and 0.608 ($p = 0.010$) for TC,
204	TBC, LBC, and RBC, respectively. A significant direct correlation was observed between
205	age and zinc content in the RBC; however, no significant correlations were observed with
206	TC, TBC, or LBC.
207	
208	Fig 5. Age-related changes in the zinc content in the TC (a), TBC (b), LBC (c), and
209	RBC (d).
210	
211	Relationships of the elemental contents between the TC and the
212	other three cartilages
213	Figure 6 illustrates the relationship of the calcium content between the TC and the other

214	three cartilages. The correlation coefficients were estimated to be 0.611 ($p = 0.009$)
215	between TC and TBC, 0.669 ($p = 0.003$) between TC and LBC, and 0.410 ($p = 0.102$)
216	between TC and RBC. Extremely significant direct correlations in the calcium content
217	were observed between TC and either TBC or LBC but not between TC and RBC.
218	
219	Fig 6. Relationships of the calcium content between the TC and either TBC (a) or
220	LBC (b).
221	Figure 7 illustrates the relationship of the phosphorus content between the TC and the
222	other three cartilages. The correlation coefficients were estimated to be 0.614 ($p = 0.009$)
223	between TC and TBC, 0.671 ($p = 0.003$) between TC and LBC, and 0.394 ($p = 0.118$)
224	between TC and RBC. Extremely significant direct correlations in the phosphorus content
225	were observed between TC and either TBC or LBC but not between TC and RBC.
226	
227	Fig 7. Relationships of the phosphorus content between the TC and either TBC (a)
228	or LBC (b).
229	
230	Figure 8 illustrates the relationship of the magnesium content between the TC and the
231	other three cartilages. The correlation coefficients were estimated to be 0.731 ($p = 0.0009$)

232	between TC and TBC, 0.742 ($p = 0.0006$) between TC and LBC, and 0.751 ($p = 0.0005$)
233	between TC and RBC. Extremely significant direct correlations in the magnesium content
234	were observed between the TC and the other three cartilages.
235	
236	Fig 8. Relationships of the magnesium content between the TC and TBC (a), LBC
237	(b), and RBC (c).
238	
239	Figure 9 illustrates the relationship of the zinc content between the TC and the other
240	three cartilages. The correlation coefficients were estimated to be 0.618 ($p = 0.008$)
241	between TC and TBC, 0.815 ($p < 0.0001$) between TC and LBC, and 0.322 ($p = 0.207$)
242	between TC and RBC. Extremely significant direct correlations in the zinc content were
243	observed between TC and either TBC or LBC but not between TC and RBC.
244	
245	Fig 9. Relationships of the zinc content between the TC and either TBC (a) or LBC
246	(b).
247	
248	Regarding the sulfur, iron, and sodium contents, no significant correlations were
249	observed between the TC and the other three cartilages.

250

Relationships among elements

- 252 Table 2 lists the relationships among the seven elements in the TC. An extremely
- significant direct correlation was observed between the calcium and phosphorus contents
- in the TC. The correlations between the calcium and magnesium contents and between
- the phosphorus and magnesium contents in the TC were statistically insignificant.
- 256 Regarding the TBC, LBC, and RBC, similar results were obtained.

257

258	Table 2. Relationships among seven elements in the TC
258	Table 2. Relationships among seven elements in the TC

	Correlation Coefficient and <i>p</i> Value					
Element	Р	Mg	s	Zn	Fe	Na
Ca	0.979 (<0.0001)	-0.065 (0.803)	0.226 (0.382)	0.178 (0.494)	-0.110 (0.675)	0.256 (0.321)
Р		-0.103 (0.694)	0.260 (0.314)	0.119 (0.650)	-0.142 (0.588)	0.242 (0.349)
Mg			0.146 (0.576)	0.095 (0.717)	-0.006 (0.981)	-0.056 (0.832)
s				-0.172 (0.510)	0.027 (0.918)	0.311 (0.225)
Zn					0.617 (0.008)	-0.216 (0.405)
Fe						-0.442 (0.076)

259

260 **Discussion**

While tracheal cartilage ossification and calcification develop in various diseases, they also occur with age [2]. They often cause stiffness and/or stenosis and clinical problems during medical procedures such as intubation and tracheostomy. Although their extent can be detected using CT and other devices, measuring the actual amount of each element
and corroborating this information as evidence is still meaningful [12-14].

This study revealed that the average calcium content was two to three times higher in 266267the TC than in the TBC, LBC, and RBC. Considerable differences in the average calcium content were observed between the TC and the other three cartilages. The changing trends 268in the average phosphorus and zinc contents were parallel to that of the average calcium 269270content. These results are reasonable because phosphorus is present as phosphate in ossified tissues following calcium accumulation and contributes to the structure and 271function, and zinc plays important roles in collagen synthesis and the activity of alkaline 272phosphatases that produce hydroxyapatite [15, 16]. 273

Cartilage is divided into three classes: hyaline, fibro, and elastic. The tracheal and 274bronchial cartilages are classified as hyaline. The authors previously investigated 275compositional changes with age in human hyaline cartilages, such as the trachea [17], 276xiphoid process [18], and costal cartilage [18]; human fibrocartilages, such as the articular 277disk of the temporomandibular joint [19], meniscus [20], pubic symphysis [21], and 278intervertebral disk [22]; and human elastic cartilages, such as the epiglottal cartilage [23]. 279280A high calcium accumulation sometimes occurred in the trachea, xiphoid process, costal cartilage, pubic symphysis, and intervertebral disk but not in the meniscus, articular disk 281

282	of the temporomandibular joint, and epiglottal cartilage. This study found that a high
283	calcium accumulation sometimes occurred in the TC, TBC, LBC, and RBC of monkeys.
284	Some reports regarding the calcification or ossification of tracheal and bronchial
285	cartilages exist in humans [3-5, 24-25], rabbits [6], and rats [7] that used X-ray, CT, and
286	von Kossa staining. Furthermore, the authors previously investigated compositional
287	changes in the human trachea and found that a high calcium accumulation often occurs
288	in the human trachea [17]. These results are consistent with our results, which
289	demonstrate that high calcium accumulation occurs in monkey tracheal and bronchial
290	cartilages.

Within the human coronary artery [26], plantar aponeurosis [27], and palmar 291aponeurosis [27], significant differences have been found in elemental accumulation 292 293between different sites, even within the same organ. The current study found that the average calcium content of the cartilage was the highest in the TC and decreased in the 294following order: LBC, RBC, and TBC. Substantial differences in the average calcium 295content were observed between the TC and the other three cartilages. The changing trends 296 in the average phosphorus and zinc contents paralleled with those of the average calcium 297298content. The average phosphorus and zinc contents of the cartilage were the highest in TC and decreased in the following order: LBC, RBC, and TBC. Considerable differences 299

in the average phosphorus and zinc contents were observed between the TC and the other
 three cartilages. Therefore, differences are likely to exist in the elemental accumulation
 between different sites within the same airway cartilage.

303 Generally, the age of rhesus and Japanese monkeys multiplied by three is believed to correspond to human age. Ohkubo et al. [5] reported that calcification started to appear 304 in the second decade of life in the human tracheal cartilage. Liu et al. (6) reported that 305calcification started after 15 weeks in the tracheal cartilage of rabbits. Sasano et al. [7] 306 reported that calcification occurred in the tracheal cartilage of rats 10 weeks after birth. 307 Notably, all monkeys in our study with high calcium content in the tracheal and bronchial 308cartilages were > four years of age (corresponding to 12 years in humans). Furthermore, 309 a substantial direct correlation was observed between age and calcium content in the 310 311tracheal and bronchial cartilage. Thus, these results suggest that calcium accumulation mainly occurs in the tracheal and bronchial cartilage of humans and animals after reaching 312a particular age. 313

Elucidating age-related compositional changes in tissues and organs is challenging in humans. Monkeys were selected as the research subjects because approximately 21 bronchial cartilage rings of hyaline cartilage in monkeys [28] are similar to the 18–22 bronchial cartilage rings of the hyaline cartilage in humans [29], and monkey specimens

of various ages can be collected. Rhesus monkeys and Japanese monkeys have almost the 318 same tracheal length and the number of C-shaped tracheal cartilage rings [28]. Therefore, 319 the tracheal cartilages of the rhesus and Japanese monkeys were studied in the same 320 321manner. The authors previously investigated age-related changes in elements by direct chemical analysis of the monkey cardiac walls [30], sinoatrial node [31], cardiac valves 322[32], tendon of the peroneus longus muscle [33], ligamentum capitis femoris [34], and 323various arteries [35-40] and found that the elements did not uniformly accumulate in 324various monkey tissues and organs with age. In the cardiac walls, sinoatrial nodes, cardiac 325valves, and coronary artery [35-36], the calcium content gradually decreased with 326development. Conversely, in most arteries [37-40] and the tendon of the peroneus longus 327muscle, the calcium content progressively increased with age. These results suggest that 328 329calcium accumulation in monkey tissues and organs has two completely opposite trends of increasing or decreasing with age. In other words, changes in the calcium levels in 330 monkey tissues and organs with age were divided into calcium-accumulated and calcium-331released types. The present study revealed that the average calcium content progressively 332increased with age in the monkey tracheal and bronchial cartilages. Therefore, changes 333334 in the calcium levels in the monkey tracheal and bronchial cartilages were classified as the calcium-accumulated type with age. 335

336	Considerable direct correlations in calcium, phosphorus, magnesium, and zinc
337	contents were observed between TC and either TBC or LBC. Therefore, calcium,
338	phosphorus, magnesium, and zinc compositions in TC, TBC, and LBC are possibly
339	closely related. However, the correlation between the calcium, phosphorus, and zinc
340	contents of TC and RBC was statistically insignificant, which warrants further
341	investigation.

The authors [18-23] investigated the elemental contents in seven cartilage types: the 342articular disk of the temporomandibular joint, costal cartilage, epiglottal cartilage, 343 intervertebral disk, left medial meniscus, pubic symphysis, and xiphoid process. The 344following findings were obtained: a considerable direct correlation between calcium and 345phosphorus contents in these cartilages was observed, except for the articular disk of the 346347temporomandibular joint. However, no substantial direct correlations between the calcium and magnesium contents in the three cartilage types or between phosphorus and 348magnesium contents in the five cartilage types were found. Furthermore, a significant 349 direct correlation existed between calcium and phosphorus contents in the TC, TBC, LBC, 350and RBC; however, no significant correlations between calcium and magnesium contents 351352or between phosphorus and magnesium contents were observed. These findings suggest that the calcium and phosphorus contents of cartilage exist in a certain ratio. In the arteries, 353

354	significant direct correlations existed between calcium, phosphorus, and magnesium
355	contents [40]. The differences in the relationships between calcium, phosphorus, and
356	magnesium contents in the arteries and cartilages warrant further investigation.

357

358 Conclusions

359 The average calcium content was the highest in the tracheal cartilage and decreased in the

360 following order: left bronchial, right bronchial, and tracheal bifurcation cartilages.

361 Changes in calcium accumulation in the tracheal and bronchial cartilages were age-

362 related and occurred after reaching a certain age. These results provide meaningful basic

363 evidence supporting age-related clinical airway problems.

364

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